



2025 UEC GRAVEL EUROPEAN CHAMPIONSHIPS Elite – Masters

**AVEZZANO - Abruzzo
Italy**

21 September 2025

TECHNICAL GUIDE

14.8.2025

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U E C O f f i c i a l S u p p l i e r s

1. INTRODUCTION

This document summarises the information needed by the national federations concerning the participation of their riders at the 2025 UEC UEC GRAVEL EUROPEAN CHAMPIONSHIPS. Mainly intended for team managers, this document focuses on the purely sporting aspects of the 2025 UEC UEC GRAVEL EUROPEAN CHAMPIONSHIPS. If you have any questions concerning this document, please do not hesitate to contact the UEC.

2. ORGANISATION

2.1. LOCAL ORGANISING COMMITTEE (LOC)

President	Mario Quagliari	+39 328 8913445	mario.quagliari@regione.abruzzo.it
Event Director	Pierluigi di Stefano	+39 0863.5011	pdistefano@comune.avezzano.aq.it
Technical Director	Adriano Pirozzi	+393476304564	a.pirozzi@teamgofast.it
Area Team Coordinator	Andrea Di Giuseppe	+393662725509	asdteamgofast@gmail.com
Accommodation	Hotel della Piana	+39 0863 398968	info@dellapianahotel.it
Accreditation	Evodata SRL	+39 329 4268626	info@evodata.it
Press Office	Stefania Conte	+39 3288746538	stampa@teamgofast.it

Event Website: www.teamgofast.it

2.2. UEC REPRESENTATIVES

UEC Management Board

President	Enrico Della Casa (SUI)
Vice President	Katarina Jakubova (SVK)
Vice President	Raivo Rand (EST)
Vice President	Georgios GEORGIOU (CYP)
Member	Bernd DANKOWSKI (GER)
Member	Dafna LANG (ISR)
Member	Sabrina TSAKONA TWISS (GRE)
UEC General Secretary	Alasdair MacLennan (GBR)
UEC Events Coordinator	Tiziana Lardieri (SUI)
UEC Press Officer	Stefano Bertolotti (ITA)
UEC Events Coordinator MTB	Giorgio Baruffi (ITA)
UEC Photographer	Alessandro Perrone (ITA)

UEC MTB Commission

President	Josef DLOHOS (CZE)
Member	Annina STRUB-BÜHLER (SUI)
Member	Thomas BACKTEMAN (SWE)
Member	Jurgen PAIL (AUT)
Member	David ROSA (POR)
Member	Catalin SPRINCEANA (ROU)

2.3. COMPOSITION OF THE COMMISSAIRES PANEL

President of the Commissaires Panel (UCI)	TBC
Assistant PCP (UEC)	TBC
Commissaire FCI	TBC
Commissaire FCI	TBC
Commissaire FCI	TBC
Race secretary UEC	TBC

Speakers TBC

Timing / live timing Evodata (ITA)

Elite riders do not have to pay a deposit for their chip.

All age-group riders must pay a € 20 deposit for their timing chip. If paying by credit card, the amount will simply be reserved on the card until the chip is returned after the finish. The refund may take a few days, and depending on the bank there may also be bank charges.

3. GENERAL INFORMATION

3.1. TRAVEL AND ACCOMMODATION

Travel and accommodation expenses to and from Avezzano must be covered by the National Federations or teams.

Airports

Nearest airports:	Pescara	115 km , ca. 1 h
	Roma	107 km, ca. 1 h

Trains

Closest train station: Avezzano.

Other nearby stations connected to Avezzano station by regional trains: Pescara, 115 km, Roma, 107 km

Please check the italian national railways website: <https://www.trenitalia.com>

Official travel contact: www.marsica.it

Teams' area reservation

In order to reserve a team area, please use the official team area booking:
www.teamgofast.it/avezzanogravel2025/modulo-prenotazione-area-team/

Visa

Each Federation is responsible for obtaining documents for their delegation appropriate entries. For further information, please visit the of the Italian Government website:
<https://www.interno.gov.it/it/temi/immigrazione-e-asilo/modalita-dingresso/visto-e-permesso-soggiorno>
 For all invitation letter requests please contact the UEC: administration@uec.ch

All riders and attendees must hold insurance valid in Italy.



