



2022 UEC Mountain Bike Youth European Championships

XCR – XCE – XCO

Capriasca (SUI)

2 – 6 August 2022

TECHNICAL GUIDE

As of 6.5.2022

ALE®

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PHILIPPE
WAGNER

U E C O f f i c i a l P a r t n e r s

1. ORGANISATION

1.1. LOCAL ORGANIZING COMMITTEE (LOC)

| | | |
|-------------------|-------------------|--|
| Presidente | Romaneschi Sergio | sergio.romaneschi@bluewin.ch |
| Vice-presidente | Nottaris Massimo | max.nottaris@bluewin.ch |
| Direttore tecnico | Rovelli Ivano | ivano.rovelli@bluewin.ch |
| Membri | Arpagaus Mathias | |
| | Gianini Gabi | |
| | Balmelli Riccardo | |
| | Ambrosini Katia | |
| | Rusca Flavio | |
| | Pellandini Andrea | |

1.2. UEC REPRESENTATIVES

| | |
|------------------------|--------------------------|
| UEC President | Enrico Della Casa (ITA) |
| UEC General Secretary | Alasdair MacLennan (GBR) |
| UEC Technical Delegate | Paolo Pesse (ITA) |
| UEC Events Coordinator | Tiziana Lardieri (SUI) |
| UEC Photographer | tbc |
| UEC Video operator | Christian Bohm (ITA) |

1.3. COMPOSITION OF THE COMMISSAIRES PANEL

| | |
|-------------------------------------|-----|
| President of the Commissaires Panel | tbc |
| Member of the Commissaires Panel | tbc |
| Member of the Commissaires Panel | tbc |
| Member of the Commissaires Panel | tbc |
| Member of the Commissaires Panel | tbc |
| Member of the Commissaires Panel | tbc |
| Race Secretary | tbc |
| Finish line Commissaire | tbc |

2. GENERAL INFORMATION

2.1. TRAVEL AND ACCOMMODATION

Travel and accommodation expenses to and from Capriasca (Switzerland) must be covered by registered teams.

Nearest airport: Milano Malpensa (ITA) – 70km from Capriasca

By road :

<https://www.google.com/maps/place/Scuola+elementare+Tesserete/@46.0658953,8.9623236,361m/data=!3m2!1e3!4b1!4m5!3m4!1s0x478433bd39ff0541:0x802577a07d69cb6b18m2!3d46.0660028!4d8.9632445>

By train : Direct train to Lugano and take a local train for 15 min

All participants must hold a valid identity card. Visa obligations must be respected.

All riders and attendants must hold insurance valid in Italy.

Visas

Each team is responsible for obtaining the necessary documents to enter Switzerland for the whole delegation. For further information, please check the Swiss Confederation website: <https://www.eda.admin.ch/eda/fr/dfae/entree-sejour-suisse/informations-entree-sejour-suisse.html>

For all invitation letter requests, please contact the UEC: mail@uec.ch

Hotels list

A hotel list is available on the event website: <https://mtb-europei.ch/location-region/>. Booking shall be done directly with the hotels.

Camping is also available. Check the event website for bookings.

2.2. TEAM AREA

To book a team area, please make your request by email: info@mtb-europei.ch

2.3. MEDICAL – EMERGENCY - LOCAL AUTHORITIES

A medical team will be present during official training sessions and during competitions.

Official Doctor of the race: **Dr. Marano Marco**
Tel. +41 79 918 22 70
marcomarano@bluewin.ch

Nearest hospital

Ospedale Civio
Via Tesserete 46, 6900 Lugano

Ambulance: phone 144
Police: phone 117
Police Capriasca +41 91 936 03 90

2.4. TEAMS / OFFICIALS ACCREDITATION

Teams and officials' accreditations can be collected on
Monday, 1st August 2022 from 09:00 to 12:00 and 13:30 to 16:30

at the **Permanence**, located:
Via Contessa Grassa 2, 6950 Tesserete

Please ensure you collect your accreditation before arriving at the venue as it will be required to access all parts of the venue. Accreditations must be worn and visible whenever you pass through accreditation controls.

