



# 2023 UEC Mountain Bike Youth European Championships

**XCR - XCC - XCO**

**Il Ciocco (ITA)**

**2 - 6 August 2023**

## TECHNICAL GUIDE

*As of 06.05.2023*

## 1. ORGANISATION

### 1.1. LOCAL ORGANIZING COMMITTEE (LOC)

President	Andrea MARCUCCI	email <a href="mailto:info@cioccobike.it">info@cioccobike.it</a>
Technical Director & Event Manager	Valerio BARSELLA	email <a href="mailto:yb@cioccosportlab.it">yb@cioccosportlab.it</a>
Logistics	Iacopo PIERONI	email <a href="mailto:info@cioccobike.it">info@cioccobike.it</a>
Clerk of the Course	Sergio BATTISTINI	email <a href="mailto:s.battistini@dolomeet.com">s.battistini@dolomeet.com</a>

Website : <https://www.cioccobike.it/it/evento/uec-2023-campionato-europeo-giovanile-mtb>

### 1.2. UEC REPRESENTATIVES

UEC Representative of the Management Board	tbc
UEC Technical Delegate (sport)	Paolo Pesse (ITA) / Giorgio Baruffi (ITA)
UEC Events Coordinator	Tiziana Lardieri (SUI)
UEC Press Officer	Sefano Bertolotti (ITA)
UEC Photographer	Massimo Fulgenzi (ITA)
UEC Video operator	Christian Bohm (ITA)

### 1.3. COMPOSITION OF THE COMMISSAIRES PANEL

President of the Commissaires Panel	(UEC)	Vittorio OLDANI (ITA)
Member of the Commissaires Panel	(FCI)	Diego TOSTI (ITA)
Member of the Commissaires Panel	(FCI)	Loredana MOLLO (ITA)
Member of the Commissaires Panel	(FCI)	Giuseppe CANAZZA (ITA)
Member of the Commissaires Panel	(FCI)	Gianluca MENICUCCI (ITA)
Member of the Commissaires Panel	(FCI)	Pierluigi CANDIOTTO (ITA)
Race Secretary	(FCI)	Marinella VERGA (ITA)
Finish line Commissaire	(FCI)	Elisa MARRAS (ITA)

## 2. GENERAL INFORMATION

### 2.1. TRAVEL AND ACCOMMODATION

#### Venue location

Il Ciocco Tenuta e Parco - 55051 Barga (LU) - (N 44.08391, E 010.46432)

Travel and accommodation expenses to and from Il Ciocco (Italy) must be covered by registered teams.

**Nearest airport:** Aereoporto Internazionale di Pisa "Galileo Galilei"  
Piazzale d'Ascanio, 1 - 56121 - Pisa

**By road :** 1h 20'

**By train :** 1h 36' / 1h 52' (Pisa Airport > Castelvechio Pascoli)

All participants must hold a valid identity card. Visa obligations must be respected.

All riders and attendants must hold insurance valid in Italy.

#### Visas

Each team is responsible for obtaining the necessary documents to enter Italy for the whole delegation. For further information, please check the Italian Embassy website: <https://www.esteri.it/it/ministero/struttura/laretediplomatica/>

For all invitation letter requests, please contact the UEC: [mail@uec.ch](mailto:mail@uec.ch)

#### Hotels list

A hotel list is available on the event website: [UEC 2023 MTB Youth European Championships | Ciocco Bike](#) Booking shall be done directly with the hotels.

**Il Ciocco Hotels**, Phone: +39 0583 719401, Mail: [info@ciocco.it](mailto:info@ciocco.it) - [www.ciocco.it](http://www.ciocco.it)

**Renaissance Tuscany il Ciocco Resort & Spa**, Telefono: +39 0 583 7691, Mail: [info@renaissancetuscany.com](mailto:info@renaissancetuscany.com) - [www.renaissancetuscany.com](http://www.renaissancetuscany.com)

**Hotel Milano**, Phone: + 39 0583 889191, Mail: [info@hotelmilano-lucca.it](mailto:info@hotelmilano-lucca.it) - [www.hotelmilano-lucca.it](http://www.hotelmilano-lucca.it)

