



2020 UEC Mountain Bike European Championships

XCO – XCR – XCE

**Monte Tamaro/Monteceneri (Switzerland)
15 - 18 October 2020**

Technical Guide

1. ORGANIZATION

1.1. LOCAL ORGANIZING COMMITTEE (LOC)

Head of LOC	Mr Marzio Cattani (SUI) Mr Daniele Piccaluga (SUI)
Race office and accommodation	Mr Claudio Casati (SUI) Mrs Consuelo Nani (SUI) Mr Daniele Zucconi (SUI) Mr Hans Bandi (SUI)
Chiefs of Courses	Mr Ivan Valenti (SUI) Mr Massimo Gianini (SUI) Mr Cristophe Guldemann (SUI)
Manager logistics Manager communication	Mr Mauro Bissolotti (SUI) Mr Marco Maccagni (SUI) Mr Giancarlo Dionisio (SUI)

1.2. UEC REPRESENTATIVES

UEC Management Board	Mr Rocco Cattaneo (SUI), President Mr Alexander Gusyatnikov (RUS), Vice President Mrs Agata Lang (POL), Vice President Mr Henrik Jess Jensen (DEN), Vice President Mr Martin Wolf (GER), Member Mr Sahib Alakbarov (AZE), Member Mr Alasdair MacLennan (GBR), Member
UEC General Secretary	Mr Enrico Della Casa (ITA)
UEC Events Coordinator	Mr Vladimirov Petsas (GRE)
UEC MTB Commission	Mr Thierry Marechal (BEL), President Mrs Elena Valentini (ITA), Member Mr Henrik Hakala Dahle (NOR), Member Mr Jürgen Pail (AUT), Member
UEC Technical Delegate	Mr Vladimirov Petsas (GRE)
UEC Race Secretary	Mr Henrik Hakala Dahle (NOR)
UEC Press Officer	Mr Alberto Dallatana (ITA)
UEC Photographer	Mr Michele Mondini (ITA)
UEC Video Operator	Mr Christian Bohm (ITA)

1.3. COMPOSITION OF THE COMMISSAIRES PANEL

President	Mr Ulf Luik (GER)
Assistant PCP	tbc
Chief of the national Commissaires	tbc
National Commissaire	tbc
National Commissaire	tbc
National Commissaire	tbc
National Commissaire	tbc
National Commissaire	tbc

1.4. ANTIDOPING CONTROL

Doping control Officer appointed by the CADF: to be announced

2. GENERAL INFORMATION

2.1. TRAVEL AND ACCOMMODATION

Travel and accommodation expenses to and from Monte Tamaro / Monteceneri must be covered by the National Federations.

Nearest airports are:

**Zurich Airport (Switzerland), www.flughafen-zuerich.ch
203 km from Monteceneri**

**Milano Malpensa Airport (Italy), www.milanomalpensa-airport.com
96,5 km from Monteceneri**

Accommodation and transportation requests must be submitted directly to the official travel agency.

All participants must hold a valid passport or identity card. Visa obligations must be respected.

All riders and attendants must hold insurance valid in Switzerland.

Official travel agency

Ente Turistico del Luganese
Via Nizzola 2
6901 Lugano
+41 58 220 65 67
e-mail: incoming@luganoregion.ch

Accommodation

The organizer holds contingents in several hotels and will book the accommodations according to the wishes of the national federations.

You can find the booking form here:
incoming@luganoregion.ch

Visas

Each Federation is responsible for obtaining documents for their delegation appropriate entries. For all invitation letter requests, please contact the UEC: mail@uec.ch

Teams area reservation

In order to reserve a team area, please use the official team area booking form.
www.euromtb20.ch team@euromtb20.ch

2.2. MEDICAL – EMERGENCY - LOCAL AUTHORITIES

OFFICIAL RACE DOCTOR

From Croce Verde Lugano

HOSPITALS

Civico Lugano www.eoc.ch/Ospedali-e-Istituti/Ospedale-Regionale-di-Lugano

EMERGENCY AMBULANCE

Croce Verde Lugano directly at the race venues or phone number 144

POLICE

Polizia cantonale Lugano
Via Bossi 2b
6901 Lugano
Telefon: 117
eMail: polizia@polca.ti.ch

2.3. TEAMS / OFFICIALS ACCREDITATION (applicable for National Teams ONLY)

All National teams and officials' accreditations can be collected starting from Wednesday, 14th of October at the **Accreditation Office**, located at the:

Centro Istruzione Protezione Civile (Civil Protection Education Center)
Via Ravello
6802 Rivera

according to the schedule below.