3.2. OFFICIAL ADDRESS OF THE COMPETITION VENUE:

Start & Finish location: Piazza Il Risorgimento, Avezzano –
GPS point: 42.033333, Nord 13.416667 East
<https://www.google.it/maps/place/42%C2%B002'27.6%22N+13%C2%B026'35.5%22E>

3.3. VENUE LAYOUT - COURSES MAPS

The venue layout and the maps of the courses can be found in the appendices at the end of the technical guide.

3.4. ACCOMMODATION

Hotel Della Piana via Tiburtina Valeria mm 112/700
67051 Avezzano
Phone: +39 0863 398968
www.dellapianahotel.it

For any bookings in the hotels, please contact: Francesca Pomponio phone: +39 346 850 62 30

3.5. MEDICAL - EMERGENCY - LOCAL AUTHORITIES

The medical assistance will be provided by:

Misericordia Avezzano

3 ambulance with 3 doctors, two doctors on the course on motorbikes or quads

Advanced Medical Station (AMS) at finish (1 ambulance, 1 Doctor)

Phone: +39 329 771 3621

E-mail: f.vitaliani@teamgofast.it

Official Race Doctor: Dott. Vitaliani Filippo tel. +39 329 771 3621

Dott. Gianfranco Gallese tel. +39 368 321 8166

Nearest hospitals

Avezzano: Presidio Ospedaliero "S.Filippo e Nicola".
Via Giuseppe Di Vittorio, Avezzano, AQ.
Phone: +39 0863 4991.
ASL: 1 Avezzano-Sulmona-L'Aquila

Emergency ambulance:: Tel. 112

Carabinieri e Police: Tel. 112

Riders' safety on the roads

- After dark you will require a front and back light fitted to your bike.
- Ensure you adhere to all road signs and do not ride on the pedestrian's way; this is illegal and may result in a fine.
- Please make sure you have your ID with you when you are outside the venue.

4. TEAM SERVICES

4.1. ACCREDITATION

Teams/Officials Accreditation

Can be collected at the accreditation centre, during the opening hours:

Friday 19 settembre	09:00 - 12:00	16:00 - 19:00
Saturday 20 settembre	09:00 - 12:00	16:00 - 19:00
Sunday 21 settembre	8:00 - 10:00	=====

Location: Comune di Avezzano, Piazza della Repubblica 8

Please ensure that you collect your accreditation as soon as you arrive as it will be required for access to all parts of the venue. Accreditations must be worn and visible whenever you pass through accreditation controls.

Please be mindful that many of the event personnel you will encounter at the venue are volunteers so please treat them with courtesy, as without them the event would not be able to happen.

NB: *The accreditation pick-up for a rider cannot be considered as a confirmation of his participation.*

4.2. PERMANENCE / RACE OFFICE

Located near the start/finish area: Team Go Fast @ Comune di Avezzano

This is where event information can be found such as training schedules, bib numbers schedule, etc.

Info point

Team Go Fast presso, Comune di Avezzano

GPS: TBC

For general query, accommodation, car parking, lost property, etc.

Opening hours:

Friday 19 settembre	09:00 - 12:00	16:00 - 19:00
Saturday 20 settembre	09:00 - 12:00	16:00 - 19:00
Sunday 21 settembre	8:00 - 10:00	=====

4.3. TEAMS PARKING AREAS

Parking National Federations and Official Teams

Piazza Torlonia, Avezzano

GPS: TBC

Parking Teams – Public Parking

Public parking: Via Ferrara 9, Avezzano

GPS: TBC

Passes for both parking areas can be picked up from the accreditation centre.

5. OFFICIAL MEETINGS

5.1. CONFIRMATION OF STARTERS / LICENSE CHECK

Friday 19 settembre	14:00 – 18:00
Saturday 20 settembre	09:00 – 12:00 14:00 – 18:00
Sunday 21 settembre	07:00 – 08:00

Location: Municipio Avezzano, Sala conferenze "Franco De Nicola"
 GPS: 42.03079134148027, 13.426677617361909

All National Federations have to show up at the time of the riders' confirmation to ensure the participation of their riders. The accreditation pick-up for a rider cannot be considered as a confirmation of his participation.