The passes for the technical area will be distributed at the end of the Team Managers meeting.

2.5. MEDIA

Media Centre:

The Media Centre is located:
Elementary school of Capriasca next to the main building of the village –
Via Contessa Grassa 2, 6950 Tesserete.

In order to access the Media Centre an accreditation is necessary.

Opening hours:

| | |
|---------------------|---------------|
| Monday, 1 August | 15h00 – 18h00 |
| Tuesday, 2 August | 08h30 – 18h00 |
| Wednesday, 3 August | 08h30 – 18h00 |
| Thursday, 4 August | 08h30 – 18h00 |
| Friday, 5 August | 08h30 - 18h00 |
| Saturday, 6 August | 08h30 – 19h00 |

Media Accreditation:

To apply for media accreditation, please visit the UEC website (<https://www.uec.ch/en/media>).
Media accreditation and photographers' bibs can be collected at the media centre during the opening hours.

For any further inquire please contact: Mr Stefano Bertolotti UEC Press Officer - s.bertolotti@uec.ch or Giorgia Bernasconi, LOC Press Officer – email giorgiass.19@gmail.com

3. OFFICIAL MEETINGS

3.1 COMMISSAIRES PANEL MEETING

Date: 1^{er} août 2022

Time: 15:00

Location: Elementary School in Capriasca – Commissaires'room

<https://www.google.com/maps/place/Scuola+elementare+Tesserete/@46.0658953,8.9623236,361m/data=!3m2!1e3!4b1!4m5!3m4!1s0x478433bd39ff0541:0x802577a07d69cb6b!8m2!3d46.0660028!4d8.9632445>

3.2. CONFIRMATION / LICENCE CHECK / DISTRIBUTION OF RACE NUMBERS

The license check, the confirmation of riders, the distribution of race numbers and transponders will be organised on

Date : 1st August 2022

Time : 09h00 à 12h00 et de 13h30 à 16h30

Location : Main building of the village in Capriasca - Via Contessa Grassa 2, 6950 Tesserete

Team managers must confirm all starters, presenting all licenses (with passport or id card).

Riders' numbers will be distributed during that procedure. Due to the high number of teams entered, a maximum representation of two representatives per team is requested to attend that meeting.

Timing transponders also will be handed out together with start numbers and must be returned immediately after the race to the main building of the village.

If a transponder is not returned a 130 € penalty will be applicable per transponder.

3.3. TEAM MANAGERS MEETING

For all races and age category:

Date : 1^{er} August 2022

Time : 18:00

Location: Main building of the village in Capriasca

Attendance is required for:

- UEC representative (s)
- LOC representative (s)
- Commissaires' Panel
- 1 Team Manager per National Teams and/or Club Teams or Mixed Teams.

3.4. OPENING CEREMONY

Date : 2nd August 2022

Time : 19:00

Location: Lugano follow the link on the event website <https://mtb-europei.ch>

4. COMPETITION SCHEDULE

SUBJECT TO CHANGES ACCORDING TO REGISTRATION

| | |
|----------------------------|--|
| Tuesday, 2 August | <p>Individual Time Trial (TT) 09:30 Men and Women13-14 14:00 Men and Women15-16</p> |
| Wednesday, 3 August | <p>Team Relay (XCR) 09:00 – 10:30 Official training 11:00 Men/ Women 13-14 Final <i>Victory ceremonies</i> 13:00 Men / Women15-16 Final <i>Victory ceremonies</i></p> |
| Thursday, 4 August | <p>Eliminator (XCE) 09:00 – 10:30 Official training 11:00 Men/ Women 13-14 Final <i>Victory ceremonies</i> 14.30 Men / Women15-16 Final <i>Victory ceremonies</i></p> |
| Friday, 5 August | <p>Cross Country Olympic XCO 08:30 – 09:30 Official training 10:00 Women 13 Victory ceremony 12:00 Men 13 Victory ceremony 14:00 Women 14 Victory ceremony 16:00 Men 14 Victory ceremony</p> |
| Saturday, 6 August | <p>Cross Country Olympic XCO 08:30 – 09:30 Official training 10:00 Women 15 Victory ceremony 12:00 Men 15 <i>Victory ceremony</i> 14:00 Women 16 <i>Victory ceremony</i> 16:00 Men 16 <i>Victory ceremony</i></p> |