Wednesday, 14 th October	10:00 – 19:00
Thursday, 15 th October	09:00 – 16:00
Friday, 16 th October	09:00 – 16:00
Saturday, 17 th October	09:00 – 16:00
Sunday, 18 th October	09:00 – 11:00

Please ensure that you collect your accreditation before arriving at the venue as it will be required for access to all parts of the venue. Accreditations must be worn and visible whenever you pass through accreditation controls.

2.4. RACE OFFICE

The Race Office is located at the :

Centro Istruzione Protezione Civile (Civil Protection Education Center)
Via Ravello
6802 Rivera

Opening hours

Wednesday, 14 th October	09:00 – 19:00
Thursday, 15 th October	09:00 – 12:00 / 14:00 – 17:00
Friday, 16 th October	09:00 – 12:00 / 14:00 – 17:00
Saturday, 17 th October	09:00 – 12:00 / 14:00 – 17:00
Sunday, 18 th October	09:00 – 12:00

2.5. MEDIA

MEDIA PERMANANCE – UEC PRESS CENTER

The Media Permanence and Press Room are located in:

Centro Istruzione Protezione Civile (Civil Protection Education Center)
Via Ravello
6802 Rivera

In order to access the UEC Press Center an accreditation is necessary.
Media parking is located 20m, from the UEC Press Center

MEDIA PERMANANCE – UEC PRESS CENTER OPENING HOURS SCHEDULE

Thursday, 15th October	09:30 – 20:00
Friday, 16th October	09:30 – 20:30
Saturday, 17th October	09:30 – 19:00
Sunday, 18th October	08:30 – 19:00

MIXED ZONE

At the exit of the course after the finish line, UEC will organize a Mixed Zone where media can have a short interview with riders they wish to do so.

FLASH INTERVIEW ZONE

Next to the Awards Ceremony podium, UEC will organize a flash interview zone open for the media.

A Press Conference after the XCO Men's Elite and Women's Elite finals will be organized in:

Centro Istruzione Protezione Civile (Civil Protection Education Center)
Via Ravello
6802 Rivera

MEDIA ACCREDITATION

To apply for media accreditation, please visit the UEC website (www.uec.ch dedicated page).

Photographers bib's can be collected at the accreditation permanence as from:

Wednesday, 14 th October	10:00 – 19:00
Thursday, 15 th October	09:00 – 16:00
Friday, 16 th October	09:00 – 16:00
Saturday, 17 th October	09:00 – 16:00
Sunday, 18 th October	09:00 – 11:00

For any further inquire please contact: Mr Stefano Bertolotti (ITA) - s.bertolotti@uec.ch

LOC Media representative:

Mr Marco Maccagni and Mr Giancarlo Dionisio - montetamaro@euromtb20.ch

3. OFFICIAL MEETINGS

3.1 COMMISSAIRES PANEL MEETING

Wednesday, 14th October 9:00 – 10:00

at the Race Office in :

Centro Istruzione Protezione Civile (Civil Protection Education Center)
Via Ravello
6802 Rivera

3.2. RIDERS CONFIRMATION / LICENCE CHECK / DISTRIBUTION OF RACE NUMBERS TIMING TRANSPONDERS / FEED-TECH ZONE PASSES

The license check, the initial confirmation of riders, the check of the national teams clothing the distribution of race numbers, timing transponders and feed/tech zone passes will be organized on

Wednesday, 14th of October
10:00 - 13:00 for NATIONAL TEAMS (Juniors – U23 – Elite)

Thursday, 15th October
09:00 – 11:00 Riders final confirmation for XCE

Friday, 16th October
09:00 – 11:00 Riders final confirmation for all XCO races

at the Race Office in :

Centro Istruzione Protezione Civile (Civil Protection Education Center)
Via Ravello
6802 Rivera

Team managers of National Teams must confirm all starters, presenting all licences (with passport for the juniors' category) and providing a sample of the national teams' apparel.

