



NORDIC LAKE FESTIVAL

Sport, music & food together

16.-18. August 2024

2024 UEC MTB MARATHON EUROPEAN CHAMPIONSHIPS

TEAM MANAGERS' MEETING

2024 UEC MOUNTAIN BIKE MARATHON EUROPEAN CHAMPIONSHIPS (XCM)

ELITE - MASTERS

Viborg (DEN)

16 – 18 August 2024





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INTRODUCTION

UEC MTB EUROPEAN CHAMPIONSHIPS 2024 - WELCOME

- **Henrik Jess JENSEN (DEN)**
UEC Vice-President
- **Henrik KARLSEN (DEN)**
LOC President
- **Paolo PESSE (ITA) – Heikki Dhale (NOR) - Giorgio BARUFFI (ITA)**
UEC Technical Delegate
- **Miranda COLENBRANDER (NED)**
President of the Commissaires' Panel

Please be mindful that many of the event personnel you will encounter at the venue are volunteers so please treat them with courtesy, as without them the event would not be able to happen.

UEC MTB EUROPEAN CHAMPIONSHIPS 2024 - Commissaires' Panel

President of the Commissaires Panel (UCI): Miranda COLENBRANDER (NED)

Assistant PCP (DCU): Preben Jensen

National Commissaire (Start) (DCU): Ulrik Jørgensen

National Commissaire (Finish) (DCU): Michael Lajer

National Commissaire (Component) (DCU): Mette Hede

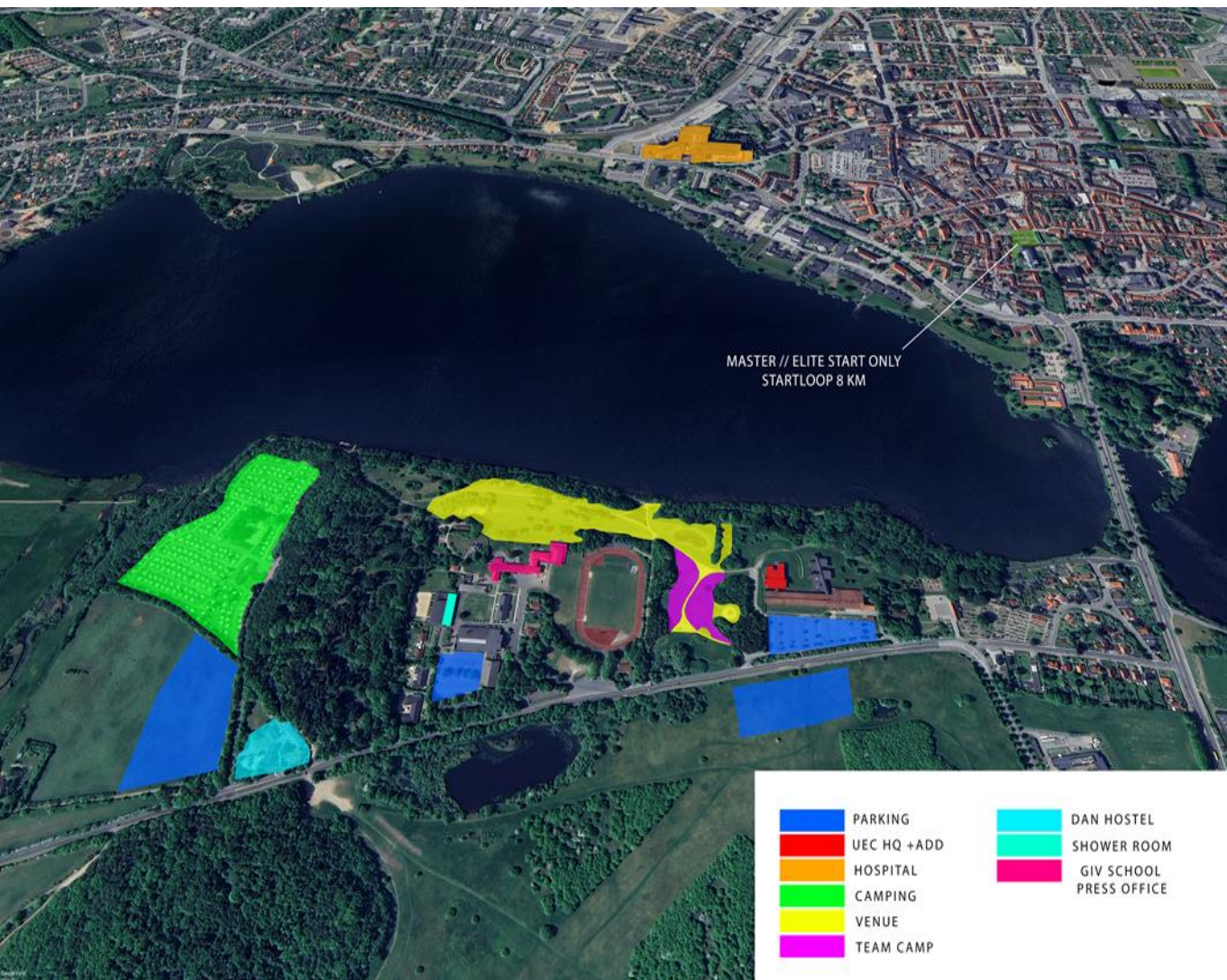
National Commissaire (Component) (DCU): Penille Gammelby



