

2021 UEC BMX EUROPEAN CHAMPIONSHIP

8 - 11 JULY 2021

Circuit Zolder
Belgium

Covid-19 protocol

General rules

- A maximum of 1000 participants can take part.
- A maximum of 2500 people are allowed in the public. The term public/spectator does not include the athletes (participants), the technical crew of the participants and the organisation staff of the competition.
- If a participant or a professional wishes to enter the public area after the event (or his/her duty during the event), he/she must behave as a member of the public and comply with the rules for the public. They are also counted in the maximum numbers for public. Therefore, there is a **maximum of 1500 event passes available!**
- -12-year-olds (year of birth 2010 or younger) are not counted and do not have to buy a ticket. They also don't need to wear a mouth mask.
- In the case of professional and elite athletes, a pre-approved test procedure is no longer required unless they are involved in international sporting events (i.e. non-professional sport at national level) **and** they make use of the exceptions for post-travel quarantine.
- Taking a (self-)test beforehand is recommended.
- The rules on social distancing depend on the generic measures as included in the Ministerial Decision. As a general rule, there is a minimum distance of 1.5 m between each individual. Within the social bubble or family bubble, this distance does not apply.
- It is necessary for everyone to limit their close contacts as much as possible. By "close contact" we mean a contact of more than 15 minutes, without respecting the safety distance and without a mask.
- In the BMX area (= complete BMX site) the **wearing of a mouth mask is mandatory.**

Given the current situation and in the interest of the riders and everyone's health, it is requested that the measures imposed be strictly adhered to.

The general hygiene measures remain essential:

- Wash your hands regularly and thoroughly with soap and water.
- Do you need to cough? Do so in a paper tissue or on the inside of your elbow.
- Use paper handkerchiefs when sneezing or blowing your nose and dispose of them in a sealable waste bin.
- Do not give or accept a kiss, hug, hand, pat on the back or high five.
- Touch your face as little as possible with your hands.
- In case of symptoms (feeling fluish, fever, coughing, shortness of breath, runny nose, unusual tiredness...) don't hesitate to (fatigue...) stay at home.



Respect the
rules of
hygiene



Do your
activities
preferably
outside



Think
about
vulnerable
people



Keep distance (1.5m)



Limit your
close contacts



Follow the
rules on
meetings

Don't exercise when you are ill.

Exercising when you are ill or shortly after being ill can make you even more ill. If you exercise with others, there is a risk of infecting people.

So don't sport in company if you might have an infectious disease. This applies not only to covid-19, but also colds, flu, bronchitis, pneumonia, stomach flu... This is the new normal.

Runners, staff, officials, employees. If you have any of the following symptoms, contact your doctor or the doctor treating you and do NOT take part in the race:

- abnormal fatigue
- general feeling of sickness (loss of energy combined with chills, sleepiness, muscular pains
- loss of appetite ...)
- unexplained pain in several muscle groups
- headache that does not disappear with 1 dose of paracetamol
- dry cough
- breathing difficulties
- fever (38°C or more)
- sore throat
- loss of sense of taste or smell
- runny nose
- sneezing several times a day (without allergy)
- vomiting and/or diarrhoea more than once a day, whether or not accompanied by abdominal pain, nausea, rumbling in the bowels, headache, cramps or fever

Some of these symptoms can also occur without risk to others, such as runny nose in case of hay fever, headaches during migraines or abdominal runny nose as a side effect of a medication against a non-infectious disease.

Only if the doctor confirms this, with a certificate, will you still be allowed to participate in the competition.

Rules Circuit Zolder

- Wearing a mouth mask is mandatory.
- During event days, the domain of Circuit Zolder is only accessible for people who are registered with the organisation.
- Registration for participation in the EC is done in advance and fully digital at the UEC, as well as payment for participation. A registration is only valid after confirmation by the UEC.
- The paddock will be divided into zones. Each team will be allocated an open air paddock area of 18m² (reservation needed).
- The general hygiene regulations will be clearly visible at the entrance of the site and all accessible buildings.
- No access to buildings for participants or supervisors except for the sanitary block.
- The sanitary facilities are cleaned and disinfected regularly. Access to the sanitary facilities is restricted in such a way that there is always a distance of 1.5 metres between them.
- The showers are open.
- Catering facilities will be open in the sense of food trucks where participants and supervisors can go. The catering protocol applies here.
- Camera surveillance will be provided by Circuit Zolder.
- Qualified stewards will walk around in the paddocks.
- A dedicated monitoring team is responsible for raising awareness and monitoring compliance with the compliance with the code of conduct, including social distancing and crowd control. In case of non-compliance, action is taken and adjustments made.

Training & races

- Training and races can be done according to the most recent rules for competitive outdoor sports.
- The participant must register in advance in order to confirm his/her access.
- Participants/trainers who are not actively exercising are required to wear a mouth mask.

Enforcement:

Supervision will be carried out in the following ways during our opening hours:

1. Camera surveillance from Circuit Zolder.
2. In the buildings and around the paddocks during our event hours authorized stewards will walk around and call those present, who do not keep to the 1.5 m distance/companion rules, to account for their behaviour. In case of a second violation, the persons in question will be excluded from further participation in the activity immediately and must leave the grounds immediately.