**Hotel Mediavalle**, Phone: +39 0583 730074, Mail: [luigi.moni@gmail.com](mailto:luigi.moni@gmail.com)

**Hotel L'antica Lanterna**, Phone: +39 0583 572185; Mail: [andrea-bert@live.it](mailto:andrea-bert@live.it)

**Hotel Ludovico Ariosto**, Phone: +39 0583 62369; Mail: [info@hotelludovicoariosto.it](mailto:info@hotelludovicoariosto.it) - <https://www.hotelludovicoariosto.it/>

**Hotel La lanterna**, Phone: +39 0583 639364; Mail: [informazioni@lalanterna.eu](mailto:informazioni@lalanterna.eu) - [www.lalanterna.eu](http://www.lalanterna.eu)

**B&B La Limonaia Casalgrande**, Phone: +39 3280879539; Mail: [chiabai.margherita@yahoo.com](mailto:chiabai.margherita@yahoo.com)

**Hotel Da Carlino**, Phone: +39 0583 644270; Mail: [dacarlino@dacarlino.it](mailto:dacarlino@dacarlino.it) - [www.dacarlino.it](http://www.dacarlino.it)

#### **CAMPER AREA**

La cantina del Vino, Phone: + 39 338 3100772 / + 39 0583 724202; Mail: [info@lacantinadelvinobarga.com](mailto:info@lacantinadelvinobarga.com)

#### **IL CIOCCO | CAMPER (Il Ciocco Stadio - N 44.09369, E 010.47640)**

Inside the Private Estate of Il Ciocco it will be possible to enter with the camper in an unequipped area, which will be used only for parking. In this area you will be able to find water filling stations that you will be able to access independently, and it will be possible, with reservation through the online form, to request electricity connection.

Reservations are mandatory and must be made by July 22, 2023. Without reservation is not possible to enter in this area.

It will be possible to enter the camper area from 08:00 on August 1, 2023.

The cost to enter this area is €150.00 from August 1 to August 6, 2023.

Each reservation will be entitled to a space of 6 x 3 meters. Any request above this square footage will have an additional charge of 12 € per square meter.

Camping is also available. All requests shall be done through: [info@cioccobike.it](mailto:info@cioccobike.it)

#### **2.2. TEAM AREA**

To reserve your place in the team area, download the reservation form from the website and then mail it to [info@cioccobike.it](mailto:info@cioccobike.it). Without registration, you will not be able to access the area.

#### **2.3. MEDICAL - EMERGENCY - LOCAL AUTHORITIES**

A medical team will be present during official training sessions and during competitions.

**Official Doctor of the race:** Claudio COLOMBINI - +39 347 4077900

##### **Nearest hospital**

Santa Croce di Castelnuovo di Garfagnana - Via dell'Ospedale, 3 - 55032 - Castelnuovo di Garfagnana /+39 0583 6691/ 13 km. Away from Il Ciocco

**Ambulance:** 112

**Police:** 112

#### **2.4 TEAMS / OFFICIALS ACCREDITATION**

Teams and officials' accreditations can be collected on

Tuesday, 1<sup>st</sup> August 2023 from 09:00 to 13:00 and 14:30 to 18:30

at the **Secretary Office**, located:

Ciocco Bike Circle - Loc. Il Ciocco - 55051 - Barga (LU) - (N 44.09392, E 010.47733)

Please ensure you collect your accreditation before arriving at the venue as it will be required to access all parts of the venue. Accreditations must be worn and visible whenever you pass through accreditation controls.

**The passes for the technical area will be distributed at the end of the Team Managers meeting.**

## 2.5. MEDIA

### Media Centre:

The Media Centre is located:

Ciocco Bike Circle - Loc. Il Ciocco - 55051 - Barga (LU) - (N 44.09392, E 010.47733)

In order to access the Media Centre, an accreditation is necessary.

