

# 2025 UEC BMX RACING EUROPEAN CHAMPIONSHIPS AND CHALLENGE TECHNICAL GUIDE

VALMIERA (LATVIA

2025 UEC BMX RACING EUROPEAN CHAMPIONSHIPS

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### 1. INTRODUCTION

Maris Strombergs Agency and the city Valmiera are very proud to welcome you to the BMX track, inspired by the great achievements of two-times Olympic gold medalist Maris Strombergs.

### 2. TRACK DETAILS

The track is 330 meters long, with two starting hills (8 and 5 meters high) and three start gates (8, 5 and 3 metres high). BMX track configuration has been developed by "PRO TRACKS" – experienced developers of several Olympic BMX tracks.









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#### 3. THE CITY OF VALMIERA

Valmiera, a vibrant city in northern Latvia, is a hidden gem rich in history, culture, and natural beauty. As one of Latvia's oldest cities, dating back to the 13th century, Valmiera offers a perfect blend of medieval heritage, scenic landscapes, and modern charm. The city is also known as home for outstanding athletes like Jānis Daliņš, brothers Bertāns and Māris Štrombergs.

100 km from the capital city Riga, only 50 km from the Estonian border, located along the picturesque Gauja River and near the stunning Gauja National Park, it is an ideal destination for an active and cultural getaway. The city's strong connection to nature invites outdoor enthusiasts to explore lush forests, serene riverbanks, and adventurous trails.

Throughout the year, Valmiera thrives with local traditions, exceptional gourmet experience and rich culture life. Thanks to its welcoming atmosphere, and commitment to cultural excellence, Valmiera continues to captivate visitors and locals alike. In recent years, Valmiera has gained recognition for its refined dining experiences, with a local restaurant "Akustika" earning praise from the Michelin Guide. A visit to Valmiera is incomplete without experiencing Valmiermuiža Beer, one of Latvia's most renowned craft breweries. Visitors can enjoy guided tours of the brewery as well as experience beer kitchen. From innovative fine dining to cozy bistros and artisanal bakeries, Valmiera invites food lovers to explore a diverse range of flavors.

Beyond its gourmet excellence, Valmiera is also home to the renowned Valmiera Theatre, one of Latvia's leading cultural institutions. The city's charmingly tersy old town, historical castle ruins, and vibrant cafés provide the perfect setting for a leisurely afternoon, blending past and present in an inviting atmosphere.

With its blend of history, nature, and gourmet experiences, Valmiera continues to surprise and delight visitors, making it a must-visit destination for those seeking both cultural enrichment and culinary indulgence.







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#### 4. GENERAL INFORMATION

Organisation: Maris Stromergs Agency/BMX club Valmiera

Location: Cempionu street 3, Valmiera, Latvia, LV-4201

Competition: 2025 UEC BMX European Championships & Challenge

**Date:** 9 – 13 July 2025

**Information:** Email: <a href="mailto:msa.valmiera@gmail.com">msa.valmiera@gmail.com</a>

Website: <u>www.bmxvalmiera.lv</u>

Facebook: <a href="https://www.facebook.com/bmxlatvia">https://www.facebook.com/bmxlatvia</a>

**UEC Event Manager:** Mrs. Tiziana Lardieri, email: t.lardieri@uec.ch

**UEC event page:** <a href="https://uec.ch/en/event/252/2025-uec-bmx-racing-european-">https://uec.ch/en/event/252/2025-uec-bmx-racing-european-</a>

championships

National Federation: Latvian Cycling Federation

**Parking:** For officials in TM/VIP zone: 1 parking, no admission fee.

For spectators: A free parking place is located 1min walk from the track. And about 50m from the track there is another free parking

located.

**Camping:** Camper Park near the track will be operated by Valmiera Olympic

centre (www.valmierasoc.lv).