Remarks

- Timing transponders will be handed out together with start numbers and must be returned immediately after the race at the tent located near the finish line.
- At the time of the riders' confirmation, Nationals Teams Team Managers must present their national outfit to the commissaires.
- Race numbers must be collected at the time stated in the Championships programme. Riders' licences and passports must be submitted to the commissaires panel.
- rider shall ensure that their identification number is visible and legible at all times. The identification number shall be well fixed and may not be folded or altered.
- Please note that training will not be authorised without a number plate.

5.2. TEAM MANAGERS MEETING

Date: Saturday, 20 september 2025 @ 19:00
 Location: Municipio Avezzano Sala conferenze "Franco De Nicola"
 GPS: 42.03079134148027, 13.426677617361909

Attendance is required by:

- UEC MTB Commission President
- Representative of the Local Organising Committee
- UCI and National Commissaires
- Team Managers
- Event Director
- UEC Technical Delegate
- UEC Sports Coordinator

5.3. OFFICIAL INFORMATION

All official information related to the event, Entry Lists, Starting List, Official Results and Official Communiqué will be, in addition to being affixed at the Race Office, published using the following communication channels to which you can add yourself using the links at the side:

WHATSAPP:	UEC GRAVEL AVEZZANO 2025 Canale WhatsApp 
TELEGRAM:	https://t.me/uecgravelavezzano2025

6. MEDIA

6.1. MEDIA CENTRE

Location: Comune Avezzano, Piazza della Repubblica 8, Municipio Sala conferenze "Franco De Nicola"
GPS: TBC

To access the Press Area an accreditation is necessary.

To apply for media accreditation, please visit the UEC website: <https://www.uec.ch/en/media>.
Media accreditation and photographer's bibs can be collected during the opening hours of the Accreditation Centre.

Please ensure that you collect your accreditation as soon as you arrive onsite as it will be required to access all parts of the venue. Accreditations must be worn and visible whenever you pass through accreditation controls.

For any further inquire please contact:

Mr. Stefano Bertolotti, UEC Press Officer s.bertolotti@uec.ch
or Press Officer of the organisation: Stefania Conte stampa@teamgofast.it

Parking for media: Official Teams Parking, Piazza Torlonia, Avezzano
GPS: TBC

Opening hours:

Friday 19 settembre	16:00 - 19:00
Saturday 20 settembre	10:00 - 19:00
Sunday 21 settembre	07:30 - 09:00

6.2 FLASH INTERVIEW ZONE

Next to the Awards Ceremony podium, a flash interview zone will be organised open for the media.

7. COMPETITION SCHEDULE

7.1. UEC MTB Gravel European Championships (provisional competition schedule).

Friday, 19 September

	time
Registrations / confirmation of starters	14:00 – 18:00

Saturday, 20 September

	time
Registrations / confirmation of starters	09:00 – 12:00 14:00 – 18:00
Team Managers meeting / Briefing	18:00

Sunday, 21 September

	time
Registrations / confirmation of starters	09:00 – 10:00

European Championships - Category	Start time	Laps	Race distance
Men Elite	11:00	5	148
Men Age groups			
Men Masters 35-39	11:02	4	118.4
Men Masters 40-44	11:03	4	118.4
Men Masters 45-49	11:04	3	88.8
Men Masters 50-54	11:05	3	88.8
Men Masters 55 and above	11:06	2	59.2
Women Elite	11:10	3	88.8
Women Age groups			
Women Masters 35-39	11:12	3	88.8
Women Masters 40-44 / 45-49 / 50-54/55+	11:13	2	59.2

Age group starts might be combined or split depending on the number of participants.

7.2. AWARD CEREMONIES

The award ceremonies will proceed soon after the arrival of the first three winners of each category.