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GENERAL INFORMATION

UEC MTB XCM EUROPEAN CHAMPIONSHIPS 2024 – VENUE LAYOUT



Nordisk Park, Vinkelvej 22, 8800 Viborg

GPX point - <https://maps.app.goo.gl/g9we8Q3NkhSxLVn7A>
Nordic Lake festival

PERMANENCE / ACCREDITATION OPENING HOURS

Thursday 15. August	16:00-20:00	
Friday, 16. August	09.00-13:00	and from 15:00 – 20:00
Saturday, 17. August	06:30 – 18:00	

All accreditation can be collected at the infotent located : at the A entrance on venue

GPX point: <https://maps.app.goo.gl/YQH3akCAcMzoQNhq9>

Please ensure that you collect your accreditation before arriving at the venue as it will be required for access to all parts of the venue.

Accreditations must be worn and visible whenever you pass through accreditation controls.

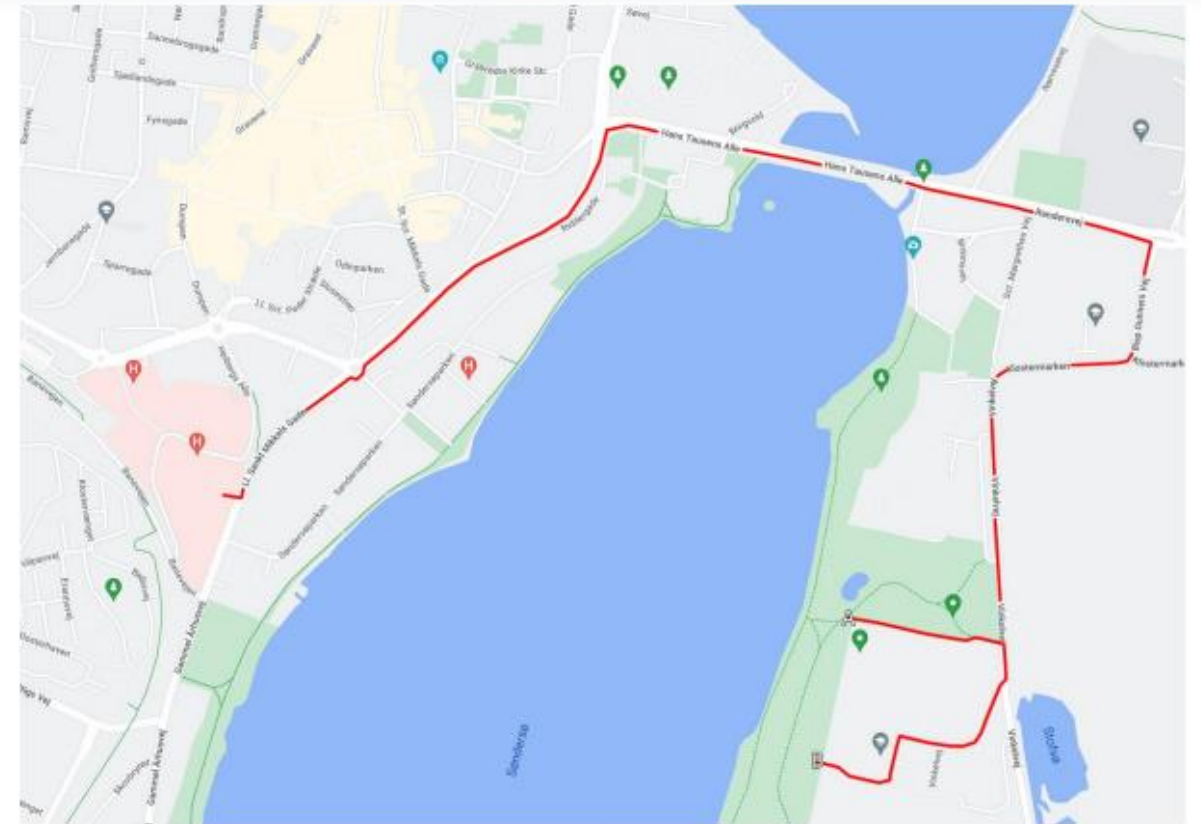
Official Doctor of the race: Sommers Ambulance Service ApS

