

COMPETITION PROGRAMME

Thursday, 2.10.25

PARK

FLATLAND

10:00 - 11:00	Womens Park Practice - Group 1
11:00 - 12:00	Womens Park Practice - Group 2
12:00 - 13:00	Womens Park Practice - Group 3
13:00 - 14:00	Womens Park Practice - Group 4
14:00 - 15:00	Mens Park Practice - Group 1
15:00 - 16:00	Mens Park Practice - Group 2
16:00 - 17:00	Mens Park Practice - Group 3
17:00 - 18:00	Mens Park Practice - Group 4

Friday, 3.10.25

PARK

FLATLAND

11:00 - 11:20	Womens Warm Up - Heat 1
11:20 - 11:55	Womens Park Qualifying - Heat 1
11:55 - 12:15	Womens Warm Up - Heat 2
12:15 - 12:50	Womens Park Qualifying - Heat 2
12:50 - 13:10	Womens Warm Up - Heat 3
13:10 - 13:45	Womens Park Qualifying - Heat 3
13:45 - 14:05	Womens Warm Up - Heat 4
14:05 - 14:40	Womens Park Qualifying - Heat 4
14:40 - 15:00	BREAK
15:00 - 15:20	Mens Warm Up - Heat 1
15:20 - 15:55	Mens Park Qualifying - Heat 1
15:55 - 16:15	Mens Warm Up - Heat 2
16:15 - 16:50	Mens Park Qualifying - Heat 2
16:50 - 17:10	Mens Warm Up - Heat 3
17:10 - 17:45	Mens Park Qualifying - Heat 3
17:45 - 18:05	Mens Warm Up - Heat 4
18:05 - 18:40	Mens Park Qualifying - Heat 4
18:40 - 19:00	Mens Warm Up - Heat 5
19:00 - 19:35	Mens Park Qualifying - Heat 5
19:35 - 19:55	Mens Warm Up - Heat 6
19:55 - 20:30	Mens Park Qualifying - Heat 6

Saturday, 4.10.25

PARK

FLATLAND

PARK		FLATLAND	
		12:00 - 13:30	Womens Practice - Combined
		13:30 - 15:30	Mens Practice - Heat 1
15:00 - 15:40	Womens Practice - Heat 1	15:30 - 17:30	Mens Practice - Heat 2
15:40 - 16:20	Womens Practice - Heat 2		
16:20 - 17:00	Mens Practice - Heat 1		
17:00 - 17:40	Mens Practice - Heat 2		
17:40 - 17:55	BREAK		
17:55 - 18:00	Womens Athlete Presentation 12 - 1 // LIVE		
18:00 - 18:05	Womens Warm Up - Heat 1		
18:05 - 18:30	Womens Park Finals - Heat 1 // LIVE		
18:30 - 18:35	Womens Warm Up - Heat 2		
18:35 - 19:10	Womens Park Finals - Heat 2 // LIVE		
19:10 - 19:15	BREAK		
19:15 - 19:20	Men Athlete Presentation 12 - 1 // LIVE		
19:20 - 19:25	Mens Warm Up - Heat 1		
19:25 - 20:00	Mens Park Finals - Heat 1 // LIVE		
20:00 - 20:05	Mens Warm Up - Heat 2		
20:05 - 20:40	Mens Park Finals - Heat 2 // LIVE		
20:40 - 20:45	BREAK		
20:45 - 21:00	<i>Women & Mens Park Awards Ceremony // LIVE</i>		

Sunday, 5.10.25

PARK

FLATLAND

PARK		FLATLAND	
		10:00 - 11:00	Womens Practice - Combined
		11:00 - 11:30	Womens Qualifying
		11:30 - 12:15	Mens Practice - Heat 1
		12:15 - 12:45	Mens Qualifying - Heat 1
		12:45 - 13:30	Mens Practice - Heat 2
		13:30 - 14:00	Mens Qualifying - Heat 2
		14:00 - 14:15	Womens Warm Up
		14:15 - 14:45	Womens presentation & Finals
		14:45 - 14:50	Mens presentation
		14:50 - 15:00	Mens Warm Up - Heat 1
		15:00 - 15:20	Mens Finals - Heat 1
		15:20 - 15:30	Mens Warm Up - Heat 2
		15:30 - 15:50	Mens Finals - Heat 2
		15:50 - 16:00	BREAK
		16:00 - 16:15	<i>Women & Men Flatland Awards Ceremony</i>