

Dear Federation,

During the European Championships Track for Juniors/U23, organized from August 17-22, our crew, spectators, partners, and you, the federation, are our highest priorities.

Over the past few weeks, we have been closely monitoring the COVID-19 situation and are taking precautionary measures to keep everybody safe.

Attached you will find our Covid-19 protocol, with all the necessary information about traveling to the Netherlands and your first arrival at Omnisport Apeldoorn.

All team members will be obliged to take a Rapid Test on the first day of arrival in Omnisport, and halfway through the week.

I want to ask you to send me an e-mail (a.haantjes@libemaprofcycling.nl), before Monday August 2nd, with the exact arrival day + time at the venue and the number of team members.

Then we can prepare a Time Schedule for your first test in Omnisport.

We are excited to host you all for this event and are looking forward to exciting races and a safe Championships!

We appreciate your flexibility and support during this time.

Kind regards,

Libéma Profcycling

Anouk Haantjes

Apeldoorn (Ned), 27 July 2021



2021 UEC Track Juniors & U23 European Championships

Apeldoorn (The Netherlands)

17 - 22 August 2021

Covid-19 protocol

(v_1 - 27-Jul-21)

1. Covid-19 Regulations

These regulations are to inform you about the measures and requirements the LOC is taking to protect you and others as best as possible against the coronavirus (COVID-19). The guidelines and regulations have been established based on UCI / KNWU measures, local and national rules/laws. This is a “living” document, because it can be amended or changed by day/week.

Please read this whole **Bulletin carefully and completely** before traveling to the event site.

- All expenses related to prevention and/or consequences of Covid-19 measures must be covered by the National Federations. The UEC and LOC are **not** responsible for any expenses arising Covid-19 measures, including cancellation of the event and Rapid- & PCR tests.
- All members of your delegation are **not** required to self-quarantine. More information about the steps you have to take, please check **page 3**, entering the Netherlands.
- The **Covid-doctor** will be Guusje Vreken (+31 6 29054574) and is 24/7 available between August 14-22.
- All members of your delegation (riders and staff) are **required** (even if you are vaccinated) to take one rapid (Antigen) test **the first day** of arrival at Omnisport, and a second Rapid test halfway the week. The test must be negative to enter the building/infield. More information about the Rapid test, see **page 5**.
- The self-declarations form for athletes, team staff, media and guests will have to be given by team managers after the first Rapid test is done.
- Perform daily health checks of riders;
 - Under the responsibility of the team (in general team doctor or physician remotely);
 - Look for suspicious clinical signs (fever, cough, shortness of breath, headache etc.) using the suggested questionnaire or other suitable tool;

The check should be completed in the morning, before the daily activities.

- All persons involved in the Event (including Event staff and team members) are requested to signal any suspicion of COVID-19 immediately to the Event medical services, Sportdokters.nl;
- Anyone who experiences symptoms after arrival must immediately contact the **Covid Official of Sportdokters.nl**.
- The Event medical services will contact the COVID doctor to manage the follow-up with the suspect patient;
- Wearing a mask for riders and all staff members is compulsory, except during competitions/training session on the track.
- The LOC, volunteers and commissaires have done Rapid tests and wearing facemasks as well.
- The LOC will **not** provide a communal dressing room and shower facility.
- Restrooms will be periodically disinfected.
- To prevent groups forming, we ask you to not arrive to the event site before opening hours and leave the event site immediately after your training or race. Be present at the infield with only the necessary number of riders/team members.
- Every accredited person must follow the **basic principles**: wash your hands thoroughly, cough and sneeze into a tissue or the crook of your arm.
- **Keep a safe (1.5m) distance**. At the event, avoid close contact with others outside of your federation. Also, avoid being in busy eating areas and using the restroom at high-traffic times. Instead of hugging or even bumping elbows, wave or verbally greet others.
- If a participant does not comply with the communicated measures, the LOC will address the participant and, if necessary, request that the participant leave the site / event. Exclusion from the competition may be a consequence.
- After the event measures: In case a team member got positive for SARS COV-2 in less than 3 days after the event, the team manager must inform the organiser about this and to submit data with all contact persons from other teams' members, organiser's staff members or UEC or UCI officials.

For current information about COVID-19 in the Netherlands, check: <https://www.rivm.nl/en>

2. Entering the Netherlands

Passengers traveling to the Netherlands are required to complete and present a Health Screening Form at the departure gate prior to boarding. Please print and complete this form before arrival at the airport, as copies at the gate will be limited.

