

2020 UEC Road European Championships

Juniors – U23 – Elite

Plouay – Morbihan – Bretagne
(France)

24 – 28 August 2020

Technical Guide

(v_4 – 30.07.2020)



1. Organization

Local Organizing Committee (LOC)

Plouay Cyclisme Organisation

Président	M. Jean-Yves Tranvaux
Organisateurs	M. Jean-Yves Tranvaux M. Henri Huilizen M. Albert Guillemot M. Christian Le Terrien

UEC Officials

President UEC	M. Rocco Cattaneo (SUI)
Vice-Presidents UEC	Mme Agata Lang (POL) M. Alexander Gusyatnikov (RUS) M. Henrik Jess Jensen (DEN)
UEC Management Board Members	M. Martin Wolf (GER) M. Sahib Alakbarov (AZE) M. Alasdair MacLennan (GBR)
Secrétaire Général UEC	M. Enrico Della Casa (ITA)
UEC Road Commission	M. Alexander Gusyatnikov (RUS), Président M. Umberto Langellotti (MON), Member M. Sasa Gajicic (SRB), Member M. Cordiano Dagnoni (ITA), Member M. Tomaz Poljanec (SLO), Member M. Jakob Knudsen (DEN), Member
UEC Technical Delegate	M. Vladimirov Petsas (GRE)
UEC Press Officer	M. Stefano Bertolotti (ITA)
UEC Photographers	M. Dario Belingheri (ITA) M. Ilario Biondi (ITA)

French Cycling Federation Officials

Mr Michel Callot	President
Mr Ludovic Sylvestre	Vice-President responsible for the Road
Mr Didier Marchant	President of the FFC Regional Committee of Bretagne

Composition of the Commissaires Panel

President of the Commissaires Panel	Mr Alain Koszyczarz (FRA)
Commissaire 1	Mr Jacky Tarenne (France)
Commissaire 2	Mr Jacques Pailleux (France)
Commissaire moto 1	Mr Yann Robic (France)
Commissaire moto 2	Mr Ludovic Jouan (France)
Commissaire moto 3	Mr Régis Bosquet (France)
Arrivals Judge	Mr Patrice Teffaine (France)
Race Secretary	Mr Eric Puren (France)
Timing/ /results	MySdam
UEC race Secretary	Mr Lino Nossa (Portugal)

Announcers

1. Mr Daniel Mangeas (France)
2. tbc

Antidoping control

Doping control Officer appointed by the CADF: M. Philippe Quéroué (France)
Mme Karen Hargrave

Doping Control Station : Salle des sports (250 m form the arrival line)

2. General Information

TRAVEL AND ACCOMMODATION

Travel and accommodation expenses to and from France must be covered by the National Federations.

Hotel reservations M. Guy Chazeaud +33 (0) 6 07 13 36 22.

Nearest airport is: Nantes.

All participants must hold a valid passport or identity card. Visa obligations must be respected.

All riders and attendants must hold insurance valid in the territory of France (European Community).

The LOC will organize some charter flights from Rennes to Bruxelles and Nice. In attachment you will find the special form that teams need to fill according to their need.

Visas

Each Federation is responsible for obtaining documents for their delegation appropriate entries in France. For all invitation letter requests, please contact the UEC: mail@uec.ch

Medical – Emergency – Local Authorities

Official race doctor tbc by LOC

Hospitals Centre Hospitalier de Bretagne Sud
5 Avenue de Choiseul 56100 Lorient 02 97 06 73 26

Ambulances – urgences Telephone : 112

Teams/Officials Accreditation

Accreditations will be available from Sunday, August 23 at the technical permanence in accordance with the schedules below:

Sunday, 23 August	14:00 – 18:00
Monday, 24 August	09:00 – 12:00 / 14:00 – 18:00
Tuesday, 25 August	09:00 – 12:00 / 14:00 – 18:00
Wednesday, 26 August	09:00 – 12:00 / 14:00 – 18:00
Thursday, 27 August	09:00 – 12:00 / 14:00 – 18:00
Friday, 28 August	08:00 – 10:00

Location : Ecole de musique route de Manehouarne - Plouay

Please ensure that you collect your accreditation before arriving at the venue as it will be required for access to all parts of the venue. Accreditations must be worn and visible whenever you pass through accreditation controls.

