

2023 UEC BMX European Cup

Rounds 5 & 6 Valmiera (LAT), 6 & 7 May 2023 UEC.Cycling f UECChannel 🛅 d UEC\_Cycling 💟 🖾 WWW.UEC.ch



# 2023 UEC BMX EUROPEAN CUP Rounds 5 & 6 6 & 7 May 2023





UEC.Cycling UECChannel 🔠 d UEC\_Cycling 💟 🖸 www.uec.ch

# **CONTENT TECHNICAL GUIDE**

INTRODUCTION
TRACK DETAILS
THE CITY OF VALMIERA
GENERAL INFORMATION
LOCATION
WELCOME CENTRE
PROGRAMME*8
RIDER CATEGORIES9
REGISTRATION AND RIDER'S CONFIRMATION9
RULES
ACCREDITATION
2023 UEC BMX EUROPEAN CUP TEAM RANKING13
PRIZE MONEY AND TROPHIES14
TRACK BOOKING
CAMPING15
HOTEL
LIVESTREAM
PARKING17
CATERING17
SHOPS
PRESS
MEDICAL INFORMATION



UEC Official Partners





# INTRODUCTION

Valmiera Olympic Centre and the city Valmiera are very proud to welcome you to the BMX track, inspired by the great achievements of two-times Olympic gold medallist Maris Strombergs.

# **TRACK DETAILS**

The track is 330 meters long, with two starting hills (8 and 5 meters high) and three start gates (8, 5 and 3 metres high). BMX track configuration has been developed by "PRO TRACKS" – experienced developers of several Olympic BMX tracks.









UEC.Cycling f UECChannel 🛅 d UEC\_Cycling 💟 🖾 WWW.UEC.ch

# THE CITY OF VALMIERA

#### Valmiera – sports capital of Latvia

As you arrive in Valmiera, you immediately feel that the city is bustling with life. Valmiera has long been the centre of entrepreneurship, education and a vibrant life. Surrounded by the greenest forests and clearest rivers, Valmiera is home to genuine and sincere people. It's a safe and familyfriendly city with a rich cultural heritage, delicious food and boundless opportunities for leisure and sporting activities.

Valmiera Municipality was rated 'the most athletic municipality of the year' in Latvia for two years running. We have everything we need to achieve our athletic goals on our doorsteps – a swimming pool, hockey arena, the Jānis Daliņš Stadium and Athletics Arena, "Mežs" – an active recreational park featuring a skate park, bicycle track, outdoor exercise equipment and playground.

The BMX track in Valmiera is named after two-time Olympic BMX champion Māris Štrombergs, a resident of Valmiera. Last year the track also became the Northern Europe Centre for the BMX European Cycling Union (UEC).

We can safely say that people in Valmiera love sport, so we're happy to welcome anyone who wants to train and play sport here. The symbol of the city is the Medal of Growth. It confirms the idea that anyone that contributes to the development of Valmiera with their work, ideas and energy, deserves to receive the Medal of Growth. In Valmiera we celebrate success with new goals!

This year, from the 21<sup>st</sup> to the 23<sup>rd</sup> of July, Valmiera will celebrate its 740<sup>th</sup> birthday with an extensive cultural, sports and entertainment programme. You'll always receive a warm welcome in Valmiera!