### Opening hours:

Tuesday, 1 August	15h00 > 18h00
Wednesday, 2 August	08h30 > 18h00
Thursday, 3 August	08h30 > 18h00
Friday, 4 August	08h30 > 18h00
Saturday, 5 August	08h30 > 18h00
Sunday, 6 August	08h30 > 19h00

### Media Accreditation:

To apply for media accreditation, please visit the UEC website (<https://www.uec.ch/en/media>).

Media accreditation and photographers' bibs can be collected at the media centre during the opening hours.

For any further inquire please contact: Mr Stefano Bertolotti UEC Press Officer - [s.bertolotti@uec.ch](mailto:s.bertolotti@uec.ch) or Mario FACCHINI - [mario.facchini@newspower.it](mailto:mario.facchini@newspower.it)

### 3. OFFICIAL MEETINGS

#### 3.1 COMMISSAIRES PANEL MEETING

Date: 1 August 2023

Time: 08:00

Location: Ciocco Bike Circle - Loc. Il Ciocco - 55051 - Barga (LU) - (N 44.09392, E 010.47733)

#### 3.2. CONFIRMATION / LICENCE CHECK / DISTRIBUTION OF RACE NUMBERS

The license check, the confirmation of riders, the distribution of race numbers and transponders will be organised on

Date : 1 August 2023

Time : 09h00 à 13h00 et de 14h30 à 16h30

Location : Ciocco Bike Circle - Loc. Il Ciocco - 55051 - Barga (LU) - (N 44.09392, E 010.47733)

Team managers must confirm all starters, presenting all licenses (with passport or id card).

Riders' numbers will be distributed during that procedure. Due to the high number of teams entered, a maximum representation of two representatives per team is requested to attend that meeting.

Timing transponders also will be handed out together with start numbers and must be returned immediately after the race to the main building of the village.

If a transponder is not returned a 130 € penalty will be applicable per transponder.

#### 3.3. TEAM MANAGERS MEETING

For all races and age category:

Date : 1 August 2023

Time : 18:00

Location: Il Ciocco | Palestra - Loc. Il Ciocco - 55051 - Barga (LU) - (N 44.09382, E 010.47508)

Attendance is required for:

- UEC representative (s)
- LOC representative (s)
- Commissaires' Panel
- 1 Team Manager per National Teams and/or Club Teams or Mixed Teams.

#### 4. COMPETITION SCHEDULE

**SUBJECT TO CHANGES ACCORDING TO REGISTRATION**

<b>Tuesday, 1 August</b>	<p>09h00 - 13h00 14h30 - 16h30  <b>Confirmation / Licence Check / Distribution of Race Numbers</b>            14:30 – 15:30 Official training – all            15:30 – 16:30 Official training - Under 15            16:30 – 17:30 Official training - Under 17            17:30 – 18:30 Official training - all            18:00 Team Managers Meeting</p>
<b>Wednesday, 2 August</b>	<p><b>Individual Time Trial (TT)</b>            08:00 - 09:00 Official Training TT            09:30 Women and Men 13-14            14:00 Women and Men 15-16</p>
<b>Thursday, 3 August</b>	<p><b>Team Relay (XCR)</b>            09:00 - 10:30 Official training XCR  <b>11:00 Women / Men 13-14 Final</b>  <i>Victory ceremonies</i>  <b>13:00 Women / Men 15-16 Final</b>  <i>Victory ceremonies</i></p>
<b>Friday, 4 August</b>	<p><b>Short Track (XCC)</b>            09:00 - 10:30 Official training XCC  <b>11:00 Women / Men 13-14 Final</b>  <i>Victory ceremonies</i>  <b>14.30 Women / Men 15-16 Final</b>  <i>Victory ceremonies</i></p>