Race Office opening hours

Sunday, 23 August	15:00 – 19:00
Monday, 24 August	09:00 – 12:00 / 14:00 – 18:00
Tuesday, 25 August	09:00 – 12:00 / 14:00 – 18:00
Wednesday, 26 August	09:00 – 12:00 / 14:00 – 18:00
Thursday, 27 August	09:00 – 12:00 / 14:00 – 18:00
Friday, 28 August	08:00 – 10:00

Location : Ecole de musique route de Manehouarne - Plouay

Media Permanance – UEC press centre

All Media can collect their accreditation during opening hour's accreditation centre at:

Location : Ecole de musique route de Manehouarne - Plouay

The UEC Press Centre is located in Boulevard de l'Esplanade (D769b)

Opening Hours

Sunday, 23 August	15:00 – 19:00
Monday, 24 August	08:00 – 19:30
Tuesday, 25 August	08:00 – 18:30
Wednesday, 26 August	08:00 – 19:30
Thursday, 27 August	08:00 – 18:30
Friday, 28 August	09:00 – 19:00

Mixed Zone

At the exit of the course after the finish line, UEC will organize a Mixed Zone where media can have a short interview with riders they wish to do so.

Flash interview tent

Next to the Awards Ceremony podium, UEC will organize a flash interview tent open for the media.

Media Accreditation

To apply for media accreditation, please visit the UEC website (www.uec.ch dedicated page).

For any further inquire please contact: Mr Stefano Bertolotti - s.bertolotti@uec.ch

3. Official meetings

Commissaires Panel meeting

Sunday, 23 August – 10.00

Location : Ecole de musique route de Manehouarne - Plouay

Confirmation / Licenses Check / Distribution of race numbers

Location : Ecole de musique route de Manehouarne - Plouay

Sunday, 23 August – 11:00 until 14:00

- Licences check
- Riders' confirmation
- Check national teams clothing

In view of the **health and epidemiological risk of Covid-19**, special measures will be put in place by the UEC and the Organizing Committee.

Team managers must confirm all starters, presenting all licences (with passport for the juniors' category) and providing a sample of teams' apparel for time trials and road races.

Distribution of riders' numbers/transponders

Race numbers and transponders for all events will be distributed after the Team Managers (technical) meeting.

Team Managers meeting

Location : Ecole de musique route de Manehouarne - Plouay

Sunday, 23 August 19:00

Given the large number of Federations registered and the sanitary measures put in place, we ask you to limit the participation in the technical meeting to one (1) representative per nation.

Attendance is required for:

- LOC representative
- UEC Road Commission President
- French Cycling federation representative
- UEC Technical Delegate
- UCI and Additional Commissaires
- Team Managers
- CADF Doping Control Officer

4. Provisional competition programme

(v_30.07.2020)

Monday, 24 August

09.00 – 10.20	Junior Women's Individual Time Trial	25,6 km
10.25 – 11.55	Junior Men's Individual Time Trial	25,6 km
12.00 – 13.05	U23 Women's Individual Time Trial	25,6 km
13.10 – 14.25	U23 Men's Individual Time Trial	25,6 km
14.30 – 15.35	Elite Women's Individual Time Trial	25,6 km
15.40 – 15.50	<i>Award Ceremony Elite Women</i>	
16.10 – 17.15	Elite Men's Individual Time Trial	25,6 km
17.20 – 17.30	<i>Award Ceremony Elite men</i>	

Notes:

- the TT program will be finalized in accordance with the entries
- awards ceremonies tbc accordingly (Junior and U23)

Tuesday, 25 August

08.40	GP Plouay – L'Orient Agglomération	WWT	101,1 km
09.40	Bretagne-Classic Ouest France	MWT	250,0 km

Wednesday, 26 August

09.00 – 11.00	U23 Women's Road Race	81.90 km (6 laps)
11.10 – 11.20	Award Ceremony U23 Women	
12.00 – 15.45	Men's Road Race	177,45 km (13 laps)
15.45 – 15.55	Award Ceremony Elite Men	

Thursday, 27 August

09.00 – 12.00	U23 Men's Road Race	136,50 km (10 laps)
12.05 – 12.15	Award Ceremony U23 Men	
13.00 – 15.45	Elite Women's Road Race	109,20 km (8 laps)
15.45 – 15.55	Award Ceremony U23 Men	