Email for reservation and more info: campingvoc@gmail.com

**Team area:** UEC 2025 registered Tram space € 150 for a space 3x6 (18 m²)

Non-registered teams Team space € 200 for a space 3x6 (18 m<sup>2</sup>)

Tent and space rent available for National Teams.

Team area details: see chapter 13 Team space: <u>reservation required</u>.

Overall information: NO BIKES ARE ALLOWED IN THE PUBLIC AREA

NO CHAIRS MAY BE TAKEN INTO THE PUBLIC AREA

Please bring your own lock if you want to secure your bike. The club

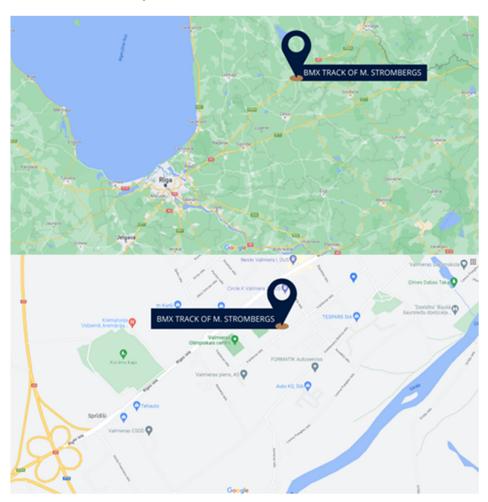
declines all responsibility in case of theft.

### 5. LOCATION

The BMX track of Maris Strombergs is located in the North of Latvia, city Valmiera.

Google maps: <a href="https://maps.app.goo.gl/urTuATx1kw4cknd3A">https://maps.app.goo.gl/urTuATx1kw4cknd3A</a>

Coordinates: 57.529191, 25.392670



### By car

Driving from the road P133 to the street Karla Ulmana gatve / A10. Head to Karla Ulmana gatve / A10. Vidzeme suburb: drive along Brivibas treet to A2 Street. Koceni parish: take the road A2 and A3 to Riga street. Valmiera: drive along Riga street to Vaidavas iela. At the roundabout, take the 1st exit onto Vaidava Street. Turn left to stay on Vaidavas Street.

### By plane

Riga Airport (RIX), is located 115 km from the track, approximately 1 h 30 min drive.



### **VENUE MAP of the BMX EVENT**







### 6. WELCOME CENTRE

The Welcome Centre is located at Valmiera Swimming Pool Complex Address: Cempionu street 4, LV-4201, Valmiera

The Welcome Centre will be used by UEC and organiser:

- Riders' confirmation,
- Chef d'Equipe accreditation,
- · National team accreditation,
- Personal BMX coach accreditation,
- Team area accreditation.

**Location Team manager meeting** Valmiera Swimming Poll Complex

Cempionu street 4, LV-4201, Valmiera)

**Location 2025 UEC BMX Convention** Janis Dalins Stadium (Jāṇa Dalina street 2, Valmiera,

LV-4201)

**Opening hours Welcome Centre**: Tuesday 09:00 – 16:00

Wednesday 09:00 – 16:00 Thursday 09:00 – 16:00







# 7. PROGRAMME PROVISIONAL TIMING (SUBJECT TO TV ADJUSTMENT)

The time schedule will be established by the UEC according to the number of entries and will be forwarded in due time to the Organiser of the race, and will be posted on the UEC website (<a href="www.uec.ch">www.uec.ch</a>) after the registration deadline.