**Saturday, 5 August**

**Cross Country Olympic XCO**

08:30 - 09:30 Official training XCO

**10:00 Women 13**

Victory ceremony

**12:00 Men 13**

Victory ceremony

**14:00 Women 14**

Victory ceremony

**16:00 Men 14**

Victory ceremony

**Sunday, 6 August**

**Cross Country Olympic XCO**

08:30 - 09:30 Official training XCO

**10:00 Women 15**

Victory ceremony

**12:00 Men 15**

*Victory ceremony*

**14:00 Women 16**

*Victory ceremony*

**16:00 Men 16**

*Victory ceremony*



## 5. RACE SPECIFIC REGULATIONS

### ARTICLE 1. GENERAL RULES

- 1.1 The 2023 UEC MTB Youth European Championships are organised by the Union Européenne de Cyclisme (UEC) and the local organizing committee.
- 1.2 The event will be organised in accordance with rules of the Union Cycliste Internationale (UCI) and these rules will be the reference for everything that is not mentioned in the current document.
- 1.3 The 2023 UEC MTB Youth European Championships consist of the following races:
- **Individual Time Trial (ITT)** (in order to decide the starting order of XCR, XCC and XCO, no European title will be awarded)
  - **Team Relay (XCR)**
  - **Short Track (XCC)**
  - **Cross Country Olympic format (XCO)**

**These Championships may be contested by riders entered by their Team Manager as a National Teams and/or Club Teams or Mixed Teams.**

**NOTE: Individual riders, entered by their Team Manager, may participate in the Individual Time Trial and they can qualify for the XCC. The Individual riders may therefore run for the XCC European Champion title.**

### ARTICLE 2. TYPE OF THE EVENT

- 2.1 The event is open to athletes of the 13-14 (U15) and 15-16 (U17) age categories.
- 2.2 Age categories for which the title of the European Champion will be awarded are the following:

XCR Team 13-14 (U15)  
XCR Team 15-16 (U17)

XCC Men 13-14 (U15 men)  
XCC Women 13-14 (U15 women)

XCC Men 15-16 (U17 men)  
XCC Women 15-16 (U17 women)

XCO Men 13  
XCO Women 13

XCO Men 14  
XCO Women 14

XCO Men 15  
XCO Women 15

XCO Men 16  
XCO Women 16

## ARTICLE 3. REGISTRATION / PARTICIPATION

3.1 Teams/riders should register using the following link:

<https://welcome.endu.net/landing/uec/>

Procedure:

1. authenticate your profile by clicking the link in the authentication email you'll receive  
fill the online form (participants may do this on behalf of their teammates)
2. choose one of the following methods of payment:
  - a. e-banking (follow the on-line procedure)
  - b. credit card (follow the on-line procedure)

If you've indicated you're paying with a bank transfer, you'll receive an email confirmation with the amount you'll need to pay along with a unique reference code that you'll need to add to the reference field when you set up the transfer.

If paying with credit card, you'll receive an email confirmation once the payment has been successfully completed.

### **Teams registration**

*Teams registration opens on*

**Monday, 8 May 2023 (18:00 CET)**

*Deadline for the Team registration:*

**Saturday, 22 July 2023 (23:59 CET)**

The registration fee **for Teams is € 215** for all categories.

### **XCO Individual registration**

*XCO Individual riders' registration opens on*

**Monday, 8 May 2023 (18:00 CET)**

*Deadline for the XCO Individual riders' registration:*

**Saturday, 22 July 2023 (23:59 CET)**

The registration fee for **Individual XCO riders** is **€ 80**

**Those riders will start at the end of the start grid (following all teams) according to their qualification times in the ITT or by random if they did not participate in the ITT.**

**The Individual riders may run for the XCC European Champion title.**

**We, therefore, strongly recommend the creation of mixed teams.**

If you are a single rider and wish to create a team, you will be able to find partners on the following link: <https://t.me/uec23findteammate>

3.2 Composition of the teams: 13-14 and 15-16 teams are composed by **3 riders**:

- **1 woman and 2 men**
- **or 2 women and 1 man**
- **or 3 women**

### 3.3 Individual Time Trial

All riders have to take part in this event.

The starting order of XCR, XCC and XCO will be composed according to the results of the Individual Time Trial (no European Title will be given).

For the starting order of XCR the classification of the team will be done by summing the times of the 3 riders.

For the starting order of XCO the classification of each single rider will count.