Friday, 28 August

09.00 – 10.45	Junior Women's Road Race	68,25 km (5 laps)
10.45 – 10.55	Award Ceremony Junior Women	
11.20 – 14.00	Junior Men's Road Race	109,20 km (8 laps)
14.00 – 14.10	Award Ceremony Junior Men	
14.30 – 17.00	Mixed Relay	54,60 km (2 laps for men + 2 laps for women)
17.00 – 17.15	Award Ceremony Mixed Relay	

5. Race specific regulations

General rules

The 2020 European Road Cycling Championships are organized by the Union Europeenne de Cyclisme in collaboration with the French Cycling Federation and Plouay Cyclisme Organisation.

The event will be organized in accordance with rules of the Union Cycliste Internationale (UCI) and these rules will be the reference for everything that is not mentioned in the current document.

The European Road Championships consist of mixed team relay race, time trial races and road races are scheduled **from 24 to 28 of August 2020**.

The Championships are exclusively open to national teams.

TYPE OF THE EVENT

The Championships are open to riders from the categories:

- Junior Women
- Junior Men

- Women U23
- Men U23

- Elite Women
- Elite men

It is entered on the UCI calendar as a Continental Championships event (UCI CC).

Participation

National Federations may enter the following riders per Championship:

Team Time trial Mixed Relay

1 team per nation

Each national team must be composed by a total of six (6) riders of Elite and/or Under 23 age categories,

three (3) men and
three (3) women of the same nationality.

Time Trial – All age categories

2 riders per nation / per category

***Reminder:** Men's and Women's Under 23 riders who have participated in the Men's and Women's Elite individual time trial at a previous Road European Championships (2017-2018-2019) may not ride the individual time trial for Under 23 riders.*

Road race - Women Junior, Men Junior, Women U23, Men U23

6 riders per nation / per category

***Reminder:** Men's and Women's Under 23 riders who have participated in the Men's and Women's Elite road race at a previous Road European Championships (2017-2018-2019) may not ride the road race for Under 23 riders.*

Road race - Women Elite

UCI Ranking by Nations (published on the 1st August 2020)

- nations ranked 1 to 5: 8 riders
- nations ranked 6 to 10: 6 riders
- nations ranked 11 to 20: 4 riders
- nations ranked 21 to 40: 2 riders
- nations ranked 41 to 50 or non-ranked nations 1 rider

Note 1: Unused quota places will be reallocated to nations ranked 11 to 50 or non-ranked countries

Note 2: The hosting nation will be allowed to enter the maximum quota.

Road race - Men Elite

Cumulative ranking combining the UCI World Ranking by Nations & UCI Europe Tour ranking by Nation published on the 1st August 2020

- nations ranked 1 to 10: 8 riders
- nations ranked 11 to 20: 6 riders
- nations ranked 21 to 30: 4 riders
- nations ranked 31 to 40: 2 riders
- nations ranked 41 to 50 or non-ranked nations 1 rider

Note 1: Unused quota places will be reallocated to nations ranked 11 to 50 or non-ranked countries

Note 2: The hosting nation will be allowed to enter the maximum quota.

The National Federations have to register their riders directly on the UEC website (www.uec.ch).

The registration will open on 15/07/2020.

Deadline for the registrations is 14/08/2020 (23:59), Central European Time.

In accordance with the riders' registration the National Federations may add to the above mentioned numbers of riders:

- max 2 reserve riders per category for the Time Trials
- max 2 men reserve riders & 2 women reserve riders for the Team Time Trials Mixed Relay
- max 4 reserve riders per category for the Road Race

The confirmation of the starters will take place on **Sunday, 23 August – 11:00 until 14:00.**

The distribution of race numbers and the transponders will take place immediately after the team managers meeting.

All riders to contest each Championship shall be confirmed by an official of their Federation.

The team managers of the national teams must present the national jersey and shorts to the College of Commissioners for validation upon confirmation of the starters.

Riders ages in the Under 23 and Juniors Championships shall be as defined by the UCI.