TUESDAY	16.00	Team area Accreditation (location: Welcome centre)	
8.7.2025	19.00 - 19.20	Team manager meeting (location: Welcome centre)	
	19.30 - 21.00	Rider confirmation by National representative (location: Welcome centre) National team accreditation (location: Welcome centre)	
WEDNESDAY	08.00 - 11.00	Team area Accreditation (location: Welcome Centre)	
9.7.2025	11.0019.00	Training Challenge categories (by country)	
	20.00 - 21.30	UEC BMX Convention (National representatives only)	
THURSDAY	morning	Training Challenge categories (by country)	
10.7.2025	afternoon	Training Championship categories (15; 16; Junior; U23; Elite)	
FRIDAY	morning	Warm-up Challenge Cruiser categories	
11.7.2025 afternoon European Challenge Cruiser categories		European Challenge Cruiser categories	
		Award ceremony	
evening		Training Championship categories (15; 16; Junior; U23; Elite)	
SATURDAY	morning	Warm-up European Championships categories	
12.7.2025	afternoon	European Championships (15; 16; Junior; U23; Elite)	
		Award Ceremony	
SUNDAY	08.00	Warm-up challenge categories	
13.7.2025		European Challenge categories	
		Award Ceremony	





### 8. RIDER CATEGORIES

In accordance with the UCI rules only European riders can participate in a CC race. All riders (Challenge and Championship) must hold a national license issued by an UCI affiliated Federation.

In order for a category to be held, at least nine riders must be pre-registered in that category.

If less than nine riders are entered in a challenge category following the cancellation, the category will be combined according to UCI rules.

In the case that any under-subscribed category cannot be combined according to these rules, this category shall not be run. The federations concerned will be informed of the combination class(es) as soon as possible after the registration deadline.

### **BMX European Championships (CC)**

CHAMPIONSHIP CATEGORIES:	
Boys 15	Girls 15
Boys 16	Girls 16
Men Junior	Women Junior
Men Under 23	Women Under 23
Men Elite	Women Elite

# **BMX European Challenge classes**

Only European riders allowed, minimum license age 8 years old. All challenge classes will be run on one or the other day according to time schedule.

CHALLENGE CATEGORIES:		
Boys:	8, 9, 10, 11, 12, 13, 14	
Men:	17-24, 25-29, 30-34, 35+	
Girls:	8, 9, 10, 11, 12, 13, 14	
Women:	17-24, 25+	
Cruiser Boys / Men :	12- (minimum age 8), 13/14, 15/16, 17-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50+	
Cruiser Women:	12- (minimum age 8), 13/16, 17-29, 30-39, 40+	







#### 9. REGISTRATION AND RIDER'S CONFIRMATION

### **Participation**

# **Championship classes**

Each Federation is allowed to enter a maximum number of 16 riders in each championship classes.

### **Challenge classes**

Each Federation is allowed to enter a maximum number of 16 riders in all challenge classes, for the host country it is allowed to enter 32 riders in all challenge classes.

# **Registration Participants**

Federations can register riders for the UEC BMX Racing European Championships through the registration platform paying the applicable fees directly through the registration platform.

Please find the registration platform via this link: <a href="https://registration.jstiming.com/">https://registration.jstiming.com/</a>

Registration platform opens: location: 26-5-2025

Registration platform closes: location: 23-6-2025; 23:59 (CET)

Deadline for cancellations: 5-7-2025; 23:59 (CET)
Deadline for late entries: 5-7-2025; 23:59 (CET)
Deadline for extra late entries: 8-7-2025; 23:59 (CET)

### **Riders confirmation**

All team managers and Chef d'Equipe must attend the rider confirmation at the Welcome centre on Tuesday evening to confirm their rider's participation for the event and receive number plates and accreditation (see programme).

# **Registration fees**

The 2025 registration fees, excluding administration fee and bank costs are the following:

2025 Registration fees	
Challenge Classes 8-14/17+:	€ 55,00 per entry (no late entry possible)
Challenge 15-16:	€ 65,00 per entry (no late entry possible)
Cruiser Classes:	€ 55,00 per entry (no late entry possible)
Junior Classes:	€ 85,00 per entry (no late entry possible)
Under23 Classes:	€ 90,00 per entry (no late entry possible)
Elite Classes:	€ 95,00 per entry (no late entry possible)





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### **Transponders**

All riders in the classes (15, 16, Junior, U23 and Elite) require a UEC transponder to be able to participate. The transponders are provided by UEC at riders confirmation. They will be provided in a bag per country to the Chef d'Equipe / team manager. Immediately after the race, the transponders for each country must be handed in by the Chef d'Equipe / team manager after the race.

