



# 2023 UEC BMX FREESTYLE FLATLAND EUROPEAN CHAMPIONSHIPS

DUISBURG, GERMANY, 8-9 JUNE 2023

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## COMPETITION GUIDE

### 2023 UEC BMX FREESTYLE FLATLAND EUROPEAN CHAMPIONSHIPS

8-9 JUNE 2023

LANDSCHAFTSPARK, DUISBURG  
GERMANY



U E C O f f i c i a l P a r t n e r s

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## INTRODUCTION

For the second time, The Ruhr Games will host 2023 UEC BMX FREESTYLE FLATLAND EUROPEAN CHAMPIONSHIPS. Over two days, The top BMX athletes in Europe, including reigning World Champions Matthias Dandois and Aude Cassagne, will showcase their freestyle BMX skills.

The possibilities for trick combinations are practically endless: On the ground, it's less about speed and more about balance and mastery of the wheel. The finals in the center court are a highlight of the event.



## RULES

BMX Freestyle Competitions are judged events, in which riders are scored based upon their skill at executing a routine, including one or more of a variety of different manoeuvres, that are known as “tricks”, in this case we refer to the Flatland discipline.

**Riders confirmation: Wednesday 7 June 17:00hr – 18:30hr  
at Center Court Landschaftspark Duisburg Nord,  
Emscherstraße 71, 47137 Duisburg, Germany**

During riders’ confirmation, each rider or their representative must attend to verify their intention to start in the Competition.

A valid cycling license as defined in Part I of the UCI Regulations shall be required and must be shown at riders’ confirmation to verify their identity. A national identity card or passport may also be required.

As a condition of registering in the Competition, all riders accept and agree to follow the UEC Regulations and likewise accept the layout and form of the field of play on which the Competition will be held.

Following the end of riders’ confirmation, the organization shall draw up the start lists and practice groups (if any) for the Competition.

The Panel of Judges is responsible for evaluating the performance of the riders during the Competition and for delivering their scores.

Should the bicycle or one of its components break during a run, then the rider may decide whether to continue, to stop, or to replace their bicycle with another. In no case will a time-out or extra time be given.

A BMX Freestyle Competition for each category may be composed of the phases (Qualification, Semi- final or Final) described below, and within each phase, a number of heats.

For Flatland Competitions, riders are organized into heats at the discretion of the organizer, Periodic breaks may be inserted into the program in order to allow for rider rest and warm-up. The combination of phases and heats (if applicable) for a category depends on the number of entries, and is found in the following table.



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## RULES

UCI BMX Freestyle Ranking Points (1st place – 24th place)

1 position	500 points	13	140
2	450	14	120
3	410	15	100
4	380	16	85
5	350	17	70
6	320	18	65
7	290	19	50
8	270	20	40
9	240	21	30
10	210	22	20
11	180	23	10
12	160	24	5

The performance of each rider is judged on overall impression, including but not limited to:

- Difficulty/ risk
- Flow/ style
- Originality (tricks and lines) and versatility
- Consistency (refers the stability, fluidity and control of manoeuvres performed)
- Variety of tricks
- Control of the tricks
- Bike control
- Execution

Duration of one run: 3 minutes (men) and 2,5min (women).

The judges shall not consider any trick which is not completed when the clock reaches 0 time.



## USE OF DRONES

Without prejudice to stricter requirements according to the national legislation, the use of drones is prohibited above the course and within 10 meters from the course. Moreover, the user must ensure the drone at no time puts the security of riders, followers and spectators at risk.

## SELECTION OF PARTICIPANTS

Participation is limited to 2 riders per nation per gender. The maximum number of participants per country is 4 (2 men, 2 women).

## RIDERS CATEGORIES

Elite Men  
Elite Women

For participation at the European Flatland Championships, a rider needs to be in the possession of a valid Elite license issued by his/her National Cycling federation and be 15 years or older. A rider's age is defined by the difference between the year of the event and the year of birth of the rider.

Participants under the age of majority in the country in which the Competition is held must provide parental consent when they register using the form provided by the organization. As a consequence of registration, the rider (or their parent or guardian) attests that they are medically fit to participate in the Competition.