Team Managers Meeting

The team managers' meeting, organized in accordance with the article 1.2.087 of the UCI regulations in the presence of Members of the Commissaires' Panel, is scheduled for **Sunday, 23 August 19:00** in the:

Location : Ecole de musique route de Manehouarne - Plouay

Given the large number of Federations registered and the sanitary measures put in place, we ask you to limit the participation in the technical meeting to one (1) representative per nation.

Individual Time Trials – all categories

Article 1 - Participation

The events are reserved for runners from the following categories:

Event	Category	Year of birth
Junior Women Individual Time Trial	Junior Women	2002 and 2003
Junior Men Individual Time Trial	Junior Men	2002 and 2003
Women U23 Individual Time Trial	U23 Women	1998, 1999, 2000, 2001
Men U23 Individual Time Trial	U23 Men	1998, 1999, 2000, 2001
Women Elite Individual Time Trial	Women Elite	1997 and earlier
Men Elite Individual Time Trial	Men Elite	1997 and earlier

These events are open to national teams

Article 2 - Procedures before start

Confirmation of riders and distribution of bibs

- Sunday August 23 from 11:00 to 14:00 , Location : Ecole de musique route de Manehouarne - Plouay
- Distribution of bibs and transponders, at the end of the team managers meeting

Team Managers meeting

- Sunday August 23 at 19:00 , Location : Ecole de musique route de Manehouarne - Plouay

Article 3 – Starting order

The riders will start at identical intervals.

The start lists for the **individual time trials** will be prepared by the College of Commissioners and the UEC Technical Delegate and taking into account various objective criteria such as the UCI classifications and the recent results of each rider.

The riders will start with an interval of one minute.

Article 4 – Equipment check

It is reminded that the riders must present themselves at the equipment check no later than 15 minutes before their start. All bikes will be checked using a test template that meets UCI standards. Once checked, the bikes will no longer be able to leave the departure lock. A pre-check of the bikes will be organized one hour before the start of the first rider. Teams can present their bikes to check the conformity of their equipment.

Article 5 - Technical service

VITTORIA will be responsible for neutral assistance using 3 vehicles.

Article 6 – Following vehicles

Team vehicles will be able to follow their team.

If a national team needs a vehicle to follow its rider, this must be done during the starters' confirmation. Feeding of riders from following vehicles is prohibited.

Article 7 - Split times

One (1) intermediate timing point will be set up in downtown Kernascléden. Timing gaps will be communicated on Radio-Tour.

Article 8 - Hot seat and awards ceremony

Hot seat

As part of TV production, a "Hot Seat" will highlight the rider with the best provisional time. The "Hot Seat" is installed at the arrival area as an extension of the finish line. Immediately after his arrival, the rider having established the best provisional times will join the "Hot Seat", guided by an escort put in place by the organization. As soon as the best times are beaten, the riders will give way to the new riders at the top of the provisional classification and so on. The team managers will take care to inform the riders and the assistants of the teams of these provisions

Awards Ceremony

The first 3 riders of each event will present themselves for the ceremonial ceremony no later than 10 minutes after the last rider has crossed the finish line.

UEC awards a European Champion jersey to the winner. Each rider on the podium receives a medal.

Team time trial - mixed relay

Article 1 - Participation

The events are reserved for the following teams

Event	Category	Year of birth
Team time trial - mixed relay	U23 Men and Women	1998-1999-2000-2001
	Men and Women Elite	1997 and earlier

Each team participating in the team time trial - mixed relay can register five (5) men and five (5) women, of which three (3) men and three (3) women will start.

This event is open to national teams.

Article 2 - Procedures before start

Confirmation of riders and distribution of bibs

- Sunday August 23 from 11:00 to 14:00 Location : Ecole de musique route de Manehouarne - Plouay
- Distribution of bibs and transponders, at the end of the team managers meeting

Team Managers meeting

- Sunday August 23 at 19:00 Location : Ecole de musique route de Manehouarne - Plouay

Article 3 – Starting order

The teams will start at identical intervals.

The starting list for the **team time trial mixed relay** will be prepared by the College of Commissioners and the UEC Technical Delegate and taking into account the cumulative results of the last European Championships (2019 edition) and World Championships (2019 edition).

The men will start first and relay the women of their team.