If a rider fails to return the transponder after the event, the UEC will send an invoice of €100.- per transponder to the federation. The rider will not be able to participate in the next UEC BMX European Cup round until the invoice is paid.

### 10. RULES

All riders, coaches, parents, commissaires, personnel and visitors must respect rules implemented on the venue by the organiser.

The provisions of the latest version of the UCI's BMX Rulebook apply with a few amendments.

The posting of race information including start lists and results will be done electronically at every event (https://results.jstiming.com)

### **Event format**

For all Challenge categories (except the categories 15, 16 year) scrambled seeding is used for the motos according to the UCI BMX Rulebook.

For Challenge 15, 16 years, and Championship categories the UCI BMX World Cup system is used according to the UCI BMX Rulebook

- For a category to be held, at least 13 riders must be registered and confirmed in that category following rider's confirmation. If less than 13 riders are entered in a category following riders' confirmation, the riders will be combined with the category of the same gender, following Article 6.3.005 bis of the UCI Rulebook.
- All riders in the categories 15, 16, Junior, U23 and Elite require a UEC transponder to participate in UEC BMX European Championships.

# Rider's equipment

All riders receive a UEC number plate and side plate at rider confirmation. In all UEC sanctioned BMX events a rider must display the number plate and side plate assigned to him. A rider who fails to display the correct number plates will be refused their start, or relegated, if it is noticed after beginning a heat or run.

All challenge riders must either wear a clearly visible national flag of their country on both shoulders or the national jersey of their country.

All Championship rider must wear their National Jersey with career number if they have one. Article 1.3.059: the wearing of National Team clothing shall be mandatory:

- At World Championships
- At Continental Championships
- For the riders of a National team
- During Olympic and Paralympic games, in accordance with the IOC and NOC Regulations.

The Continental and National Champions must comply with this rules and wear their national team clothing while participating in the events cited here before.







Article 1.3.071: Without prejudice to relevant provisions but applicable for all the disciplines, should various provisions requiring the wearing of different jerseys apply to the same rider, the order of priority shall be as follows:

- 1. the leader's jerseys on the stage race
- 2. the world champion's jersey
- 3. the leader's jersey of the cup, series or UCI classification
- 4. the continental champion's jersey
- 5. the national champion's jersey
- 6. the national jersey

In accordance with the last amendments of the UCI rules the World Champions must wear their rainbow jersey.

In case of special conditions (weather, wind or else) or a high number of participants, the UEC BMX Commission allows the PCP in agreement with the UEC Technical delegate can make changes to the time schedule.

Please note: In the event the European Championships cannot take place for unpredictable circumstances (weather conditions, pandemic, etc.), the UEC cannot be responsible. Therefore, registation fees cannot be refunded.

### **Team manager meeting**

Team Managers meeting will be held as indicated in the time schedule. The location of the meeting will be indicated at the event. The participation is mandatory for: max. 1 National Delegate (Chef d'Equipe); max. 1 Team Manager of the UEC registered team; max. 1 Team manager of UCI registered team, max. 2 National BMX Coaches (registered by National federation).

If necessary, the UEC Technical delegate and PCP can decide to call for other meetings during the event.

### 11. ACCREDITATION

### **Athletes**

All athletes will be given a wristband so that they can reach all areas necessary.

# Chef d'Equipe

Each Federation which registers riders must appoint a Chef d'Equipe (National Team Manager) to represent the interests of all its riders. Each Chef d'Equipe must confirm the presence of each riders as per the preregistration riders list, on the scheduled day and times of registration

### **National Challenge Team**

A Chef d'Equipe and his nominated staff is accredited by the UEC with the right to enter a restricted zone in order to perform his duties. Such accreditation may be revoked for any breach of the UCI Regulations or noncompliance with the instructions of the organisation or the Commissaires' panel.