CHARCUTERIE 100% NATURELLE



UEC.Cycling UECChannel 🔠 d UEC\_Cycling 💟 🖸 www.uec.ch

# **GENERAL INFORMATION**

Organisation:	Valmiera Olympic Centre		
Location:	Cempionu iela 3, LV-4201, Valmiera, Latvia		
Competition:	2023 UEC BMX European Cup Rounds 5 & 6 Saturday: C1 class Sunday: HC class		
Date:	6 & 7 May 2023		
Information:	Valmiera Olympic Centre Email: sandis.karklins@voc.lv Website: www.valmierasoc.lv Facebook: https://www.facebook.com/ValmierasOlimpiskaisCentrs Instagram: @valmierasolimpiskaiscentrs Twitter: @VOCsports Phone: +371 29479071		
UEC Event Manager:	Mrs. Jolanda Polkamp, email: jolandapolkamp@gmail.com		
National Federation:	LRF email: <u>bmx@lrf.lv</u>		
Parking:	For teams: 1 parking for campers (B). For officials: 1 parking (A), no admission fee. For spectators: A free parking place is located 1min walk from the track. And about 50m from the track there is another free parking located.		
Camping:	The camping site will be open: Thursday May 4 from 15:00 p.m. to 20:00 p.m. Friday May 5 from 9:00 a.m. Price for the whole event (Friday-Monday) is $\in$ 100, including electricity, public toilets and showers. Each campsite is 3 x 6 m large. <b>Reservation required. ONLY UNTIL APRIL 28. Available here:</b> <u>https://forms.gle/Rr3nfY3JTQHk3EG5A</u>		
Admission fee:	Two day ticket (Saturday + Sunday) € 10,00.		
Team-area:	UEC 2023 registered teams, € 150,00 Non-registered teams, € 200,00 <b>Team space: reservation required. Please contact via e-mail:</b> biedriba81@gmail.com		





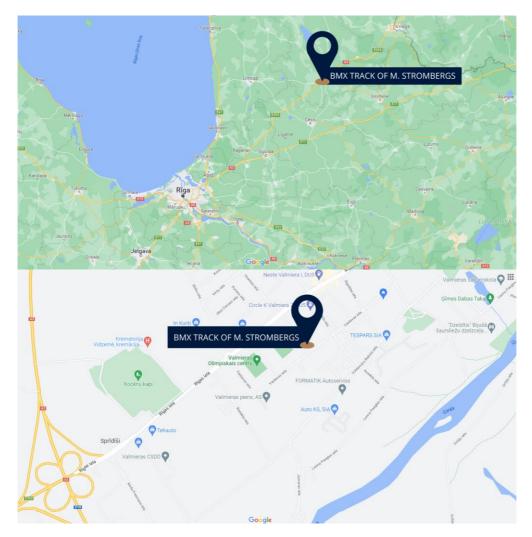
CHARCUTERIE 100% NATURELLE



# LOCATION

The BMX track of Maris Strombergs is located in the North of Latvia, city Valmiera.

More information: <u>http://bmxvalmiera.lv/en/home-3/</u>



### By car

Driving from the road P133 to the street Kārļa Ulmaņa gatve / A10. Head to Kārļa Ulmaņa gatve / A10. Vidzeme suburb: drive along Brīvības Street to A2 Street. Kocēni parish: take the road A2 and A3 to Rīgas iela. Valmiera: drive along Rīgas iela to Vaidavas iela. At the roundabout, take the 1st exit onto Vaidavas Street. Turn left to stay on Vaidavas Street.

UEC Official Partners

# By plane

By plane: Riga Airport (RIX), is located 115 km from the track, approximately 1 h 30 min drive.

# TRANSFERS (RIGA - VALMIERA // VALMIERA - RIGA)

Transportation services for teams - VTU Valmiera Contacts: <u>komerc@vtu-valmiera.lv</u>, +371 29404505, <u>www.vtu-valmiera.lv</u> Company provides transportation services with driver by 8; 16-19; 34-36-passenger buses









# WELCOME CENTRE

The Welcome Centre is located address: Cempionu iela 3, Valmiera, BMX track of Maris Strombergs.

The Welcome Centre will be used for:

- Riders Confirmation (Chef D'Equipe) ٠
- UEC BMX Teams registration •
- Accreditation •
- Camping
- Team area payment •

**Opening hours Welcome Centre:** 

Date	Open	Closed
Thursday, 4 May	15:00 a.m.	20:00 p.m.
Friday, 5 May	10:00 a.m.	20:00 p.m.
Saturday, 6 May	9:00 a.m.	20:00 p.m.
Sunday, 7 May	9:00 a.m.	20:00 p.m.