Article 4 – Equipment check

It is reminded that the teams must present themselves at the equipment check no later than 15 minutes before their start. All bikes will be checked using a test template that meets UCI standards. Once checked, the bikes will no longer be able to leave the departure lock. A pre-check of the bikes will be organized one hour before the start of the first rider. Teams can present their bikes to check the conformity of their equipment.

Article 5 - Following vehicles

Each team has the possibility of following their riders with a team vehicle per gender, accredited by the organization, providing technical assistance if necessary. The men's team vehicle must take the diversion point before the finish line and a second team vehicle will follow the women. Feeding of riders from following vehicles is prohibited. The start ramp is located in the finish line.

Article 6 - Relay area

At the start, the riders will be held side by side on the ramp then released by the holders who held them on the relay signal, but without being pushed. The signal for the start of the relay, will be given by raising a red flag. The riders must respect the instructions given by the Commissaires who will supervise the relay area and assign the starting lines.

Article 7 - Split times

One (1) intermediate timing point will be set up in the finish line. Timing gaps will be communicated on Radio-Tour. The times at the finish will be taken on the 2nd rider of each team.

Article 8 - Hot seat and awards ceremony

Hot seat

As part of TV production, a "Hot Seat" will highlight the team with the best provisional time. The "Hot Seat" is installed at the arrival area as an extension of the finish line. Immediately after arrival, the team with the best provisional time will join the "Hot Seat", guided by an escort provided by the organization. As soon as the best time is beaten, the team will give way to the new team at the top of the provisional ranking and so on. A waiting area will be set up for Men waiting for Women to finish the race. The team managers will take care to inform the riders and the assistants of the teams of these provisions.

Awards ceremony

An official ceremony will be organized immediately after the arrival of the last team. The riders and team managers of the first 3 teams will present themselves for the ceremony immediately after the passage of the last team on the finish line. The UEC awards a European Champion jersey to each of the riders of the winning team. Each rider of the teams on the podium receives a medal.

Road Races

Article 1 - Participation

The events are reserved for riders from the following categories:

Event	Category	Year of birth
Junior Women Road Race	Junior Women	2002 and 2003
Junior Men Individual Road Race	Junior Men	2002 and 2003
Women U23 Individual Road Race	U23 Women	1998, 1999, 2000, 2001
Men U23 Individual Road Race	U23 Men	1998, 1999, 2000, 2001
Women Elite Individual Road Race	Women Elite	1997 and earlier
Men Elite Individual Road Race	Men Elite	1997 and earlier

These events are open to national teams.

Article 2 - Procedures before start

Confirmation of riders and distribution of bibs

- Sunday August 23 from 11:00 to 14:00, Location : Ecole de musique route de Manehouarne - Plouay
- Distribution of bibs and transponders, at the end of the team managers meeting.

Team Managers meeting

- Sunday August 23 at 19:00 Location : Ecole de musique route de Manehouarne - Plouay

Signature

The entire national team must present themselves for the signing podium.

The signature podium will be open 45 minutes before each departure and will be closed 10 minutes before each departure.

Riders who have not signed will not be able to start.

Note: this procedure will be reviewed according to the health measures implemented by the UCI and local authorities.

Radio communication between riders and the team managers

The use of headsets and any means of remote communication at the European Championships is prohibited.

Article 3 - Clothing equipment

The World Champions will have to wear their rainbow jersey.

Continental and National Champions must wear their national equipment.

Article 4 - Technical assistance and feeding zone.

VITTORIA will provide neutral assistance for road races using 3 cars and 1 motorcycle.

A “remote” feeding/technical assistance zone will be located at kilometer 2 (le Lezot Plouay)

Waste zones will be located 200 meters before and after the feeding/technical assistance zone. Riders must respect the environment and use the waste areas.

Breakdown and change of wheel or bicycle can be carried out directly by the teams in the feeding/technical assistant zone and / or by the team vehicle.

Feeding from the team vehicle will also be authorized, in accordance with the UCI Regulations.

Article 5 - Following vehicles

Breakdown assistance during the race from the vehicles of the team managers is authorized, in accordance with the following provisions:

Only one vehicle per nation is allowed to drive to the race level, in the following order:

- vehicles of nations according to the UEC list;
- a maximum of 25 vehicles of national teams will be authorized in the race section. The groupings of nations will be communicated by the UEC after the confirmation of the starters.
- for individual riders who will not have a team vehicle in the race section, neutral assistance will be provided.