Race numbers will be distributed during that procedure. Due to the high number of teams entered, a maximum representation of two representatives per team is requested to attend that confirmation.

Timing transponders also will be handed out together with start numbers and must be returned immediately after the race to the Race Office.

3.3. TEAM MANAGERS MEETINGS

NATIONAL TEAMS: JUNIORS – UNDER 23 - ELITE categories

Wednesday, 14th of October – 18:00

Location:

Centro Istruzione Protezione Civile (Civil Protection Education Center)
Via Ravello
6802 Rivera

Attendance is required for:

- UEC MTB Commission President
- UCI and Additional Commissaires
- Team Managers
- CADF Doping Control Officer
- Event Director
- UEC Technical Delegate

4. COMPETITION SCHEDULE

Wednesday, 14th October

- 10:00 – 13:00 Courses inspection by UCI, UEC and LOC
- 10:00 – 13:00 Riders confirmation (NATIONAL TEAMS: Juniors – U23 - Elite)
- 18:00 – 18:45 Team managers meeting (NATIONAL TEAMS: Juniors – U23 - Elite)
- 19:00 Riders final confirmation for Team Relay (XCR) – Race Office

Thursday, 15th October

- 09:00 – 11:00 Riders final confirmation for XCE – Race Office
- 09:00 – 10:30 Official training WJ - MJ (XCR/XCO)
- 10:30 – 12:00 Official training MU - ME (XCR/XCO)
- 12:00 – 13:30 Official training WU - WE (XCR/XCO)
- 15:00 – 17:00 **Team Relay Final (XCR)**
- 17:10 – 17:20 *Team Relay Awards Ceremony (XCR)*

Friday, 16th October

- 09:00 – 11:00 Riders final confirmation for all XCO races (Elite, U23, Juniors) – Race Office
- 09:00 – 10:30 Official training WJ - MJ (XCR/XCO)
- 10:30 – 12:00 Official training MU - ME (XCR/XCO)
- 12:00 – 13:30 Official training WU - WE (XCR/XCO)
- 14:00 – 14:30 Official training for Eliminator (XCE)
- 14:30 – 16:00 Eliminator, Qualifications (XCE)
- 16:30 – 17:30 **Eliminator, Finals (XCE)**
- 17:30 – 17:40 *Eliminator, Awards Ceremony (XCE)*

Saturday, 17th October

- 08:15 – 09:15 Official training for Cross Country MU, WE, ME (XCO)
- 10:00 – 11:30 **U23 Men's Cross Country, Final (XCO)**
- 11:40 – 11:50 *U23 Men's Cross Country, Awards Ceremony*
- 12:15 – 13:45 **Elite Women's Cross Country, Final (XCO)**
- 13:55 – 14:05 *Elite Women's Cross Country, Awards Ceremony*
- 14:30 – 16:00 **Elite Men's Cross Country, Final (XCO)**
- 16:10 – 16:20 *Elite Men's Cross Country, Awards Ceremony*

Sunday, 18th October

- 08:15 – 09:15 Official training for Cross Country MJ, WJ, WU (XCO)
- 10:00 – 11:30 **Junior Men's Cross Country, Final (XCO)**
- 11:40 – 11:50 *Junior Men's Cross Country, Awards Ceremony*
- 12:15 – 13:45 **Junior Women's Cross Country, Final (XCO)**
- 13:55 – 14:05 *Junior Women's Cross Country, Awards Ceremony*
- 14:30 – 16:00 **U23 Women's Cross Country, Final (XCO)**
- 16:10 – 16:20 *U23 Women's Cross Country, Awards Ceremony*

5. RACE SPECIFIC REGULATIONS

ARTICLE 1. GENERAL RULES

- 1.1 The 2020 UEC MTB European Championships are organized by the Union Européenne de Cyclisme (UEC) in cooperation with Velo Club Monte Tamaro and the Swiss Cycling Federation.