UEC Official Partners





# **PROGRAMME\***

The time schedule will be established by the UEC according to the number of entries and will be forwarded in due time to the Organiser of the race, and will be posted on the UEC website (<u>www.uec.ch</u>) after the registration deadline.

Block 1: Challenge riders 7-14 & Cruisers

To be updated by UEC after registration

Block 2: Challenge riders 17-25+

Block 3: Championship classes & Boys 15/16 & Girls 15/16

<b>FRIDAY</b> 09.00		Welcome Centre open		
		UEC Team registration / UEC Team manager accreditation		
		Rider's Confirmation / Chef d'Equipe accreditation		
		Team manager meeting		
	12.00	Challenge riders 15/16		
		Training Championship classes		
		Training Challenge riders 7 - 25+ years		
		Training Cruisers		
SATURDAY	08:00	Warm-up Challenge riders 15/16		
		Warm-up Championship classes		
		Moto 1 Challenge riders 15/16		
		Round 1 Championship classes		
		Moto 2 Challenge riders 15/16		
		Last Chance Qualifier (LCQ) Championship classes		
		Moto 3 Challenge riders 15/16		
		Qualifiers Challenge riders 15/16 & Championship classes		
		Finals Challenge riders 15/16 & Championship classes		
		Award Ceremony Challenge riders 15/16 & Championship classes		
		Warm-up Challenge riders 7 - 25+ years & Cruisers		
	3 moto's riders 7 - 25+ years & Cruisers			
		Warm-up sidecars		
		Qualifiers riders 7 - 25+ years & Cruisers & 3 moto's sidecars		
		Finals riders 7 - 25+ years & Cruisers		
		Award Ceremony riders 7 - 25+ years & Cruisers		
SUNDAY		Schedule like the Saturday schedule		

\* Subject to change





CHARCUTERIE 100% NATURELLE



# **RIDER CATEGORIES**

## **Championship classes:**

Men Elite	19 years and older
Women Elite	19 years and older
Men U23	19 to 22 years old
Women U23	19 to 22 years old
Men Juniors	17 and 18 years old
Women Juniors	17 and 18 years old

#### **Challenge classes:**

Boys:	7, 8, 9, 10, 11, 12, 13, 14, 15/16 (minimum age 7 years old)
Girls:	7, 8, 9, 10, 11/12, 13/14, 15/16 (minimum age 7 years old)
Men:	17/24, 25+
Women:	17+
Cruisers:	17/29, 30/39, 40/44, 45+
Cruiser Women:	17 +

# **REGISTRATION AND RIDER'S CONFIRMATION**

#### **Registration procedure**

All federations will be informed by e-mail of the registration procedure. The deadline for registrations is 2,5 weeks before the event on Wednesday 23:59. UEC does not accept registrations from individual riders.

#### Late entries

LATE ENTRIES ARE NOT ACCEPTED.

ONLY payments within the deadline, done via the UEC bank account are accepted. NO RIDER will be accepted at the start without prior payment done by bank transfer to the UEC bank account

#### **Deadline online registrations**

Federations have the possibility to cancel riders before the deadline for each particular event until Monday (23:59 CET) before the event. In case this is done, the entry fee is not payable. The entry fee remains payable to UEC in case a rider's entry is cancelled or not confirmed following the registration deadline.

#### **Rider confirmation**

All team managers and Chef d'Equipe must attend the rider confirmation on Friday at the Welcome centre to confirm their riders participation for the event.

If there is a no show from one delegation the UEC will send the invoice accordingly. The registration to the next event will depend on the payment of the invoice.

#### Transponders

All riders in Championships classes (Junior, U23 and Elite) require a UEC transponder to be able to participate. The transponders are provided by UEC. They will be provided in a bag per country to the Chef d'Equipe / team manager. Immediately after the race, the transponders for each country must be handed in by the Chef d'Equipe / team manager after the race.

If a rider fails to return the transponder after the event, the UEC will send an invoice of  $\in$ 100.- per transponder to the federation. The rider will not be able to participate in the next UEC BMX European Cup round until the invoice is paid.