Team of doctors and paramedics will be present onsite throughout official training sessions and competitions. The medical team will be based near the finish area. +45 51412112

The closest Hospital with A&E department are:

- **Regionshospitalet Viborg**, : Heibergs Alle 5A, 8800 Viborg, Phone : +45 78440000

Distance from venue: 3KM (4-7min)



UEC MTB XCM EUROPEAN CHAMPIONSHIPS 2024 – WARM-UP AREA

The start for Elite and Master categories is in front of the old cathedral in the city center.

The warm-up area opens one hour before the first start (at 08:00 am).

It is possible to bring a car to the start if you have warm-up rollers; it is about 100 meters from the parking lot to the warm-up area if you wish to park there.

You can do a drop-off loop before parking 25 meters from the start

Parking City center start GPX: <https://maps.app.goo.gl/vcpRTraHnp5PeDi57>





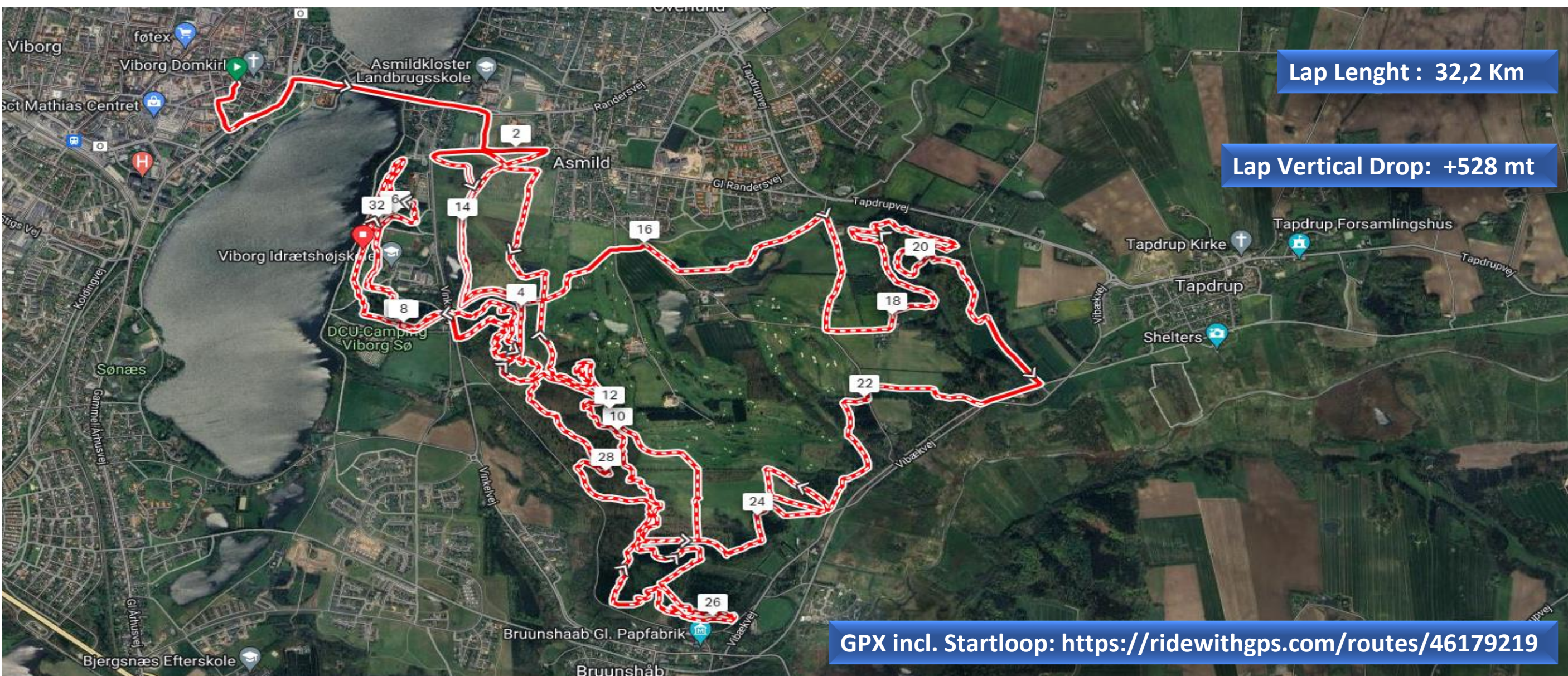
3 SPORTING ASPECTS

- Course configuration – Start Loop Men ELITE & Men MASTER

GPX: <https://ridewithgps.com/routes/45775717>



- Course configuration



- Course configuration – GPS Technical and Feed Zones Location

- TEC & FEED #2 – (Nordisk Park) GPS: <https://maps.app.goo.gl/SSpJGHogdrKuUbZH8>
- TEC & FEED #1 From the start area :6.9km – 9min by car <https://maps.app.goo.gl/9oau2UtR2ZPN1xTw5>

- Course configuration – LAST LAP FINISHLINE Y

The European XCM 2024 Championships takes place over multiple laps with passages in the finish area. In order to highlight the athletes at the finish line, 2 different lanes are provided in the finish area:

- one is reserved for the transit of competitors who have yet to make more laps(left arrow marked LAP)
- one reserved for athletes who are finishing the race. (right arrow marked FINISH)

Please follow the provided signposting correctly (see sign on the right).



- Race configuration

Category	Start time	Race distance	Laps
Men Elite	09.00		3
Women Elite + Master Women 35-49	09.05		3
Women Masters 50 and above	09:05		2
Men Masters 35-39	09:10		3
Men Masters 40-59	09:10		3
Men Masters 60 and above	09:10		2

ALL CATEGORIES IN THE LONG START LOOP



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RACE PROCEDURES GENERAL INFORMATION