Within each group, the order is determined by the latest UCI nation rankings.

The order of the remaining unclassified nations is determined by lot.

For vehicles comprising several nations, the highest ranked nation is taken into account.

Article 6 - Finishing time limits

Any rider dropped and who is more than 15 minutes behind the peloton may be eliminated by the Commissaires; he must remove his bib and give it to the Commissaire or to the broom car.

If he chooses to drive to the end, he must comply with vehicle traffic laws and NOT cross the finish line. Any rider who is 12 minutes behind the leading group on the approach of the last lap will be stopped at the discretion of the Commissaires and will not be allowed to cross the finish line.

Riders on the circuit who are about to be overtaken will be stopped at the finish line.

Article 7 - Awards ceremony

The first 3 riders of the race will present themselves for the official ceremony no later than 10 minutes after the passage of the first rider on the finish line. The team managers will take care to inform the riders and the assistants of the teams of these provisions.

UEC awards a European Champion jersey to the winning rider. Each rider on the podium receives a medal.

General information

Radio Tour

Race information will be transmitted by Radio Tour at each event. The frequency will be communicated during the team managers meeting.

The radios will be given to the team leaders each day one hour before the start of each event.

Zone Technique Esplanade des Championnats du Monde

Team managers must sign a form upon receipt and return of their radio set. The radios must be returned at the end of each test.

Team cars

Team cars will be able to follow the race for all categories. In accordance with article 2.2.032 of the UCI regulations, the vehicles used must respect a maximum height of 1.66 meters. These regulations do not apply for time trial races.

For these categories the order of cars will be determined by the College of Commissaires in accordance with the number of riders by nation and safety criteria.

Nations with a reduced number of riders will be called upon to share the same vehicle.

Ceremonies and price list

Jersey and medals

At the end of each event the 3 best riders (teams) will receive:

1st place: European Champion jersey and gold medal

2nd place: silver medal

3rd place: bronze medal

Prize money list (Amounts in Euro):

Place	JUNIOR MEN		JUNIOR WOMEN	
	Time Trial	Road Race	Time Trial	Road Race
1st	€ 300,00	€ 700,00	€ 300,00	€ 700,00
2nd	€ 210,00	€ 490,00	€ 210,00	€ 490,00
3rd	€ 120,00	€ 280,00	€ 120,00	€ 280,00
Total	€ 630,00	€ 1'470,00	€ 630,00	€ 1'470,00

Place	U23 MEN		U23 WOMEN	
	Time Trial	Road Race	Time Trial	Road Race
1st	€ 1'000,00	€ 2'000,00	€ 1'000,00	€ 2'000,00
2nd	€ 700,00	€ 1'400,00	€ 700,00	€ 1'400,00
3rd	€ 400,00	€ 800,00	€ 400,00	€ 800,00
Total	€ 2'100,00	€ 4'200,00	€ 2'100,00	€ 4'200,00

Place	ELITE MEN		ELITE WOMEN	
	Time Trial	Road Race	Time Trial	Road Race
1st	€ 3'000,00	€ 6'000,00	€ 3'000,00	€ 6'000,00
2nd	€ 2'100,00	€ 4'200,00	€ 2'100,00	€ 4'200,00
3rd	€ 1'200,00	€ 2'400,00	€ 1'200,00	€ 2'400,00
Total	€ 6'300,00	€ 12'600,00	€ 6'300,00	€ 12'600,00

UCI Points scale

In accordance with the articles 2.10.008 and 2.10.017 of the UCI ranking points for the UCI Europe Tour WU, MU, WE and ME categories will be awarded.

Antidoping controls

The UCI antidoping regulations are entirely applicable to the event.

The antidoping tests will take place in Salle des Sports (250m from the finish line):

Penalties

The UCI penalty scale is the only one applicable.

Responsibilities

The organizers and the UEC cannot, in any case, be held responsible in the event of accidents or material damage which may occur during official training and / or competitions.

The organizers and the UEC decline any responsibility towards the runners, accompanying persons and third parties in the event of an accident.

In all cases not provided for in the specific regulations, the UCI regulations will be applicable.

Lausanne (SUI), 30 July 2020