Members of the country delegations will receive accreditation at all UEC events according to the following schedule if they register their staff. Please send an email with names and function to j.polkamp@uec.ch before the event.

Chef d'Equipe, Team Manager and Assistants must prevent a license from the Federation. UEC will check the registration of the staff and then they will be given the accreditation. Without a registration UEC will not give out accreditation.





Riders	Maximum accreditation
1 – 2	1
3 – 10	2
11 – 20	3
21 – 50	5
51 – 100	7
101 – 200	9
201 +	10
Host country	10

### **National Championships Teams/UCI Teams**

Each National Championships Team/UCI Team must register their Staff (Championship coach, doctor, other staff members. Please send an email to <a href="mailto:i.polkamp@uec.ch">i.polkamp@uec.ch</a> before the event. Such accreditation may be revoked for any breach of the UCI Regulations or noncompliance with the Instructions of the organisation or the Commissaires' panel.

UCI BMX teams have the same rights as National teams.

### **UEC Teams**

2025 UEC BMX Teams do not receive accreditation for the UEC BMX European Championships.

### **Personal BMX coaches**

The Organiser offers Coach Accreditation at a fee of €150 per accreditation for the whole event, paying with cash money in the Welcome Centre during opening hours.

### 12. PRIZE MONEY, MEDALS, JERSEY AND TROPHIES

### **Championship categories**

CHAMPIONSHIP CATEGORIES:	
Boys 15	Girls 15
Boys 16	Girls 16
Men Junior	Women Junior
Men Under 23	Women Under 23
Men Elite	Women Elite

The winner of the 12 Championship categories (mentioned above) receive an official UEC Championships jersey and a gold medal. Number 2 and 3 receive a silver and bronze medals.

Price money will be awarded according to the price money schedule below, The UEC will proceed to the payment on the price money by the middle of October 2025 through the riders' National Cycling Federation.





	ELITE	U23	JUNIOR
	Men / Women	Men / Women	Men / Women
PLACE	€ / round	€ / round	€ / round
1	€ 4.000	€ 2.000	€ 1.000
2	€ 2.000	€ 1.000	€ 500
3	€ 1.000	€ 500	€ 250

### **Podium ceremony**

Only Championship riders who come in 1st to 3rd place are obligated to attend the podium ceremony in race uniform.

UEC requires a clean podium photo without commercial attributes, like helmets, goggles or bikes, for media purposes. Afterwards riders may take photos with commercial items.

### **Challenge Categories**

Trophies are available for the finalists of all classes of the Continental Championship race for Challenge classes. Trophies place 4<sup>th</sup> to 8<sup>th</sup> place in the final will be awarded immediately at the finish line. Challenge riders who come in 1<sup>st</sup> to 3<sup>rd</sup> place are obliged to attend the podium ceremony in race uniform.

UEC requires a clean podium photo without commercial attributes, like helmets, googles or bike, for media purposes.

### 13. TEAM AREA

### **Procedure**

Team area is located on street which would be closed for traffic and is located near the staging area and it's subject to prior mandatory booking at the rate of:

>	UEC 2025 registered Tram space (see Area A on site map)	€ 150 for a space 3x6 (18 m²)
>	Non-registered teams Team space (see Area A on site map)	€ 200 for a space 3x6 (18 m²)
>	National Team area and tent with 1 table, 6 chairs, 1 entry ticket (see Area B on site map)	€ 300 for 3x6 (18 m²)
>	Nation Team area space and tent with 1 table, 6 chairs,	

1 entry ticket, 1 car space next to the tent (see Area B on site map) € 500 for 5x5 (25 m²)





### **TEAM AREA – Reservation information and payment**

You can make a reservation starting from 01/05/2025 till 06/06/2025 on orgnisers' website <a href="https://www.bmnxvalmiera.lv">www.bmnxvalmiera.lv</a>. Reservation must be made before the arrival in Valmiera accompanied by the payment made online, using the reservation link.