- Race configuration

The participation is open for the following categories:

MTB Marathon Men Elite

MTB Marathon Women Elite

MTB Marathon Men Masters

Aged: 35-39 / 40-44 / 45-49 / 50-54 / 55-59 / 60-64 / 65-69 / 70-74 / 75+

MTB Marathon Women Masters

Aged: 35-39 / 40-44 / 45-49 / 50-54 / 55-59 / 60+

It is entered on the UCI calendar as a Continental Championships event (UCI CC).

- Race Procedures – Awards Ceremony

- The first 3 riders must be ready for the ceremony
- In racing attire wearing national jersey
- No advertising in the podium (no glasses, no cap, no bike, etc) till the end of the official ceremony

- Race Procedures – Prize money -

Prize money will be transferred by the UEC directly to the rider's National Federation



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SPORTING ASPECTS RULES REMINDERS

- Sporting Aspects – Rules Reminders

- ✓ Cutting, wrapping, folding and/or any modification of numbers plates are **NOT** allowed unless approved by PCP;
- ✓ National outfit is **mandatory** for competitors entered by the National Federation, except World Champions (UCI 1.3.059 and 1.3.071);
- ✓ Anyone who is found to have altered or modified the course has his/her accreditation removed or, in case of a rider, disqualified;
- ✓ The use of radio radio links or other remote means of communication with riders is **forbidden**;
- ✓ Compression clothing is **not** allowed during the race;
- ✓ Please advise your rider to fit the bike plate vertically and back number **RIGHT**;

- Sporting Aspects – European Champion jersey guidelines-

UEC Masters European Champion



UEC European Champion





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ANTI-DOPING

Anti-doping information



A certain amount of controls may be conducted under UCI Anti-Doping rules and ITA procedures and instructions

DOPING CONTROL STATION:

If any, the anti-doping tests will take place at REGISTRATION BUILDING FIRST FLOOR

UEC will follow all UCI/ITA rules, protocols and procedures. It is the responsibility of all riders, teams, coaches to read and follow all advice and documents provided by UCI/ITA.

QUESTIONS?



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Thank you !!!