CHARCUTERIE 100% NATURELLE



# **Registration fees**

The entry fees for all riders must be paid by federations in full to the UEC bank account before the deadline set for the event. Deadline for payment is Monday before the race weekend.

The 2023 registration fees are the following:

Challenge classes:	€ 35 per entry, per round
Junior Classes:	€ 45 per entry, per round (including transponder)
U23 Classes:	€ 55 per entry, per round (including transponder)
	(€ 65,00 if the rider U23 chooses to compete in the elite class)
Elite Classes:	€ 65 per entry, per round (including transponder)

Above apply both for all races of the UEC BMX European Cup.

# **Payment details for federations**

For all rounds – UEC bank account: Union Européenne de Cyclisme (UEC) BIC / Address SWIFT: UBSWCHZH80A UBS Switzerland AG / Place St François 16 / CH – 1002 LAUSANNE Account EURO IBAN: CH70 0026 9269 9200 65M9 K







# RULES

The provisions of the latest version of the UCI's BMX Rulebook apply with a few amendments:

- Riders categories: as set forth in chapter 7.
- UEC BMX European Cup events are open to all riders who are licensed by a National Federation, with a minimum age of 7 years old. There is no limit in the number of riders a country can register.
- Event format Challenge categories: For all Challenge categories scrambled seeding is used for the motos according to article 6.1.027quater of the UCI BMX Rulebook.

# **Event format Championship categories:**

- the UCI BMX World Cup system is used according to articles 6.3.009 till 6.3.014 of the latest version of the UCI BMX Rulebook.
- Riders are not automatically entered in both Rounds of each UEC BMX European Cup event. During riders confirmation on Friday, riders can opt to participate in only 1 Round during the UEC BMX European Cup event.
- All riders in Championships categories require a UEC transponder to participate in UEC BMX European Cup Rounds.
- If the number of Championship riders registered is 12 or less the categories will be combined.

The posting of race information including start lists and results will be done electronically at every event of the UEC BMX European Cup events.

Rider's equipment:

- All riders receive a number plate and side plate from UEC at registration of the UEC BMX European Cup Race. In all UEC sanctioned BMX events a rider must display the number plate and side plate assigned to him. A rider who fails to display the correct number plates will be refused their start, or relegated, if it is noticed after beginning a heat or run.
- All Championship and Challenge riders must either wear a clearly visible national flag of their country on both shoulders or the national jersey of their country.
  - If a Championship rider is National Champion in their class, this rider must wear either:
    - the jersey awarded by the federation,
    - o a replica of that jersey with publicity in the spaces allowed by the regulations,
    - $\circ$  their normal jersey with the left sleeve designed to look like the flag of their country

All riders, coaches, parents, commissaires, personnel and visitors must respect Covid-19 rules implemented on the venue by the organiser.

Number of motos: in case of special conditions (weather, wind or else) or a high number of participants, the UEC BMX Commission allows the PCP in agreement with the UEC Technical delegate to reduce the number of motos. This can only apply for challenge classes and never for championship classes.

If necessary, the UEC Technical delegate and PCP can decide to call for other meetings during the event.

#### Team manager meeting

Team Managers meeting will be on Friday, as indicated in the time schedule. The location of the meeting will be indicated at the event. The participation is mandatory for: max. 1 National Delegate (Chef d'Equipe); max. 1 Team Manager of the UEC registered team; max. 1 Team manager of UCI registered team, max. 2 National BMX Coaches (registered by National federation). If necessary, the UEC Technical delegate and PCP can decide to call for other meetings during the event.





CHARCUTERIE 100% NATURELLE



# ACCREDITATION

A Chef d'Equipe or his nominated staff is accredited by the UEC with the right to enter a restricted zone in order to perform his duties. Such accreditation may be revoked for any breach of the UCI Regulations or noncompliance with the instructions of the organisation or the Commissaires' panel.

Members of the country delegations will receive accreditation at all UEC events according to the following schedule if they register their staff by sending an email to <u>jolandapolkamp@gmail.com</u> before the event.