### **TEAM AREA - Rules**

- At the arrival follow the indications for the Welcome Centre. At the desk you can receive the PASS to enter in the Team area and a PASS for parking (the organiser needs the car/van plate number). It will be necessary to show a copy of the payment.
- Arriving will be permitted from July 8, 2025.
- Teams must leave on July 14, 2025.
- Team area will be closed one hour after the races/practice end.
- The organiser will assign space locations.

During the event for any info/concerns please refer to:

• Ivo Lakucs (+371 29144300).

A parking place is reserved next to the track showing. No cars or other motorized vehicles will be admitted to the Team area.

# Team Area – opening hours (subject to change)

8 July	8:00 - 20.00
9 July	8:00 - 20.00
10 July	8:00 - 20.00
11 July	8:00 - 20.00
12 July	8:00 - 20.00

### 14. TRACK BOOKING

The track will be open for (non-event) practice until July 3. The reservation can be made by sending an email to the track manager <a href="mailto:megija.stalberga@valmierasoc.lv">megija.stalberga@valmierasoc.lv</a>.

### 15. CAMPER PARK

The organiser's partner – Valmiera Olympic Centre - offers the option of camping at the event. The campsite is situated at PARKING B, behind Valmiera Olympic centre.

All the information and the reservation options: <a href="mailto:campingvoc@gmail.com">campingvoc@gmail.com</a>







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### 16. HOTEL

Holiday House "Lauvas līcis", Rīga street 60, Rūjiena (43 km to Valmiera) https://www.booking.com/Share-0u6JPp8

5\*\*\* viesnīca "Jonathan Spa Estate", Amatciems (46 km to Valmiera) https://www.booking.com/Share-QcTaEp, https://www.jonathanspahotel.com/

3\*\*\* viesnīca "Hotel Katrīna", Lielā Katrīnas street 21, Cēsis (34 km to Valmiera) https://www.booking.com/Share-8Y0Qgk

3\*\*\* viesnīca "Hotel Tigra", Veindenbauma Street 2, Priekuļi (32 km to Valmiera) https://www.booking.com/Share-Z2SdFm, https://www.hotelmint.eu/

3\*\*\* "Kārļamuiža Country Hotel", Kārļi, Drabeši parish (44 km to Valmiera) https://www.booking.com/Share-za9I0J, https://www.karlamuiza.lv/it/index.html If you look for accommodation, please check the partners hotels on the website: https://visit.valmiera.lv/en/accommodation/

All the latest information about the accommodation facilities will be published in <a href="https://visit.valmiera.lv/">https://visit.valmiera.lv/</a> and Facebook account of BMX Latvija—Valmiera as well.

### 17. LIVESTREAM

The UEC BMX European Challenge events are broadcasted live on the UEC website: <a href="www.uec.ch">www.uec.ch</a>. The UEC BMX European Championships events are broadcasted live by EUROVISION. TV takers are available one week before the event on UEC website.

# 18. PARKING

For teams: 1 parking, no admission fee *(see the map of the event).*For officials: 1 parking, no admission fee *(see the map of the event).* 

For spectators: A free parking place is located 1min walk from the track. And about 50m from the track there is another free parking located.

### 19. CATERING

There will be several catering stands, where you can buy hot and cold food and drinks.

### 20. SHOPS

A BMX Village will be set up during the UEC BMX European Championships and Challenge. The price is showed below:

- ≥ € 450 for a space 12x6m (72 m²),
- > € 250 for a space 6x6m (36 m²),
- ≥ € 150 for a space 3x6m (28 m²),
- $\triangleright$  € 100 for a space 3x3m (9 m<sup>2</sup>).

If you would like your shop or entertainment to be present during the event, please send an e-mail to <a href="mailto:reservation.valmiera@gmail.com">reservation.valmiera@gmail.com</a> to reserve your space in the BMX Village or ask for more information. Mention your shop name, the person responsible, your time of arrival and how much space you need.