The technical preparation and coordination will be done by: Mr Marzio Cattani

Technical director: Mr Ivan Valenti

- 1.2 The event will be organized in accordance with rules of the Union Cycliste Internationale (UCI) and these rules will be the reference for everything that is not mentioned in the current document.

- 1.3 The 2020 UEC European MTB Championships consist of the following races:

Team Relay (XCR), Eliminator (XCE) and Cross-Country (XCO)
They are scheduled from 15 to 18 October 2020.

These Championships may be contested by riders entered by their National Federation as a National Team.

ARTICLE 2. TYPE OF THE EVENT

- 2.1. The event is open to athletes of the Women Junior (WJ), Men Junior (MJ), Women U23 (WU), Men U23 (MU), Women Elite (WE) and Men Elite (ME) categories.

- 2.2. Age categories for which the title of the European Champion will be awarded are the following:

Men Elite (aged 23 and over);
Women Elite (aged 23 and over);
Men U23 (aged 19 to 22);
Women U23 (aged 19 to 22);
Men Juniors (aged 17 and 18);
Women Juniors (aged 17 and 18);

- 2.3. It is entered on the UCI calendar as a Continental Championships event (UCI CC).

ARTICLE 3. PARTICIPATION

3.1. Team Relay (XCR)

In accordance with the UCI rules, article 9.2.032* (***see UCI e-mail hereafter**), for the team relay, each nation may enter only one single team.

Each national team shall be made up of 1 Men Elite, 1 Women Elite, 1 Men under 23, 1 Men Juniors, 1 Women under 23 and 1 Women Juniors.

However, the following substitutions shall be permissible:

- **1 Men elite** by Women elite or Men U23 or Men Junior or Women U23 or Women Junior
- **1 Women elite** by Women U23 or Women Junior
- **1 Men U23** by Women Elite or Women U23 or Men Junior or Women Junior
- **1 Men Junior** by Women junior
- **1 Women U23** by Women junior
- **1 Women Junior** (compulsory)

Each rider selected **must already be entered** for the Olympic cross country or Eliminator cross country events.

For the European Championship Team Relay, the team manager must use the form provided, to notify the names and categories of the riders making up their team and their start order to the President of the Commissaire's panel **at the end of the team managers' meeting, on Wednesday 14th of October at 19:00**

This start order may not be altered subsequently.

The exchange boxes will be allocated on the basis of the results of the team relay event in the preceding European championships. The order of nations not placed will be determined by drawing lots. The first nation will be installed in box number 1 and so on.

Note that UCI points which will be awarded to the team relay will be given to the nation and not to the individual riders.

***UCI e-mail – 25 August 2020**

Dear UEC,

In view of the 2020 European Continental Championships schedule on October 15th to 18th in Monte Tamaro, Switzerland, we like to inform you of the following:

Cross-country Team Relay

As from the UCI MTB World Championships in Leogang, we will introduce the team relay with 6 riders as per article 9.2.032 (see below).

For the 2020 Continental Championships taking place after the UCI MTB World Championships, we will give a derogation for the participation still with 5 riders for the team relay taking into account the situation (and if not feasible with 6 riders). On the other hand, as from 2021, all Cross-country team relay events must be with 6 riders as per the UCI rules.

9.2.032 For the team relay, each nation may enter only a single team. **Each national team shall be made up of 1 Men Elite, 1 Women Elite, 1 Men under 23, 1 Men Juniors, 1 Women under 23 and 1 Women Juniors.** However, the following substitutions shall be permissible:

- Men Elite by Women Elite or Men under 23 or Men Juniors or Women under 23 or Women Juniors;
- Women Elite by Women under 23 or by Women Juniors;
- Men under 23 by Women Elite or Women under 23 or Men Juniors or Women Juniors;
- Men Juniors by Women Juniors.

Each rider selected must already be entered for the individual downhill or Olympic cross-country events.