<https://www.government.nl/documents/publications/2020/07/07/information-for-passengers-flying-to-and-from-the-netherlands>

Traveling from a safe country/region or a very high risk country/region

Here you can find if your country is listed as a safe country/region or if you are traveling from a very high risk area where there is a virus variant of concern: <https://www.government.nl/topics/coronavirus-covid-19/visiting-the-netherlands-from-abroad/checklist-entry>

NB: Countries and regions that are not on the list of safe countries/regions **or** on the list of very high risk areas are considered **high-risk areas**.

Traveling from a **safe** country/region **within** the EU/Schengen area:

1. No EU travel ban

You may travel to the Netherlands, the EU travel ban does not apply to you.

2. No negative test result or self-quarantine required

If you are coming from a country where the risk of contracting COVID-19 is low (a safe country) you do not need to show a negative test result when you enter the airport. You are also not required to self-quarantine when you arrive in the Netherlands. **Note:** for yours and everybody's safety, you need to take a Rapid (Antigen) test result when you enter Omnisport for the first time. **(See page 5).**

3. Health declaration

If you are traveling by air you must fill in a health declaration and carry it with you.

Traveling from a **safe** country/region **outside** the EU/Schengen area:

1. No EU travel ban

You may travel to the Netherlands, the EU travel ban does not apply to you. Please request a format (if you did not receive one yet) from the LOC (a.haantjes@libemaprofocycling.nl), which you need to fill in. You need to send this format asap (Name, role, date of birth etc. from all travellers) back to the LOC. The list will be present at the border control in the Netherlands.

2. Invitation letter

After you send the format back to the LOC, you will receive an invitation letter and carry it with you.

3. No negative test result or self-quarantine required

If you are travelling from a country where the risk of contracting COVID-19 is low (a safe country) you do not need to show a negative test result when you enter the airport. You are also not required to self-quarantine when you arrive in the Netherlands. **Note:** for yours and everybody's safety, you need to take a Rapid (Antigen) test result when you enter Omnisport for the first time. **(See page 5).**

4. Health declaration

If you are traveling by air you must fill in a health declaration and carry it with you.

Traveling from a **very high risk** country/region **in- and outside** the EU/Schengen area

1. EU travel ban

If you travel to the Netherlands from a very high risk country/region, you are exempt from the EU entry ban. You may travel to the Netherlands, the EU travel ban does not apply to you. Please request a format (if you did not receive one yet) from the LOC (a.haantjes@libemaprofcycling.nl), which you need to fill in. You have to send this format (Name, role, date of birth etc. from all travellers) back to the LOC. The list will be present at the border control in the Netherlands.

2. Invitation letter

After you send the format back to the LOC, you will receive an invitation letter and carry it with you.

3. Mandatory quarantine

You are exempt from self-quarantine, but need to fill in the quarantine declaration and hand this declaration to the airline or ferry service you are traveling with:

<https://www.government.nl/documents/publications/2021/05/26/quarantine-declaration>

4. Negative Covid-19 test result

You must be able to show a negative Covid-19 test result, even if you have been vaccinated.

Read more information about the mandatory negative Covid-19 test result and the type of result you need:

<https://www.government.nl/topics/coronavirus-covid-19/visiting-the-netherlands-from-abroad/mandatory-negative-test-results-and-declaration/mandatory-when-travelling-from-a-high-risk-country>

5. Health declaration

If you are traveling by air you must fill in a health declaration and carry it with you.

4. Testing in Omnisport

Sportdokers

Foundation Sportdokers is a medical delegate with doctors and nurses who have a lot of experience in medical support during Top Sports Events. All their doctors and nurses work in the Emergency Room of a hospital, Intensive Care Station, or an ambulance.

They specialized themselves in the Covid-19 pandemic with all the protocols on the highest level of the sport. They cooperate well with the Olympic doctor of the NOC*NSF, Dr. van den Hoogenband.

Rapid tests in Omnisport

- Sportdokers is responsible for taking tests (Ag tests or PCR tests) and analyzing these tests in collaboration with the laboratory.
- **All team members** will be obliged to take a **Rapid Test** on the **first day of arrival** in Omnisport, and **halfway through the week**. Once a negative test is obtained, the team member will receive accreditation and can access the infield.
- **Payment rapid test:** € 12,50 per test, results in 15min
(Payment via credit card or cash)

Important: please send an e-mail to Anouk Haantjes via a.haantjes@libemaprofcycling.nl, **before august 2nd**, with the exact arrival day + time at the venue and the number of team members so the LOC can prepare a Time Schedule.