### 3.4 Team Relay (XCR)

Start grid based on the Individual Time Trial results (see 3.3)

### 3.5 Short Track (XCC)

The composition of the heats will be based on the Single Time Trial results (see 3.3).

**The best 45 based on the Individual Time Trial Results.**

***Note: If a rider qualified in the XCC event is not starting, he will not be allowed to start the XCO event unless the rider has been declared incapable of taking the start of the XCC event by the organiser's chief medical officer or the team doctor.***

### 3.6 Cross Country (XCO)

Start grid for XCO will be based in the following criteria:

- A. Riders of teams, based on the best time given by the sum of ITT and personal lap in XCR.
- B. Riders of teams with only the time recorded in the ITT.
- C. Team riders with only the time recorded in the personal lap in XCR
- D. Riders of teams who have not been able to register any time either in the ITT or in the personal lap in XCR.
- E. Individual riders based on the time recorded in the ITT
- F. Individual riders without any time recorded (in random)

3.7 The age of a rider shall be determined by the difference between the year of the event and the year of birth of the rider.

## **ARTICLE 4. TECHNICAL ASSISTANCE**

The following UCI Regulations will be applicable:

### **UCI Rules**

#### **4.2.044**

No rider may turn back on the course to reach a feed/technical assistance zone.

Any rider doing so is disqualified. Only within the feed/technical assistance zone itself, a rider may turn back without obstructing other riders.

#### **4.2.045**

Technical assistance during a race is permitted subject to the conditions below.

#### **4.2.046**

Authorised technical assistance during a race consists of repairs to or the replacement of any part of the bicycle other than the frame.

Bike changes are not permitted and the rider must cross the finishing line with the same handlebar number plate that he/she had at the start.

#### **4.2.047**

Technical assistance can only be given in the feed/technical assistance zones.

#### **4.2.048**

Spare equipment and tools for repairs must be kept in these zones. Repairs and equipment changes can be carried out by the rider himself or with the help of a teammate, team mechanic or neutral technical assistance.

#### **4.2.049**

In addition to technical assistance in feed zones, technical assistance is permitted outside these zones only between riders who are members of the same registered team.

Riders may carry tools and spare parts provided that these do not involve any danger to the rider himself or the other competitors.

## **ARTICLE 5. TECHNICAL ASSISTANCE / FEEDING ZONES**

In XCO races, 2 single technical assistance / feeding zones will be organized.

The location of the technical assistance / feeding zones is shown in appendix.

For the cross-country team relay event during the world championships and, if applicable, during the continental championships, a feed/technical assistance zone can be set up for technical support only, at the discretion of the president of the commissaires' panel. For the sake of clarity, feeding from the feed/technical zone is not permitted for the cross-country team relay events.

Technical assistance / Feed zone passes will be distributed after the Team Managers meeting.

**ARTICLE 6. AWARDS CEREMONIES**

In accordance with articles 1.2.112 and 1.2.113 of the UCI Regulations, the 3 best riders of each category must attend the official awards ceremony.

Unless otherwise stated, riders shall appear at official ceremonies wearing their competition clothing.

Riders must present themselves at the podium in a maximum of 10 minutes after crossing the finish line.

**ARTICLE 7. JERSEY AND MEDALS**

Every European Championship will be awarded with:

<b>The 1<sup>st</sup> place:</b>	<b>Gold medal and Champion(s) jersey</b>
<b>The 2<sup>nd</sup> place:</b>	<b>Silver medal</b>
<b>The 3<sup>rd</sup> place:</b>	<b>Bronze medal</b>

**ARTICLE 8. PENALTIES**

The UCI penalty scale is the only one applicable.

**ARTICLE 9. RESPONSIBILITIES**

The Organiser and UEC will not, under any circumstances, be liable to any accidents or damage that occurs during training and competitions.

The Organiser and UEC decline all responsibilities towards the riders and others in case of an accident.