Neither the organizer nor the UEC shall have any duty of care in this regard – determination of fitness to compete is the sole responsibility of the rider (or their parent or guardian). Entry in the Competition implies agreement with the competition schedule and all provisions of the Competition Guide.

## COMPETITION FORMAT

Number of entries - Competition phases - Qualification rule

3 - 4 entries.

1 phase: Final x 1. All entered riders participate in the Final

5 - 8 entries.

2 phases: Qualification x 1, Final x 1 Top 4 in Qualification advance to Final

9 - 15 entries.

2 phases: Qualification x 1, Final x 1 Top 8 in Qualification advance to Final

16 entries or more.

2 phases: Qualification x 1, Final x 1, Top 12 in Qualifying advance to Final

At all phases of the Competition, within each heat, each rider shall do 1 run;  
this run shall be done by the riders in the start order.

The start order in the Qualification phase is done at random. Within the Final phase, the start order is in reverse order of the results of the preceding phase.

Flatland Competitions:

Within each phase, a 3-minute warm-up period will be allowed on the riding surface of the Flatland Area at most every 8 riders. The first such group of riders shall also be entitled to this 3-minute warm-up prior to starting the Competition.

## REGISTRATION AND RIDERS CONFIRMATION

### ONLINE REGISTRATION

- When?** The online registration system will open: 9 May 2023  
The system will closed: 2 June 2023
- How?** Through the UEC website ([www.uec.ch](http://www.uec.ch)) clicking as follows  
<https://welcome.endu.net/landing/uec/>
- Access:** personal login and password of each National Federation.
- Remark:** The name of the hotel where the riders will overnight must be given during the online registration. The name and contact information of the team manager for each national federation must also be given.

### RIDERS CONFIRMATION

The participation of all riders entered in the UEC BMX Freestyle Flatland European Championships must be confirmed during riders' confirmation.  
To ensure his participation, either the rider himself or the team manager for his country must go to rider's confirmation.

- When?** 7 June 2023 17:00 - 18:30
- Where?** Center Court Landschaftspark Duisburg Nord, Emscherstraße 71,  
47137 Duisburg, Germany





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## UCI OFFICIALS

### JUDGES

Frank Lukas / GER (Head Judge)  
Effraim Catlow / UK  
Alexis Desolneux / FR  
Scott Obrien / USA

### TECHNICAL DELIGATE

Andy Zeiss / GER

### MC / ANNOUNCER

Max Tuchtenhagen / Maxsomenoise



**ALE**  **vittoria**

  
PHILIPPE  
**WAGNER**  
CHARCUTERIE 100% NATURELLE

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## ANTI DOPING CONTROL

The Anti Doping Control Center is located in the „Kraftzentrale“ Building in the Landschaftspark Duisburg Nord.

A chaperon will accompany the respective athletes to the office of the Doping Control Officers.



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## USEFUL ADDRESSES

UEC / UNION EUROPÉENNE DE CYCLISME

[www.uec.ch](http://www.uec.ch)

OGANISING COMMITTEE / RUHR GAMES

Sportmanagement: Nikolai Hirt, [hirt@ruhrgames.de](mailto:hirt@ruhrgames.de)

BMX Sports Director: Andy Zeiss, [zeiss@urbandisciplines.de](mailto:zeiss@urbandisciplines.de)

[www.ruhrgames.de](http://www.ruhrgames.de)

OFFICIAL HOTELS – (ATHLETES OR FEDERATIONS RESPONSIBILITY)

Melia Oberhausen (4\*)  
Centroallee 280, 46047 Oberhausen  
(15min by car)

Intercity Duisburg (4\*)  
Mercatorstraße 57, 47051 Duisburg  
(15min by car)

Campanile Duisburg City (3\*)  
Unterstraße 24, 47051 Duisburg  
(18min by car)

ACCREDITATION & PRESS CENTER

Landschaftspark Duisburg Nord, „Hüttenmagazin“  
Emscherstraße 71, 47137 Duisburg, Germany