Location: Avezzano Piazza Risorgimento
GPS: 42.033333 Nord 13.416667 East

7.3. STARTING POINT: Piazza Risorgimento – GPS point: 42.033333 Nord 13.416667 Est.

8. RACE SPECIFIC REGULATIONS

ARTICLE 1. GENERAL RULES

1.1 The 2025 UEC GRAVEL EUROPEAN CHAMPIONSHIPS are organised by the Union Européenne de Cyclisme (UEC) in cooperation with ASD "Team Go Fast" Via Tagliamento 6, 64026 Roseto degli Abruzzi (TE)

Race director (DOF): Paolo Zanesi, phone: +39 349 4641849 email p.zanesi@teamgofast.it

The event will be organised in accordance with rules of the Union Cycliste Internationale (UCI) and these rules will be the reference for everything that is not mentioned in the current document.

1.2 The UEC MTB Gravel European Championships consist of the following races:

- ✓ **2025 UEC GRAVEL EUROPEAN CHAMPIONSHIPS on 21 September 2025.**

ARTICLE 2. – TYPE OF EVENT

2.1 The event is open to athletes in the following categories:

- **Men Elite**
- **Women Elite**
- **Masters Men**
 - Aged: 35-39 / 40-44 / 45-49 / 50-54 / 55-59 / 60-64 / 65-69 / 70-74 / 75+
- **Masters Women**
 - Aged: 35-39 / 40-44 / 45-49 / 50-54 / 55-59 / 60+

2.2 It is entered on the UCI calendar as a Continental Championships event (CC) and Masters Continental Championships (CCM)

2.3 The following final classifications will be produced for:

- **Men Elite***
- **Women Elite***
- **All Masters categories***

**The 3 best riders of each category must attend the official awards ceremony.*

ARTICLE 3. PARTICIPATION

3.1 Required licenses

Riders who participate in the UEC Gravel European Championships must hold a valid licence from their respective national federation (day licences are excluded), must hold a UCI-ID and must be adequately insured against accidents and civil liability in the country where the UEC Gravel European Championships are held.

Only riders having a European nationality and holding one of the following licenses with a valid UCI-ID can take part in the UEC European championships:

- Elite license
 - ⇒ UCI teams: mandatory in elite race
 - ⇒ Club teams: option between elite race or age groups
- Masters license: only in the age group starts

3.2 Qualifying event

2025 UEC Gravel European Championships joins UCI Gravel World Series. It will offer participants a direct pathway to the 2025 UCI Gravel World Championships.

3.3 Registration

National Federation riders and Individual riders (Elite + Masters) will need to register through the online registration link <https://uec.evodata.it/landing/index.php>

MASTER Men & Women Entry Fee:

- € 75,00 from until 25 July 2025
- € 85,00 from 26 July to 18 August 2025
- € 95,00 from 19 August to 16 September 2025

The registration will be open on: Wednesday, 9 July 2025 (12.00 CET)

Deadline for registration and payment: Tuesday, 16 September 2025 (23:59 CET)

Entry on the day is not available.

Free registration for Elite.

3.4 CATEGORIES

➤ Elite category

Riders part of a UCI registered team must always race in the Elite category (UCI World tour team, UCI Pro team, UCI Continental team, UCI Mountain Bike Team, UCI Cyclocross team, UCI Track team). Their name should appear in this overview: <https://www.uci.org/riders/road-riders-teams/4uEfOErsvL4hkRJriqkdiw> - please check the speciality under which your team is registered (road, MTB, cyclocross etc.).

Elite riders who are not part of a UCI registered team but have an elite license have the choice of starting in the elite category or in their respective age category, but they must make that choice.

Any riders who are under the age of 35 as of December 31 of the current year must compete in the Elite category.

For the 19–34 age group, Gravel European Champion titles will not be awarded (no medal, no jersey). However, results will still be considered for qualification to the UCI Gravel World Championships, and athletes in this category will compete for the title alongside the Elite category.

➤ **Masters categories**

The UEC Gravel European championships are organised in the age group 35-39 and further 5-year age groups: 40-44, 45-49, 50-54, 55-59, 60-64, 65-69; 70-74, 75-79, etc.

Age groups are defined by the rider's age on 31 December of the year of the European Championship.

All age groups will have their own title regardless of the number of riders who have taken part in the race in the relevant age groups.