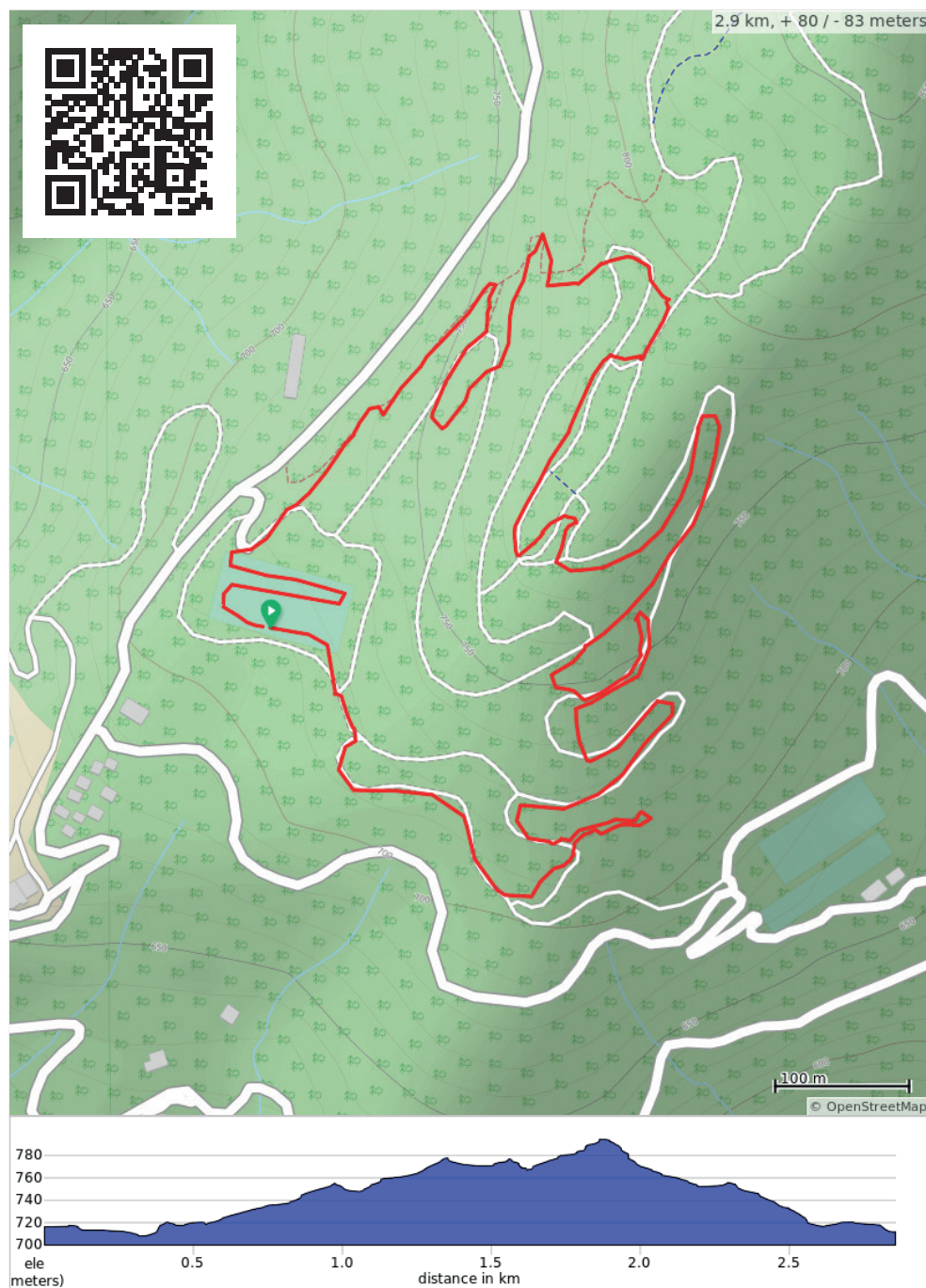
For all cases not covered by these specific regulations, the UCI rules will apply. Any problems will be solved between the organizers, the Commissaires Panel and UEC officials.