5. RACE SPECIFIC REGULATIONS

ARTICLE 1. GENERAL RULES

1.1 The 2022 UEC MTB Youth European Championships are organised by the Union Européenne de Cyclisme (UEC) and the local organizing committee.

The technical preparation and coordination will be done by:
Cross Country Redde / Romaneschi Sergio (President) and Rovelli Ivano (Technical Director)

1.2 The event will be organised in accordance with rules of the Union Cycliste Internationale (UCI) and these rules will be the reference for everything that is not mentioned in the current document.

1.3 The 2022 UEC MTB Youth European Championships consist of the following races:

- **Individual Time Trial** (in order to decide the starting order of XCR, XCE and XCO, no European title will be awarded)
- **Team Relay (XCR)**
- **Eliminator (XCE)**
- **Cross Country Olympic format (XCO)**

These Championships may be contested by riders entered by their Team Manager as a National Teams and/or Club Teams or Mixed Teams.

ARTICLE 2. TYPE OF THE EVENT

2.1 The event is open to athletes of the 13-14 (U15) and 15-16 (U17) age categories.

2.2 Age categories for which the title of the European Champion will be awarded are the following:

XCR Team 13-14 (U15)
XCR Team 15-16 (U17)

XCE Men 13-14 (U15 men)
XCE Women 13-14 (U15 women)

XCE Men 15-16 (U17 men)
XCE Women 15-16 (U17 women)

XCO Men 13
XCO Women 13

XCO Men 14
XCO Women 14

XCO Men 15
XCO Women 15

XCO Men 16
XCO Women 16

ARTICLE 3. REGISTRATION / PARTICIPATION

3.1 Teams/riders should register using the following link:

<https://join.endu.net/entry?edition=74872> or on the UEC website you will also be able to find the link <https://welcome.endu.net/landing/uec/>

Procedure:

1. authenticate your profile by clicking the link in the authentication email you'll receive fill the online form (participants may do this on behalf of their teammates)
2. choose one of the following methods of payment:
 - a. e-banking (follow the on-line procedure)
 - b. credit card (follow the on-line procedure)

If you've indicated you're paying with a bank transfer, you'll receive an email confirmation with the amount you'll need to pay along with a unique reference code that you'll need to add to the reference field when you set up the transfer.

If paying with credit card, you'll receive an email confirmation once the payment has been successfully completed.

Teams registration

Teams registration opens on

Friday, 2 May 2022 (18:00 CET)

Deadline for the Team registration:

Sunday, 22 July 2022 (23:59 CET)

The registration fee **for Teams is € 215** for all categories.

XCO Individual registration

XCO Individual riders' registration opens on

Friday, 27 May 2022 (12:00 CET)

Deadline for the XCO Individual riders' registration:

Sunday, 22 July 2022 (23:59 CET)

The registration fee for **Individual XCO riders** is **€ 80**

Those riders will start at the end of the start grid (following all teams) by random

We, therefore, strongly recommend the creation of mixed teams.

3.2 Composition of the teams: 13-14 and 15-16 teams are composed by **3 riders:**

- **1 woman and 2 men**
- **or 2 women and 1 man**
- **or 3 women**

3.3 **Individual Time Trial**

All riders have to take part in this event.