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#### 21. PRESS

Throughout the event there will be a dedicated work area for journalists and general press in the sports arena on the track area. Riders can be interviewed from this location.

Press accreditation for the event may be granted only to accredited journalists in possession of an ID card issued by the national press association. Accreditation for the events must be done through the UEC website for all UEC events <a href="http://uec.ch/en/media">http://uec.ch/en/media</a>.

Deadline Press Accreditation 7 July 2025

During the UEC BMX European Championships events Press accreditation and BIB's will be handed out by UEC Press Officer / deputy. It's mandatory to wear UEC press BIB's for the journalists on the track. The UEC will provide them and have someone responsible for their distribution.

A photographers meeting can be organized. This will be announced in advance in a timely manner.

The number of journalists on the track at the same time must be agreed by the PCP depending on the track space/size.

Press conferences, flash interviews etc. must be agreed with the UEC BMX Commission.

For all publications the UEC logo as well as the UEC main sponsor logo should be used in accordance with UEC graphic charter.

### **General rules**

- At every UEC BMX event BIB's are used for press on and off the track.
- The distribution of the BIB at the events is done by the indicated UEC press officer or his / her deputy.
- During the events, five yellow Bibs' (of which one for the UEC photographer) are distributed, the rest of the photographers get a orange BIB.
- The BIB distribution is examined separately for Challenge and Championship classes
- A guarantee for each BIB is mandatory: € 20 or an official document (driver's license, identity card, press card ...)
- By failing to comply with the regulations or the instructions of officials, the BIB can be taken from a photographer immediately.
- Be careful when using flash. Do not flash directly into the eyes of the riders.
- Photographers must be impartial on the track; it is not allowed to cheer for a rider in the track.
- It is strictly forbidden to touch a rider and / or bicycle.
- It's forbidden to walk across the photo finish line. This can cause problems for the people of the photo finish cameras.
- A photographers meeting can be organized. This will be announced in advance in a timely manner.

#### **Drones**

• Drones might be allowed after consultation with the UEC responsible, providing they are allowed by local laws. The pilot must hold a valid pilot license and there must be compliance with all regulations regarding the airline (flight plan etc.) Moreover, the minimum and the maximum height are fixed according to the regulations of the country. Failure to comply with all the proposed rules will be reported to the police.







#### 22. MEDICAL INFORMATION

A team of doctors and paramedics will be present throughout practice and racing. The team will be based on the track and have use of a medical room near staging area.

The medical team will be available at the following times:

### Official Practice Day

- Wednesday 9 July
- Thursday 10 July

### Competition Days

Friday 11 July
 Saturday 12 July
 Sunday 13 July
 Detailed schedule provided after registration closes.
 Detailed schedule provided after registration closes.
 Detailed schedule provided after registration closes.

### The nominated hospital:

Vidzeme Hospital Ltd

Be advised, when visiting the hospital, you will need to bring;

- 1. Copy of ID/Passport, address, postal code and place of residence.
- 2. Copy of health care incl. phone number.
- 3. notarized power of attorney for an athlete under 18 years old if travel without parents.

### Important to remember!

- If it is necessary to go the hospital because of injuries, please report first to the medical team
  of the organisation. If the medical team of the organization is not available anymore, please
  inform them afterwards. We would like to prevent people going to the hospital unnecessarily
  and to regulate the number of people visiting the hospital.
- Attention: Restriction on who can go: Rider plus 1 other. If it is necessary to go the hospital, please note that only 1 extra person (per day) is allowed to join the injured person.
   Sometimes other hospitals have other regulations so it is always best to check this at the hospital you are heading to.
- Transportation to and from the hospital is your responsibility.

Security Service will be provided at the track and camping day and night (only video surveillance). The organiser and the city of Valmiera accept no liability for thefts or damage occurring on the site, during the race, in the car parks or on the track campsite.

Please respect the environment and dispose of your waste responsibly.

Lausanne (SUI), 9.4.2025



