



**2023 UEC Mountain Bike
Youth European Championships
XCR – XCC - XCO**

Capri Il Ciocco Mugano

02 – 06 August 2023

- Welcome -

- **Andrea MARCUCCI (ITA)**
President Local Organizing Committee
info@cioccobike.it
- **Valerio VARSELLA (ITA)**
Local Event Manager
- **Sergio BATTISTINI (ITA)**
Race director
s.battistini@dolomeet.it
- **Paolo PESSE (ITA) – Giorgio BARUFFI (ITA)**
Technical Delegate UEC
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- **Vittorio OLDANI (ITA)**
President of the Commissaires' Panel
oldanivittorio2020@gmail.com

Commissaires' Panel

| | |
|-------------------|---------------------------|
| PCP | Vittorio OLDANI (ITA) |
| Member | Diego TOSTI (ITA) |
| Member | Loredana MOLLO (ITA) |
| Member | Pierluigi CANDIOTTO (ITA) |
| Member | Giulia LAGHI (ITA) |
| Member | Giuseppe CANAZZA (ITA) |
| Race secretary | Marinella VERGA (ITA) |
| Finish line Comm. | Elisa MARRAS (ITA) |



2023 MTB YOUTH
European Championships



| | |
|-------------------------|-----|
| Riders registered | 839 |
| Team Under 15 | 135 |
| Team Under 17 | 138 |
| Number of nationalities | 27 |

A great participation!
Very important numbers!

Thank you for your interest.
Thank you for your presence.

Your cooperation in this event is very important!



2023 MTB YOUTH
European Championships

Official Doctor of the race:

A medical team
will be present during official training sessions and during competitions

The closest Hospital with A&E department are located in Santa Croce di Castelnuovo di Garfagnana - Via dell'Ospedale, 3 - 55032 - Castelnuovo di Garfagnana +39 0583 6691

In case of emergency please dial 112 (one-one-two)



2023 MTB YOUTH
European Championships

- Schedule -

Tuesday 01 August

**CONFIRMATION / LICENCE CHECK
DISTRIBUTION OF RACE NUMBERS**

9.00 to 13.00 and 14.30 to 16.30

Permanence

Ciocco Bike Circle - Loc. Il Ciocco - 55051 - Barga (LU) - (N 44.09392, E 010.47733)

<https://www.google.com/maps/d/u/2/viewer?mid=1kJH8DX9O6wGoBpXgnUjaeQY5U9AbQvU&ll=44.09595542094304%2C10.48130785000001&z=18>

- Schedule -

Wednesday, 02 August

| | |
|---------------|--|
| 08:00 – 09:00 | Official Training ITT |
| 9:30 | Individual Time Trial (ITT) Under 15 – lap 1 first the women then the men |
| 14:00 | Individual Time Trial (ITT) Under 17 – lap 1 first the women then the men |

15:00 / 17:00 Bibs delivery team relay under 15

- Schedule -

Thursday, 03 August

| | |
|--------------|-------------------------|
| 9:00 – 10:30 | Official Training |
| 11:00 | Team Relay Under 15 |
| | <i>Victory Ceremony</i> |
| 13:00 | Team Relay Under 17 |
| | <i>Victory Ceremony</i> |

9:00 / 10:00 Bibs delivery team relay under 17

15:00 / 16:00 Bibs delivery XCC under 15 and under 17

- Schedule -

Friday, 04 August

Race duration will be confirmed at the start

| | |
|--------------|-------------------------|
| 9:00 – 10:30 | Official Training |
| 11:00 | Men/ Women Under 15 XCC |
| | <i>Victory Ceremony</i> |
| 14:30 | Men/ Women Under 17 XCC |
| | <i>Victory Ceremony</i> |

09:00 / 12:00 Bibs delivery XCO Under 15

14:00 / 17:00 Bibs delivery XCO Under 17

- Schedule -

Saturday, 5 August

The number of laps will be confirmed at the start

| | | |
|-------------|-------------------------|-------------------------------------|
| 8:30 - 9:30 | Official training | |
| 10:00 | XCO Women 13 y.o. | 3 LAPS (start loop + 2 laps) |
| | <i>Victory Ceremony</i> | |
| 12:00 | XCO Men 13 y.o. | 4 LAPS (start loop + 3 laps) |
| | <i>Victory Ceremony</i> | |
| 14:00 | XCO Women 14 y.o. | 3 LAPS (start loop + 2 laps) |
| | <i>Victory Ceremony</i> | |
| 16:00 | XCO Men 14 y.o. | 4 LAPS (start loop + 3 laps) |
| | <i>Victory Ceremony</i> | |