3.5 MATERIAL AND EQUIPMENT

➤ **Bikes**

UCI article 15.6.005: Any style of bike shall be permitted as long as this bike has dropped handlebars but e-bikes, tandem, recumbent bikes and time trial road bikes are forbidden.

Handlebars can be of any shape but must be of a one-piece construction with no bar ends or clip-on extensions allowed (triathlon handlebars and any other handlebars extension system are forbidden).

The bike should be minimum 6.8kg (without bottles, GPS device) as per UCI regulations.

There is no minimum or maximum tyre width.

➤ **Mandatory helmet**

The UEC takes a very hard stance on the use of helmets in competition. Wearing a helmet is mandatory for all competitions, throughout the whole race. Participants are informed in advance by the organization that they will be barred from the start or that their race number will immediately be withdrawn if they are caught by a member of the organization without their helmet.

➤ **Jersey**

All riders are free to ride in their national, team or club jersey.

Reigning World Champions should wear their rainbow jersey.

3.6 UNFORESEEN

In those events in which the regulations do not specify, the commissaires panel, in conjunction with the UEC Technical Delegate and the organization (where applicable), will decide.

ARTICLE 4. EVENTS REGULATIONS

4.1 COURSES

Gravel discipline is a form of cycling that combines elements of both road and mountain-bike disciplines and consisting mostly of distance riding over unpaved roads.

Gravel events shall have the following course characteristics:

- Gravel races shall take place on any type of unsurfaced roads and can include gravel, forest fire-roads, farm roads and tracks and cobbles.
- Tarmac surfaced roads should not total more than 40% (forty percent) of the race distance.
- The course should avoid grass and meadows.
- Singletrack sections should be kept to a minimum and only be included in the course where required to link other sections and only where an alternative route for essential event vehicles (for example medical services) is available.

- Course distances should be a minimum of 50 km and a maximum of 200 km, considering course difficulty and elevation gain. Race organisers can propose a shorter distance for older age categories. There shall only be one official distance per age category per event.

4.2 SIGNPOSTING

Signposting is very important to allow those involved in the Championships to find their way around the competition venue easily.

Signposting must be put in place by the Tuesday at the latest to assist the various groups of people arriving at the Championships.

All signposting bears the logo of the Championships. This reinforces the visual identity of the event.

Signs are written in the language of the host country and English.

Clear and accurate signposting is used at regular intervals, both outside the venue of the Championships (from the host town) as well as inside the site.

4.3 DISPLAY PANELS

In addition to standard signs warning participants about dangers along the course or indicating the direction to follow, specific panels must also be installed on both sides of the road as follows:

- Panels must be placed to indicate the last 50km, 25km, 10km, 5km, 1km, and 500m before the finish line.
- The presence of the next feed zone must be indicated 500m ahead of each zone
- All the technical characteristics of the climbs must be indicated at the bottom of all climbs; this includes: the average and maximum gradients and the length of the climb.

4.4 STARTING PROCEDURE

Elite start

The Elite start will be organised based on a points system that is a cumulation of the following points.

- Points won during the UEC Gravel European Championship of the previous year in the elite category
top 25: 1000-750-600-500-450-400-350-300-275-250-225-200-180-160-140-120-100-80-70-60-50-40-30-20-10 points
- **50%** of the points in the UCI rankings road, mountain bike cross country (XCO), mountain bike marathon (XCM) and cyclocross

Masters start

Riders will be positioned on a first come, first serve base.

The start boxes must be separated by tape or fences which may be removed a few minutes before the respective starts. After removal of the tape/fence, the next start group can move to the front to be aligned at the start line.

The start time for all riders in a same start group is the gun-time of that specific group, and not the moment each rider crosses the start mat.

The signs to indicate the start boxes for each category must be installed the day prior to the race to allow riders to understand where they need to be the following day.

Different age groups start at different start times in the race. If age groups merge, they can ride together. The only exception in which a commissaire will interfere is when a rider specifically waits to help another rider in a later start group.

4.5 TECHNICAL ASSISTANCE

The following UCI Regulations will be applicable:

15.6.006 Feeding and technical assistance shall only be available in designated zones (Feed and technical assistance zones).