Tokyo 2020 MTB Qualification

Following the cancellation of the some continental championships and uncertainty over travel possibilities to other continental championships postponed to later in 2020, the IOC have updated the Tokyo 2020 MTB qualification document to ensure fairness and equity for athletes across all continents.

Please take note of the following added section which can be found in Part D. Qualification Pathway:

<https://www.uci.org/docs/default-source/official-documents/tokyo-2020---olympic-games/final---202-08-10---tokyo-2020---revised-qualification-system---cycling-mtb---eng.pdf>

In order to maintain equity across all continents and athletes, only the following XCO/XCR continental championships will be maintained in the Olympic qualification ranking:

- 2018 European Continental Championships Glasgow (Elite) / Graz (U23)
- 2019 American Continental Championships, Aguascalientes (MEX)
- 2019 Oceania Continental Championships, Bright (AUS)
- 2019 African Continental Championships, Windhoek (NAM)
- 2019 Asian Continental Championships, Kfardebian (LBN)

3.2. Cross Country Olympic (XCO)

Men Elite, Women Elite, Men Under 23, Women Under 23, Men Juniors and Women Juniors events.

Participation for all categories:

Total riders that may be registered: 12 riders per category/per nation

maximum 8 riders to start per category/per nation

3.3. Eliminator (XCE)

Men and Women

Participation for the categories ME, WE, MU, WU, MJ, WJ:

total riders that may be registered 12 riders

maximum 8 riders to start per category/per nation

3.4. Riders registration – Final confirmations times

NATIONAL TEAMS (Juniors, U23 and Elite)

The National Federations have to register their riders and staff **directly on the UEC website** (www.uec.ch).

The registration will open on Monday 14 September 2020 (12:00 CET).

Deadline for the registration: Monday 5th of October 2020 (24.00 CET)

3.5. The initial and final confirmation of the participants and the distribution of the race numbers will take place at the Race Office located at the:

Centro Istruzione Protezione Civile (Civil Protection Education Center)
Via Ravello
6802 Rivera

3.6. Riders ages shall be defined according to the UCI Regulations.

The age of a rider shall be determined by the difference between the year of the event and the year of birth of the rider.

ARTICLE 4. TEAM MANAGERS MEETING - RACE OFFICE

The team managers' meeting, organized in accordance with the UCI regulations in the presence of Members of the Commissaries Panel, is scheduled for

Wednesday, 14th of October – 18.00 for JUNIORS – UNDER 23 - ELITE categories

in the following location:

Centro Istruzione Protezione Civile (Civil Protection Education Center)
Via Ravello
6802 Rivera

ARTICLE 5. RACES PROCEDURES

XCO START PROCEDURE

For all XCO races, the start procedure will be conducted according to the following UCI MTB Regulations:

UCI RULES

- 4.1.030 For Olympic Games, World Championships, World Cup and Continental Championship events and hors class events, the organiser must make provisions for a call-up area which is sufficiently large for riders to warm up in, close to the start zone.
- 4.1.031 In mass start events, riders must be called to the start no earlier than 20 minutes before the scheduled start of the race. This period can be reduced where the number of riders allows.

Five minutes before the call-up an announcement must be made over the public address system to inform riders of the fact, and again three minutes beforehand.

The riders shall line up in the order in which they are to be called to the start line.

The number of riders on each line will be decided by the president of the commissaires' panel and supervised by a commissaire.
The rider himself shall decide which position on the line to take. Once the riders are lined up, warm-up (by rollers, turbo trainer etc.) is excluded inside or outside the start area.

The start will be given by the commissaire using the following the procedure: warnings at 3, 2, 1 minutes and 30 seconds before the start, then a final announcement that the start will be given within the next 15 seconds.

A starting pistol or start lights, if none is available, a whistle will be used to give the start.

- 4.1.02 The start briefing will be given in at least one of the official languages of the UCI.

XCE RACE PROCEDURE

For the Qualifying round, the start will be given on the basis of the most recent UCI XCO individual ranking published. The best ranked riders starting first.

In the XCE elimination heats, there will be 4 riders starting per heat.