- Schedule -

Sunday, 06 August

The number of laps will be confirmed at the start

| | | |
|-------------|-------------------|-------------------------------------|
| 8:30 - 9:30 | Official training | |
| 10:00 | XCO Women 15 y.o. | 4 LAPS (start loop + 3 laps) |
| | <i>Ceremony</i> | |
| 12:00 | XCO Men 15 y.o. | 5 LAPS (start loop + 4 laps) |
| | <i>Ceremony</i> | |
| 14:00 | XCO Women 16 y.o. | 4 LAPS (start loop + 3 laps) |
| | <i>Ceremony</i> | |
| 16:00 | XCO Men 16 y.o. | 5 LAPS (start loop + 4 laps) |
| | <i>Ceremony</i> | |

- Course Configuration-

Individual Time Trial (ITT)

NO FTZ

LAP 699 mt.

DIFFERENCE IN ALTITUDE: 14 mt



- Course Configuration-



- Course Configuration-

Lap : 2800 mt

XCO

F/TZ 1 : 200 mt to finish

F/TZ 2 : 1730 mt to finish

Team Relay (XCR)

Cross Country (XCO)

Difference in altitude: 105 mt

XCR

TZ 1 : CLOSED

TZ 2 : 1730 mt to finish

Start loop: NO

- Course Configuration-



LAP 1,681 mt.

FTZ 1: 200 mt. to finish

RACE TIME: 11'+ 1 LAP

- Race Trails GPX Collection -



- Rules reminders -

Individual Time Trial (ITT)

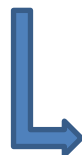
- All riders have to take part at the event
- No “European Title” will be given
- All riders MUST BE PUNCTUAL
- Departure every 30 seconds according to the start list
- Last call up will be 3 minutes before the start
- Individual Time Trial NO F/TZ

- Rules reminders -

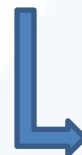
Team Relay (XCR)

***For the starting order:
the classification of the team will be done by summing the times of the 3 riders of the TT***

Starting order



summing the times of the 2 riders + 1 rider DNF / DSQ....



the time of the 1 rider + 2 riders DNF / DSQ....



NO time – random teams with 3 riders + DNF / DSQ....