Mechanical assistance is not provided. Riders are advised to bring their own spare tire or tubular to the race. It's possible to change wheels in the feed zones/pit.

It's allowed to have mechanical help during the event and change wheels, but a bike change is not allowed. The rider must finish with the same bike frame he used at the start.

4.6 FEED ZONES – TECHNICAL ZONES

Feed and Tech zones location: nr 2

- **Nr.1** via del Tratturo, Massa D'Albe (AQ) a metà percorso
GPS: 42.09321544613143 North, 13.404203837974286 Est;
- **Nr. 2** via Geneserico Fontana (near Start and Finish)
GPS: 42.03467460862931 North, 13.425825340960193 East

In this point, (national) teams and helpers of participants can serve food/drinks and can give mechanical support.

All riders should bring their own tools and spare tire or tubular to the race.

Staff working for riders must wear readily identifiable team clothing.

Reamarks: A part of the Tech Zones will be reserved exclusively for National Teams and UCI registered Teams

4.7 TIMING

The event is timed for all the participants, for the entire length of the course.

The timekeeping provider will produce an overall ranking per age group and gender with a separate elite title for the elite category.

The timing of the event starts with the gun, and not when each individual rider crosses the starting carpet (GUN time principle).

ARTICLE 5. AWARDS CEREMONIES

In accordance with articles 1.2.112 and 1.2.113 of the UCI Regulations, the 3 best riders of each category must attend the official awards ceremony, any interviews organised and the press conference. Unless otherwise stated, riders shall appear at official ceremonies wearing competition clothing.

Riders must present themselves at the podium in a maximum of 10 minutes after crossing the finish line.

Jersey and medals

Every European Championship will be awarded with:

The 1st place: Gold medal and Champion's jersey

The 2nd place: Silver medal

The 3rd place: Bronze medal

Prize money

GRAVEL	MEN ELITE	WOMEN ELITE	
	1.400 €	1.400 €	
	800 €	800 €	
	600 €	600 €	
	€ 2.800,00	€ 2.800,00	€ 5.600,00

ARTICLE 6. ANTIDOPING

The UCI antidoping regulations and the specific Italian laws are entirely applicable to the event.

The antidoping tests will take place in:

Ex Scuola Montessori Avezzano

Via Genserico Fontana, 11, 67051 Avezzano

GPS: 42.03472734748288 North, 13.42547793736174 Est

The antidoping controls will be conducted under the responsibility of the International Tstting Agency (ITA).

ARTICLE 7. PENALTIES

The UCI penalty scale is the only one applicable.

ARTICLE 8. RESPONSIBILITIES

The organiser and UEC will not, under any circumstances, be liable to any accidents or damage that occurs during training and competitions.