5. Positive SARS COV-2

In case a person is positive for **SARS COV-2**, the following rules apply:

- Each team member who had close contact with the positive person must pass a **PCR test**. Until the results are ready the team will be prevented from racing. The organizer guarantees that the test results must be ready in 24 hours. The costs for a PCR test is between € 50,00 and € 65,00 per test.
- Positive person must go in isolation in a hotel room (single use).
- The individual is given a FFP2 mask and gloves.
- Follow up PCR test and physical examination will follow by Sportdokers.nl (in the hotel) (each day).
- If identification of individual with suspected Covid-19 symptoms is onsite, the individual is brought back to the hotel in designated tournament car with appropriate hygiene measures and PPE in place (cleaning of all surfaces with 70% alcohol, proper airing of the car, done by organization).
- Follow-up PCR testing and Return to Tournament depends on the CT value, healthy (symptomatic / a symptomatic).

Diagnostics

- CT value > 30 - 32, a bloodserum will be taken, to detect antibodies.
- Ct value < 30, a 2nd PCR test will be taken after 24 hours.
- If the individual remains asymptomatic and the retest is negative or the CT values are 32 or higher, isolation can be lifted, and the individual is allowed to return to the venue. However, the individual should be closely monitored for symptoms and physical distancing. Facemasks and hand hygiene must be followed.

Re-test

- If retest is negative or CT levels remain the same 32 or higher and IgG antibodies are present, the player is allowed to return to play.
- If the test is positive, the person must be isolated according to the Regulations of the local Government. The person must follow the instruction of the Covid Official of Sportdokters.nl. Depending the CT value, < 28. The same procedure will be applied after 5 – 7 days. CT value > 32 return to the competition.

Case 1:

- Asymptomatic person and positive PCR test:
 - Individual stays in isolation
 - Return to competition after a serum test, if value > 300 return to play

Case 2:

- Person with mild symptoms and positive PCR test:
 - Individual stays in isolation
 - Isolation can be lifted when the 2nd PCR is negative or if second or later test has CT value of 32 or higher and CT value is going up.
 - The individual should undergo a pre participation physical examination by a physician.
 - If no abnormalities, the individual is allowed a gradual return to competition.

Case 3:

- Player with moderate to severe symptoms and positive PCR test:
 - Individual stays in isolation
 - Sportdokters.nl is responsible for ensuring that they have appropriate medical care by local medical providers, in case they need this.
 - The length of isolation and further PCR testing will depend on CT values and illness.

Informing local public health authorities

- The local public health authorities must be notified in case of a positive result. The case is positive after 2 positives PCR and a bloodserum.

For instance:

- Day of arrival PCR → positive, CT < 30, (a) symptomatic.
- 24h 2nd PCR + Bloodserum → PCR Positive, AB < 200 = positive.

The national authorities will never stop a tournament.

6. Laboratory PCR-test / Rapid Test

Here are some options for riders and staff that need to be tested prior to going home, to schedule an appointment for a PCR-test or Rapid test:

Sportdokters

Please contact Sportdokters.nl (**before August 18**) via e-mail to schedule an appointment, with the following information in a spreadsheet:

* Name in passport * Date of Birth + birthplace * Passport number * Country

Important	Tests via Sportdokters.nl will be possible till Saturday morning, August 21 st .
Visiting address test site:	Omnisport Apeldoorn
Email	Info@sportdokters.nl
Payment rapid test:	€ 12,50 per test (incl. travel document), results in 2hrs
Payment PCR-test:	Between € 50,00-€ 65,00 per test (incl. travel document) Results: testing before 14h00, result in the evening between 20h00 and 21h00. Testing after 14h00 and before 21h00, results next morning between 08h00 and 10h00.

Coronlab.eu

Website	https://coronalab.eu/en/pcr-test-apeldoorn/
Visiting address test site:	Henri Dunantlaan 441 7312 BD Apeldoorn
Telephone / email:	+31 20 723 1760 / info@coronalab.eu
Opening hours:	Mon – Fri: 08:00 – 12:00 and 12:30-15:00 Sat – Sun: 08.00 – 13:00
Payment rapid test:	€ 49,00 per test (incl. travel document), results in 2hrs
Payment PCR-test:	€ 89,00 per test (incl. travel document), results in same day

The Corona Lab

Website	https://thecoronalab.nl/
Visiting address test site:	Hoofdstraat 82 7311 KG Apeldoorn
Telephone:	+31 85 001 3812
Opening hours:	Mon – Sun: 08:30 – 19:00
Payment rapid test:	€ 34,95 per test (incl. travel document)
Payment PCR-test:	€ 69,95 per test (incl. travel document)

(Payment via credit card or cash)