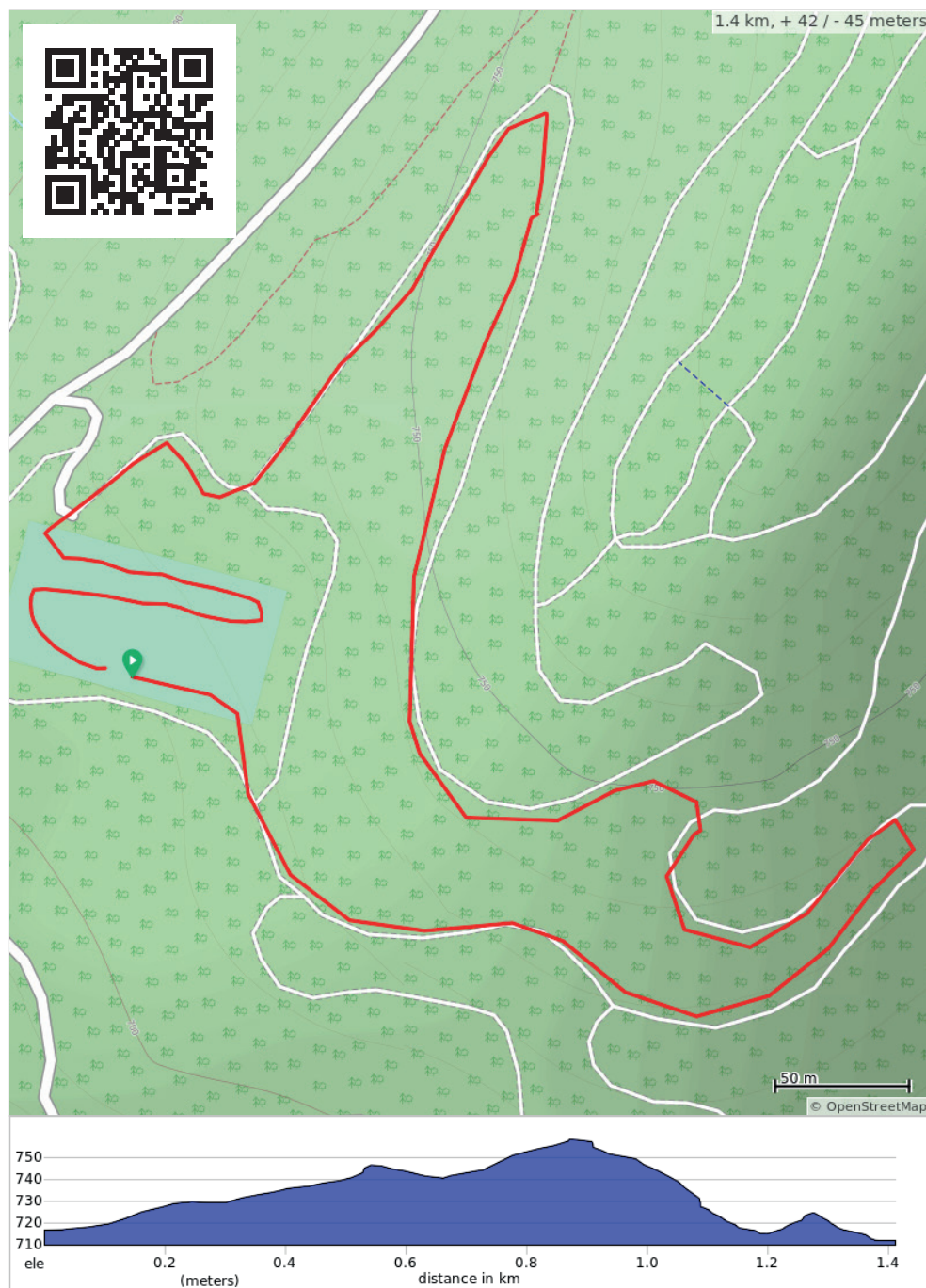
## 6. APPENDICES

### VENUE LAYOUT / COURSE MAPS

#### UEC 2023 - Ciocco Bike - XCO



## UEC 2023 - Ciocco Bike - XCC





## UEC 2023 TIME TRIAL