## RUHR GAMES 23 MAP



## GENERAL INFORMATION

**Country:** Germany

**City:** Duisburg

**Area:** Ruhr Area

**Time zone:** CET (UTC +1) **Money:** Euro (€)

**Climate:** Average High in June: 19.9 degrees celcius. Average Low in June: 11.6 degrees celcius.

**Language:** German



UEC Official Partners



## GENERAL INFORMATION

### TRANSPORTATION

Train system Germany: <https://www.bahn.com>

### AIRPORTS

Düsseldorf Airport (closest)  
Köln/Bonn Airport  
Dortmund Airport

Düsseldorf Airport is the intercontinental airport for North Rhine-Westphalia and is within 20 km of most of the Western Ruhr area. It is served by the Düsseldorf Flughafen and Düsseldorf Flughafen Terminal railway stations, with its several parking lots, terminals and stations being connected by the Skytrain.

Dortmund Airport in the Eastern Ruhr is a mid-sized airport, offering scheduled flights to domestic and European destinations and its approximately 1.9 million passengers in 2013. Dortmund Airport is served by an express bus to Dortmund main station, a shuttle bus to the nearby railway station Holzwickede/Dortmund Flughafen, a bus connecting to Stadtbahn line U47, as well as a bus to the city of Unna.

### PUBLIC TRANSPORT

All public transport companies in the Ruhr region are run under the umbrella of the Verkehrsverbund Rhein-Ruhr, which provides a uniform ticket system valid for the entire area. The Ruhr region is well-integrated into the national rail system, the Deutsche Bahn, for both passenger and goods services, each city in the region has at least one or more train stations. The bigger central stations have hourly direct connections to the bigger European cities as Amsterdam, Brussels, Paris, Vienna or Zürich.

### ROAD TRANSPORT

The Ruhr has one of the densest motorway networks in all of Europe, with dozens of Autobahns and similar Schnellstraßen (expressways) crossing the region. The Autobahn network is built in a grid network, with four east-west (A2, A40, A42, A44) and seven north-south (A1, A3, A43, A45, A52, A57, A59) routes. The A1, A2 and A3 are mostly used by through traffic, while the other autobahns have a more regional function.

## ANNEX 1: QUOTA

Participation is limited to 2 riders per European nation per gender.  
The maximum number of participants per country is 4 (2 men, 2 women).

## ANNEX 2: PRIZE MONEY

	Men Elite	Women Elite
1	€ 1.000,00	€ 1.000,00
2	€ 650,00	€ 650,00
3	€ 350,00	€ 350,00

## ANNEX 3: PROGRAM TBC

Wednesday, 7 June:	Accreditation & Registration
	17.00-18:30 Athlete Confirmation
	18:30 Team Managers Meeting at Center Court
Thursday, 8 June:	9:00-13:00 Practice (in groups)
Friday, 9 June:	9:30-12:00 Practice
	12:00-12:30 Warm Up Women
	12:30-13:00 Qualifying Women
	13:30-14:00 Finals Women & Awards
	14:00-16:00 Practice Men
	16:00-18:00 Qualifying Men
	18:30-19:30 Finals Men & Awards



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## ABOUT UEC

The Union Européenne de Cyclisme (UEC) was founded on 7th April 1990 at the request of 18 countries. It now represents 51 affiliated nations and 1 associate member in Europe. The UEC is one of the 5 continental confederations which are members of the Union Cycliste Internationale (UCI).

The UEC seeks to promote the interests of European cycling in all disciplines and to represent the interests of European cycling federations.

UEC's main aim is the development and encouragement of all cycling disciplines in Europe. It organizes all the European Championships and European Cups.

Each year the UEC is organizing more than 60 days of competition, including 20 European championships, in all cycling disciplines: road, track, cyclocross, BMX, mountain bike, trials and indoor cycling.

## ABOUT RUHR GAMES

Ruhr Games - the largest international sports & culture festival! In the heart of Europe and in the middle of the Ruhr area, the Ruhr Games create an extraordinary and modern platform for young people.

The Ruhr Games stage, celebrate and combine young talent sports with urban cultural highlights and set new standards for newcomers, international stars and talents. Everything in one place - everything for free!

18 Sports

71 Disciplines

30 Nations

330 Decisions / Results

760 Winners / Medal Winners

5.200 Athletes



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