ARTICLE 6. TECHNICAL ASSISTANCE

The following UCI Regulations will be applicable:

UCI RULES

- 4.2.044 No rider may turn back on the course to reach a feed/technical assistance zone. Any rider doing so is disqualified. Only within the feed/technical assistance zone itself, a rider may turn back without obstructing other competitors
- 4.2.045 Technical assistance during a race is permitted subject to the conditions below.
- 4.2.046 Authorised technical assistance during a race consists of repairs to or the replacement of any part of the bicycle other than the frame. Bike changes are not permitted and the rider must cross the finishing line with the same handlebar number plate that he/she had at the start.
- 4.2.047 Technical assistance can only be given in the feed/technical assistance zones.
- 4.2.048 Spare equipment and tools for repairs must be kept in these zones. Repairs and equipment changes can be carried out by the rider himself or with the help of a teammate, team mechanic or neutral technical assistance.
- 4.2.049 In addition to technical assistance in feed zones, technical assistance is permitted outside these zones only between riders who are members of the same UCI ELITE MTB team, UCI MTB team or of the same national team.

During the European Championships, it is only authorised between riders of the same national team, and racing in the same category.

Riders may carry tools and spare parts provided that these do not involve any danger to the rider himself or the other competitors.

ARTICLE 7. TECHNICAL ASSISTANCE / FEEDING ZONES

In XCO races, 2 single technical assistance / feeding zones will be organized.

The location of the technical assistance / feeding zones will be shown in appendices.

Technical assistance / Feed zone passes will be distributed immediately after the Team Managers meeting.

A neutral technical assistance will be organised by VITTORIA.

ARTICLE 8. AWARDS CEREMONIES

In accordance with articles 1.2.112 and 1.2.113 of the UCI Regulations, the 3 best riders of each category must attend the official awards ceremony, any interviews organized and the press conference.

Unless otherwise stated, riders shall appear at official ceremonies wearing competition clothing.

Riders must present themselves at the podium in a maximum of 10 minutes after crossing the finish line.

ARTICLE 9. AWARDS AND PRIZE MONEY

Jersey and medals

Every European Championship will be awarded with:

- The 1st place: Gold medal and Champion(s) jersey**
- The 2nd place: Silver medal**
- The 3rd place: Bronze medal**

Prize money list (Amounts in Euro):

	XCR
Place	
1st	€ 1'875,00
2nd	€ 1'250,00
3rd	€ 625,00
Total	€ 3'750,00

Place	XCO - Cross Country JUNIORS		XCO - Cross Country U23	
	Junior Men	Junior Women	U23 Men	U23 Women
1st	€ 380,00	€ 380,00	€ 470,00	€ 470,00
2nd	€ 190,00	€ 190,00	€ 250,00	€ 250,00
3rd	€ 100,00	€ 100,00	€ 160,00	€ 160,00
Total	€ 670,00	€ 670,00	€ 880,00	€ 880,00

Place	XCE - Eliminator ELITE		XCO - Cross Country ELITE	
	Elite Men	Elite Women	Elite Men	Elite Women
1st	€ 400,00	€ 400,00	€ 625,00	€ 625,00
2nd	€ 300,00	€ 300,00	€ 375,00	€ 375,00
3rd	€ 200,00	€ 200,00	€ 250,00	€ 250,00
4th	€ 100,00	€ 100,00		
Total	€ 1'000,00	€ 1'000,00	€ 1'250,00	€ 1'250,00

ARTICLE 10. ANTIDOPING

The UCI antidoping regulations are entirely applicable to the event. The antidoping tests will take place **at the Antidoping Station located in the Shooting stands** at 200m away from the race course

ARTICLE 11. PENALTIES

The UCI penalty scale is the only one applicable.

ARTICLE 12. RESPONSIBILITIES

The organizers and UEC will not, under any circumstances, be liable to any accidents or damage that occurs during training and competitions.

The organizers and UEC decline all responsibilities towards the riders and others in case of an accident.

For all cases not covered by these specific regulations, the UCI rules will apply. Any problems will be solved between the organizers, the Commissaires Panel and UEC officials.

Lausanne (SUI), 8 September 2020