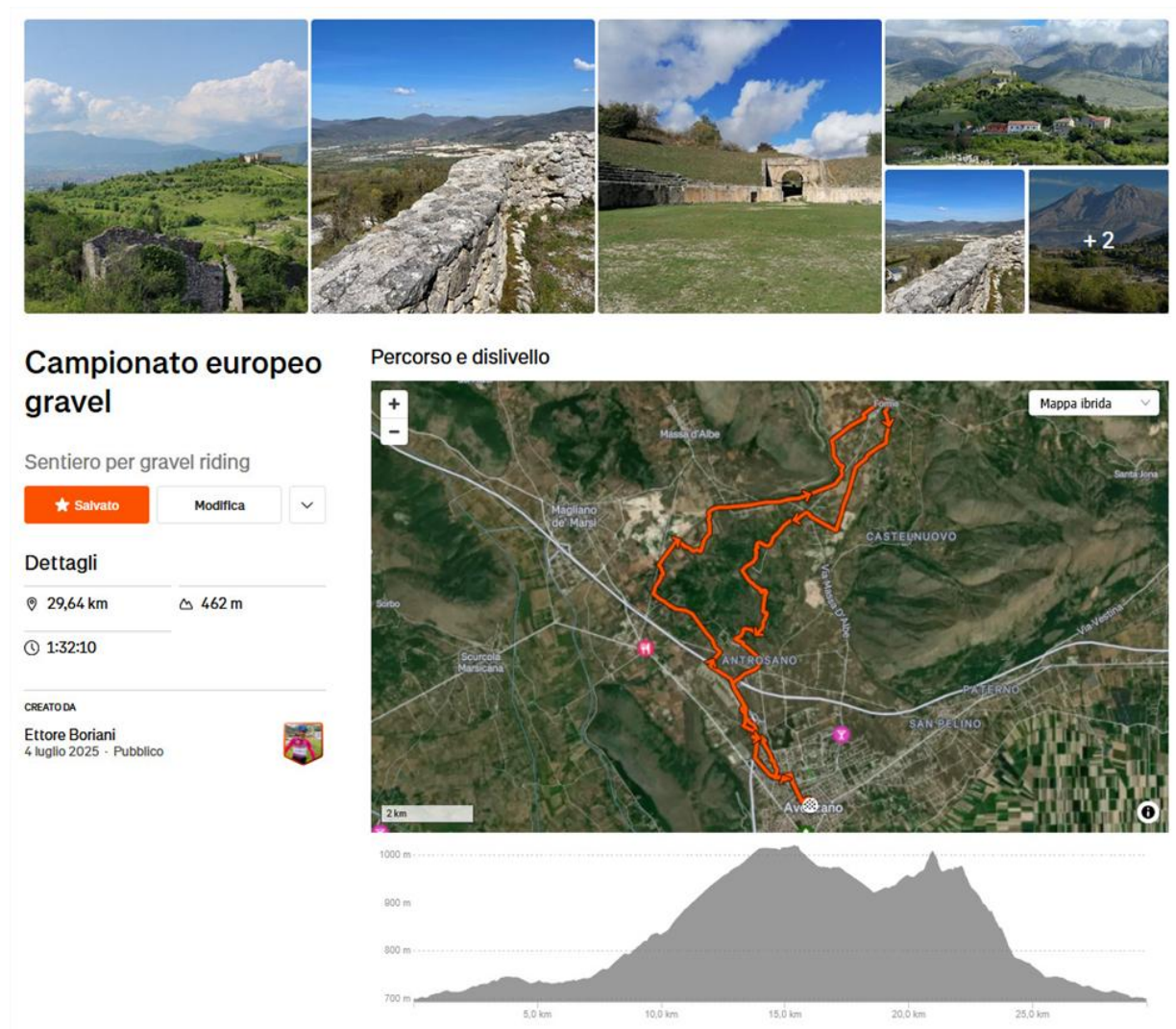
The organiser and UEC decline all responsibilities towards the riders and others in case of an accident.

For all cases not covered by these specific regulations, the UCI rules will apply. Any problems will be solved between the organiser, the Commissaires Panel and UEC officials.

Appendix 1 - COURSES CHARACTERISTICS

Category	Start time	Laps	Lap1	Lap2	Lap3	Lap4	Lap5	Race distance
Men Elite	11:00	5	29.8	29.8	29.8	29.8	29.8	148
Men Age groups								
Men Masters 35-39	11:02	4	29.8	29.8	29.8	29.8		118.4
Men Masters 40-44	11:03	4	29.8	29.8	29.8	29.8		118.4
Men Masters 45-49	11:04	3	29.8	29.8	29.8			89.4
Men Masters 50-54	11:05	3	29.8	29.8	29.8			89.4
Men Masters 55+	11:06	2	29.8	29.8				59.6
Women Elite	11:10	3	29.8	29.8	29.8			89.4
Women Age groups								
Women Masters 35-39	11:12	3	29.8	29.8	29.8			89.4
Women Masters 40-44 / 45-49 / 50-54/55+	11:13	2	29.8	29.8				59.6

Appendix 2 - RACE COURSES MAP



Appendix 3 - Feed and Technical Zones

Feed and Tech zones location: nr.2 Feed and Technical Zone

- **Nr.1** via del Tratturo, Massa D'Albe (AQ) a metà percorso
GPS: 42.09321544613143 North, 13.404203837974286 Est;
- **Nr. 2** via Geneserico Fontana (near Start and Finish)
GPS: 42.03467460862931 North, 13.425825340960193 Est