Riders	Maximum accreditation
1 – 2	1
3 – 10	2
11 – 20	3
21 – 50	5
51 – 100	7
101 – 200	9
201 +	10
Host country	10

# Athletes

All athletes will be given a wristband so that they can reach all areas necessary.

# **National Teams**

Each National Championships team must register their staff (Championship coach, doctor, other staff members) must be registered by sending an email to <u>jolandapolkamp@gmail.com</u> before the event. UCI teams have the same rights as national teams.

# Chef d'Equipe

Each federation which registers riders must appoint a Chef d'Equipe (national team manager) to represent the interests of all of its riders. Each Chef d'Equipe must confirm the presence of each rider as per the pre-registration riders list, on the scheduled day and times of registration.

#### Mandatory registration of staff before the event

Before each event a national federation must register their Chef d'Equipe and the whole team, the registration will be checked at the event. Please send an email with the names of the staff members to jolandapolkamp@gmail.com before the event.

Chef d'Equipe, Team managers and assistants must present a license from the federations. UEC will check the registration of the staff and then they will be given the accreditation. Without a registration UEC will not give out accreditation.

UEC Official Partners







# **National BMX coaches**

UEC acknowledges official BMX National coaches for European Cup. National federations have to register their coaches. They will be provided with accreditation per race. A country can register max 2 coaches per country per race. Please send an email with the names of the staff members to jolandapolkamp@gmail.com before the event.

# **Personal BMX coaches**

Championships riders who come to the event with a personal BMX coach are offered the possibility to buy a Coach accreditation. This accreditation costs €150 per weekend. This allows you access to the team manager meeting and coach area.

This coach accreditation can be bought at the Welcome Centre on Friday between 9.00 and 12.00.

# 2023 UEC BMX EUROPEAN CUP TEAM RANKING

# **UEC Registered teams**

UEC teams (<u>http://www.uec.ch/en/teamsbmx</u>) must confirm their 4-rider participation on Friday before each event (see time schedule) at the Welcome Centre. Team managers have to fill-in the team Entry form at team confirmation. In return for the registration they receive accreditation for the event.

# Accreditation team manager

Teams only receive accreditation when they enter the team competition at the event. A UEC BMX team manager or his nominated assistant is accredited with the right to enter a restricted zone in order to perform his duties. Such accreditation may be revoked for any breach of the UEC or UCI Regulations or non-compliance with the instructions of the organisation or the commissaires' panel.

#### **Team Spaces for UEC registered teams**

UEC Teams must register team spaces as indicated in the event Technical Guide. The organiser will provide spaces for team tents to UEC registered teams, or  $6 \times 3$  m for each team, at the cost of  $\in$ 150 per team space. This includes 1x free event entry ticket per team tent space paid for.

For all rules concerning UEC BMX European Cup Team Ranking see European Cup Team Rules document on UEC website (<u>www.uec.ch/en/bmx-european-cup</u>).

#### **Team Spaces for other teams**

The organiser can provide spaces for team tents to non-UEC registered teams, of 6 x 3 m for each team, at the cost of  $\in$  200,00. These teams receive 1 free event ticket from the organizer per team tent (6x3m).

## **Registration Team area**

Send your team area booking request to: <u>biedriba81@gmail.com</u> <u>Registration allowed until May 1.</u> It is possible to rent tents (6 x 3m) and 4 chairs and a table at the cost of  $\in$ 200.

#### **Payment Team area**

Payment must be done on Friday, May 5, 10.00 from 20.00 in the Team Area Registration (Welcome centre).





HARCUTERIE 100% NATURELLE



# **Team area rules**

Arriving will be permitted from Thursday, 4 May, 15.00 a.m.

- Teams must leave 4 hours after events
- Team Tent area will be closed two hours after the races/practice end.
- The organisers will assign space locations.

During the event for any info/concerns please refer to:

• Kristers Taims biedriba81@mail.com, +371 26181505

No cars or other motorized vehicles will be admitted to the Team pit lane

# **PRIZE MONEY AND TROPHIES**

#### **Prize money Championship classes**

The prize money will be paid by the UEC directly on the bank account of each rider. Bank details and IBAN code from top 8 riders will be requested following the finals and award ceremony.