The starting order of XCR, XCE and XCO will be composed according to the results of the Individual Time Trial (no European Title will be given).

For the starting order of XCR the classification of the team will be done by summing the times of the 3 riders.

For the starting order of XCO the classification of each single rider will count.

3.4 Team Relay (XCR)

Start grid based on the Individual Time Trial results (see 3.3)

3.5 Eliminator (XCE)

The composition of the heats will be based on the Single Time Trial results (see 3.3).

The best 64 men and 32 women by age category will be qualified for the eliminator XCE.

64 MEN U15

64 MEN U17

32 WOMEN U15

32 WOMEN U17

Note: if a rider does not take part to the XCE then he/she will not be allowed to start in XCO

3.6 Cross Country (XCO)

Start grid based on the Individual Time Trial results (see 3.3) **AND** the personal lap time of the rider in the Team Relay

3.7 The age of a rider shall be determined by the difference between the year of the event and the year of birth of the rider.

ARTICLE 4. TECHNICAL ASSISTANCE

The following UCI Regulations will be applicable:

UCI Rules

4.2.044

No rider may turn back on the course to reach a feed/technical assistance zone.

Any rider doing so is disqualified. Only within the feed/technical assistance zone itself, a rider may turn back without obstructing other competitors

4.2.045

Technical assistance during a race is permitted subject to the conditions below.

4.2.046

Authorised technical assistance during a race consists of repairs to or the replacement of any part of the bicycle other than the frame.

Bike changes are not permitted and the rider must cross the finishing line with the same handlebar number plate that he/she had at the start.

4.2.047

Technical assistance can only be given in the feed/technical assistance zones.

4.2.048

Spare equipment and tools for repairs must be kept in these zones. Repairs and equipment changes can be carried out by the rider himself or with the help of a teammate, team mechanic or neutral technical assistance.

4.2.049

In addition to technical assistance in feed zones, technical assistance is permitted outside these zones only between riders who are members of the same registered team.

Riders may carry tools and spare parts provided that these do not involve any danger to the rider himself or the other competitors.

ARTICLE 5. TECHNICAL ASSISTANCE / FEEDING ZONES

In XCO races, 1 double zone or 2 single technical assistance / feeding zones will be organized.

The location of the technical assistance / feeding zones is shown in appendix.

For the cross-country team relay event during the world championships and, if applicable, during the continental championships, a feed/technical assistance zone can be set up for technical support only, at the discretion of the president of the commissaires' panel. For the sake of clarity, feeding from the feed/technical zone is not permitted for the cross-country team relay events.

Technical assistance / Feed zone passes will be distributed after the Team Managers meeting.

ARTICLE 6. AWARDS CEREMONIES

In accordance with articles 1.2.112 and 1.2.113 of the UCI Regulations, the 3 best riders of each category must attend the official awards ceremony.

Unless otherwise stated, riders shall appear at official ceremonies wearing their competition clothing.

Riders must present themselves at the podium in a maximum of 10 minutes after crossing the finish line.

ARTICLE 7. JERSEY AND MEDALS

Every European Championship will be awarded with:

| | |
|----------------------------------|--|
| The 1st place: | Gold medal and Champion(s) jersey |
| The 2nd place: | Silver medal |
| The 3rd place: | Bronze medal |

ARTICLE 8. PENALTIES

The UCI penalty scale is the only one applicable.

ARTICLE 9. RESPONSIBILITIES

The Organiser and UEC will not, under any circumstances, be liable to any accidents or damage that occurs during training and competitions.

The Organiser and UEC decline all responsibilities towards the riders and others in case of an accident.

For all cases not covered by these specific regulations, the UCI rules will apply. Any problems will be solved between the organizers, the Commissaires Panel and UEC officials.

6. APPENDICES

VENUE LAYOUT / COURSE MAPS

The will be published as soon as they are finalized. Do not hesitate to check as well the event website:
<https://mtb-europei.ch/>