- Rules reminders -

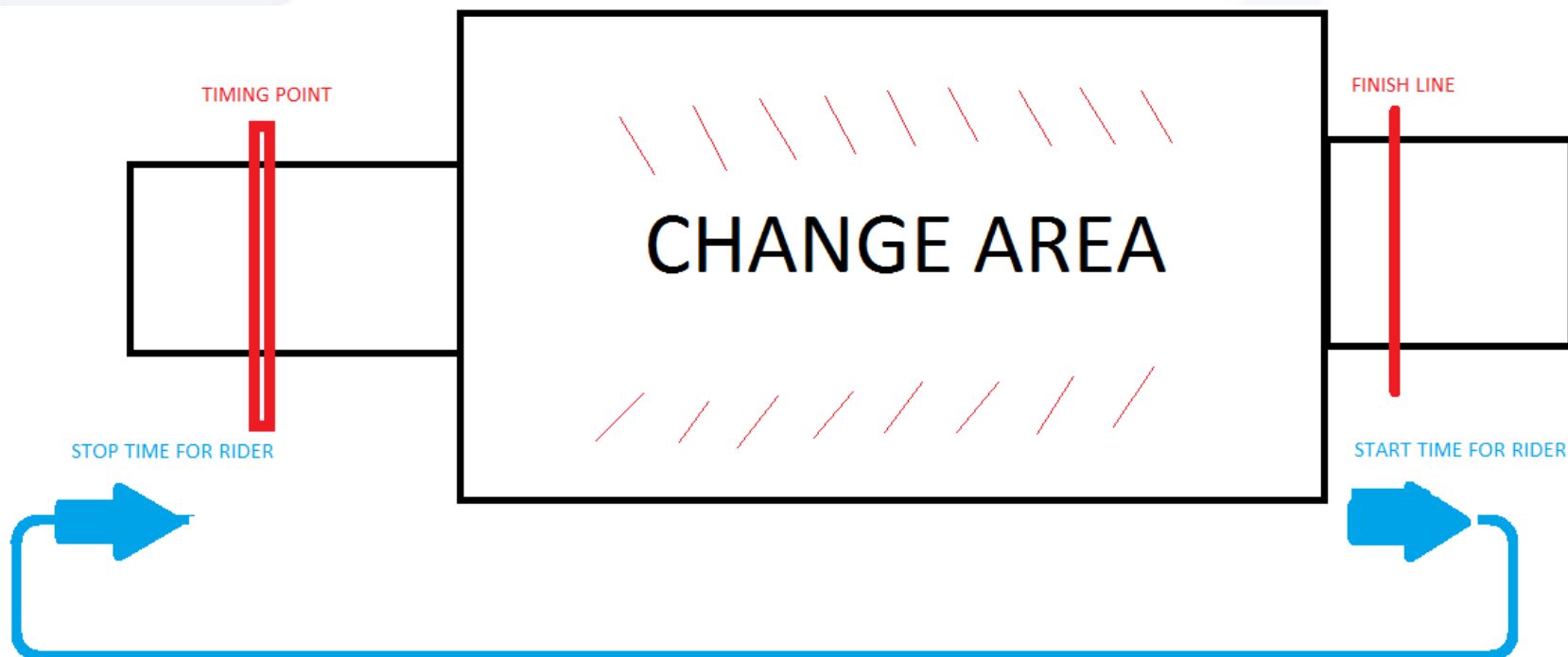
Team Relay (XCR)

- Call up **15** minutes before the start (call up only for first rider)
- No Team Manager in the start area
- Only Technical assistance (***no feed***) only inside the TZ 2
- The rider may only start upon the arrival of the preceding team mate

IMPORTANT: change by contact between riders !

- Rules reminders -

Team Relay (XCR)



The personal lap time of the rider

- Rules reminders -

Short Track (XCC)

The titles of the UEC European Champion:

XCC U15 MEN

XCC U17 MEN

XCC U15 WOMEN

XCC U17 WOMEN

- Riders registered as individuals can't participate in the XCC race
- The best **45 men** and **45 women** according to the results of the Individual **Time Trial** will be qualified for the XCC
- The starting order of the heats will be based on the Individual Time Trial result
 - In case of equal time in the ITT, discriminating will be the best time in personal his lap during the XCR race; lastly, in case of equal time will be the best total time of the team
- **If qualified rider doesn't take part in the XCC, he won't be allowed to start in the XCO** (3.5 Technical Guide)

- Rules reminders -

Cross Country XCO

The starting order:

- On the individual time trial results
AND
- The personal lap time of the rider in the Team Relay



Riders with only one time

1. Only time in XCR
2. Only time in TT

Riders with NO time – random riders DNF / DSQ....

Riders Individual registration based on the recorded in the ITT and then by random

These riders will start at the end of the start grid (following all teams)

- Rules reminders -

Cross Country (XCO) e
Short Track (XCC)

- Call up **15** minutes before the start
- **8** riders per line
- 80% rule
 - All races
 - Located **200 m** before the finish line

- Rules reminders -

Individual Time Trial (TT)

Team Relay (XCR)

Short Track (XCC)

Cross Country XCO

- Technical assistance is NOT permitted outside the FTZ
- Pass for FTZ
- Camera is permitted only during training
- Team Manager needs a plate during the training on the course

- Awards ceremony -

- The first **3** riders must be ready for the ceremony wearing the race clothing
- No advertising in the podium (no glasses, no cap, no bike etc) till the end of the official ceremony

- Antidoping information -

International Testing Agency



A certain amount of controls will be conducted under UCI Anti-Doping rules and ITA procedures and instructions

NADO ITALIA



A certain amount of controls will be conducted under WADA rules and NADO ITALIA procedures and instructions



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- Antidoping information -



DOPING CONTROL STATION:

Doping control will be made on the locker room-gym next to the open horse riding hall.

Thank you
and
Good Luck !



UEC HEADQUARTERS
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www.uec.ch