#### **Podium ceremony**

Only Championship riders who come in 1st to 3rd place are obligated to attend the podium ceremony in race uniform.

UEC requires a clean podium photo without commercial attributes, like helmets, goggles or bikes, for media purposes. Afterwards riders may take photos with commercial items.

#### Prize money (per round)

The prize money will be increased by 10% with more than 1'000 participants registered per day.

	ELITE	U23	JUNIORS
	Men / Women	Men / Women	Men / Women
PLACE	€ / round	€ / round	€ / round
1	€ 1.600	€ 400	€ 100
2	€ 800	€ 200	€ 90
3	€ 400	€ 100	€ 80
4	€ 350	€ 85	€ 70
5	€ 300	€ 75	€ 60
6	€ 250	€ 60	€ 50
7	€ 200	€ 50	€ 40
8	€ 150	€ 40	€ 30

# Saturday: C1 class / Sunday: HC class

# **Challenge Categories**

Cups for places 1 - 8 for both rounds award ceremony. Top 3 Challenge riders on the podium, the other finalists receive their trophy at the finish line.







# **TRACK BOOKING**

The track will be open for practice during one week before the event (April 24 – April 30) The BMX track can be booked for practice: The price is  $\leq 100/h$ 

The track will be open for (non-event) practice during the event week (May 1 - May 7) The BMX track can be booked for practice: The price is  $\in 20$  per rider per slot.

To book time on the track, check availability and prices please contact: <u>sandis.karklins@voc.lv</u>. Week before the European Cup 2023 Rounds 5 & 6, Valmiera Olympic centre is organising Valmiera Olympic centre Cup 2023. Anyone interested can participate by registering in advance by writing an application by e-mail: <u>biedriba81@gmail.com</u>. More information: <u>www.bmxvalmiera.lv</u>.

#### CAMPING

#### **PARKING B = CAMPERS**

Team BMX Valmiera offers the option of camping at the event. The campsite is situated at PARKING B on the right side of the track.

Arrival from May 4, from 15.00 p.m. until 20.00 a.m. May 5, from 10.00 p.m. until 20.00 a.m.

**Departure** May 8, until 10.00 p.m.

#### Price € 100,00 (only form parking B, for campers)

Facilities campsite: fresh water, showers, wc. Electric power available.

To reserve a camping place, fill in the <u>CAMPING FORM</u> on the event website: <u>www.bmxvalmiera.lv</u> Deadline: 28<sup>th</sup> of April

Payments must be done on site directly in the Camping Area Entrance. PAYMENT BY CHECK IS NOT ACCEPTED.

## **CAMPING WITH TENTS**

Arrival from May 4, from 15.00 p.m. until 20.00 a.m. May 5, from 10.00 p.m. until 20.00 a.m.

**Departure** May 8, until 10.00 p.m.

Price € 00,00

Facilities campsite: WC available. No electric power available.







UEC.Cycling f UECChannel 🛅 d UEC\_Cycling 💟 🖾 WWW.UEC.ch

# HOTEL

Official race Hotel **Sports Hotel** Vaidavas iela 15, Valmiera, LV-4201 Homepage: <u>www.sportshotel.lv</u> E-mail: <u>info@sportshotel.lv</u>

## **Stadium Hotel**

Jāņa Daliņa iela 2, LV-4201 Homepage: <u>https://janadalinastadions.lv/stadium-hotel/</u> E-mail: <u>info@janadalinastadions.lv</u>

#### **Bestes Apartaments**

Bērzu iela 5, Kocēni, Kocēnu pagasts, LV-4220. E-mail: <u>iveta@bestesapartamenti.lv</u>

## **Hotel Wolmar**

Tērbatas iela 16A, Valmiera, LV-4201 Homepage: <u>www.hotelwolmar.lv</u> E-mail: <u>info@wolmar.lv</u>

https://visit.valmiera.lv/en/accommodation/







# LIVESTREAM

All UEC BMX European Cup rounds are broadcasted live on UEC website: www.uec.ch .

#### PARKING

At a walking distance of about 100 meters there is parking available for riders, visitors and non-UEC registered teams. Please follow the signing. Price (if the parking is not free).

A free parking place with limited capacity is situated next to the track for team managers or UEC registered teams and officials. This parking is clearly indicated and the car must be provided with a parking card. You will receive the parking card at the riders confirmation. Others are required to pay for their parking.

# CATERING

There will be several catering stands, where you can buy hot and cold food and drinks. Also for teams and team members a café will be open, 200 m from the track.

#### SHOPS

Only if available A BMX will will be set during the UEC BMX European Cup. If you would like to be present in this shopping area.

#### PRESS

Press accreditation for the event may be granted only to accredited journalists in possession of an ID card issued by the national press association. Accreditation for the events must be done through the UEC website for all UEC events http://uec.ch/en/media.

During the UEC BMX European Cup events accreditation and BIB's will be handed out by UEC Press Officer. It mandatory to wear UEC press BIB's for the journalists on the track. The UEC will provide them and have someone responsible for their distribution.

The number of journalists on the track at the same time must be agreed by the PCP depending on the track space/size.

Press conferences, flash interviews etc. must be agreed with the UEC BMX Commission.

For all publications the UEC logo as well as the UEC main sponsor logo should be used in accordance with UEC graphic charter.

#### **General rules**

- At every UEC BMX event BIB's are used for press on and off the track.
- The distribution of the BIB at the events is done by the indicated UEC press officer or his / her deputy.
- During the events, five red Bibs' (of which one for the UEC photographer) are distributed, the rest of the photographers get a yellow BIB.
- The BIB distribution is examined separately for Challenge and Championship classes
- A guarantee for each BIB is mandatory: € 50 or an official document (driver's license, identity card, press card ...)
- By failing to comply with the regulations or the instructions of officials, the BIB can be taken from a photographer immediately.
- Be careful when using flash. Do not flash directly into the eyes of the riders.
- Photographers must be impartial on the track; it is not allowed to cheer for a rider in the track.
- It is strictly forbidden to touch a rider and / or bicycle.
- It's forbidden to walk across the photo finish line. This can cause problems for the people of the photo finish cameras.





CHARCUTERIE 100% NATURELLE



• A photographers meeting can be organized. This will be announced in advance in a timely manner. Drones

 Drones might be allowed after consultation with the UEC responsible, providing they are allowed by local laws. The pilot must hold a valid pilot license and there must be compliance with all regulations regarding the airline (flight plan etc.) Moreover, the minimum and the maximum height are fixed according to the regulations of the country. Failure to comply with all the proposed rules will be reported to the police.

# **MEDICAL INFORMATION**

A team of doctors and paramedics will be present throughout practice and racing. The team will be based on the track and have use of a medical room at the bottom of the start ramp.

The medical team will be available at the following times:

Official Practice Day

• Friday 5 May – Detailed schedule provided after registration closes.

# **Competition Days**

- Saturday 6 May Detailed schedule provided after registration closes.
- Sunday 7 May Detailed schedule provided after registration closes.

<u>The nominated hospital:</u> Vidzeme Hospital Jumaras iela 195, Valmiera, LV-4201

Be advised, when visiting the hospital, you will need to bring;

- 1. Copy of ID/Passport, address, postal code and place of residence.
- 2. Copy of insurance / health care incl. phone number.
- 3. Credit Card.

# Important to remember!

- If it is necessary to go the hospital because of injuries, please report first to the medical team of the organisation. If the medical team of the organization is not available anymore please inform them afterwards. We would like to prevent people going to the hospital unnecessarily and to regulate the number of people visiting the hospital.
- Transportation to and from the hospital is your responsibility.

#### Security Service will be provided at the track and camping day and night.

The organiser accepts no liability for thefts or damage occurring on the site, during the race, in the car parks or on the track campsite.

Please respect the environment and dispose of your waste responsibly.

Lausanne (SUI), 26-3-2023



