



UEC - European Road Cycling Championships 'TRENTINO 2021'



HEALTH PLAN

INTRODUCTION

The UEC - European Road Cycling Championships will take place from 8 to 12 September 2021 in Trento - Monte Bondone - Valle dell'Adige -Valle dei Laghi.

Events: Individual Time Trial, Road Race.

Participants expected in the five competition days: ca. 1200.

MEDICAL ASSISTANCE

Medical assistance will be provided by doctors (most of them Anaesthesia, Critical and Intensive Care specialists), nurses (most of them coming from critical area, territorial emergency and urgent care departments), ambulances and an advanced medical post, with variable distribution depending on the competition days (see Programme).

The Trentino Italian Red Cross will be present at the event, in cooperation with the law enforcement and fire departments. Collaboration with other voluntary associations of the Autonomous Province of Trento is possible.

The ambulances used for medical assistance comply with the minimum equipment required for BLS vehicles as per Trentino Emergenza guidelines.

Medical Director	Italian Red Cross	+39 340/49 86 367
Health Coordination Unit	Italian Red Cross	+39 329/81 27 343
112	PSAP	112

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ACTIVATION AND MANAGEMENT OF HEALTH INTERVENTIONS

At the beginning of the event, the Health coordination unit will inform the COP (Provincial Operations Centre) "Trentino Emergenza" of the start of the event coverage, confirming all radio equipment and available ambulances.

Anyone who witnesses and/or comes across a traumatic and/or medical event on the race track shall immediately notify the Health coordination unit by radio or wired communication (specifying area of the event, kilometre of the race and number of injured people).

On receipt of the alert, the Health coordination unit and/or the Medical Director shall send all resources necessary for the healthcare management of the event, if not already present.

The medical personnel, with the support of the rescuers if necessary, will treat the patient according to the approved protocols. The PPE to be worn during assistance (as specified in the established COVID PLAN) includes: FFP2 mask, mask/goggles, gloves. A suit/gown shall also be worn if a person shows Covid-related symptoms. Subsequently, the doctor will decide whether to hospitalize the patient with the most suitable means and choose the medical assistance necessary for transport. The Health coordination unit and/or Medical Director will be the first to alert the COP 118, unless otherwise demanded by the doctor and/or nurse on site. All subsequent communications will be handled by the on-site healthcare team and the COP Trentino Emergenza. In case of intervention/hospitalization, the healthcare teams and ambulances will communicate the return to operation in a timely manner. Before returning to the race, the ambulance and the devices used at the Italian Red Cross headquarters in via Muredei in Trento will have to be sanitized (total time of sanitation for returning to operation: 15').

The Advanced Medical Post (AMP) will be divided into 3 sections: the first reserved to athletes and Covid-free certified personnel, the second reserved to the public, the third for people with symptoms attributable to SARS-CoV-2 (COVID-19).

All interventions must be recorded on the Trentino Emergenza summary forms and delivered to the Health coordination unit at the end of the race (<u>please indicate the athlete's race number and personal data as per riders' list</u>).

Please pay the utmost attention during the competition phases. Do not use acoustic/light devices unless authorized by the Health coordination unit and/or the Medical Director and/or the COP Trentino Emergenza.

In the event of an emergency that cannot be controlled through the available resources, the Trentino Emergenza - 118 units or other necessary units will be mobilised according to the normal activation protocols.

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HOSPITALS:

- H TRENTO (Santa Chiara Hospital) <u>Trauma Center</u> *Address:* Largo Medaglie d'oro 9, Trento
 (TN) Italy
- ✓ H ROVERETO (Santa Maria del Carmine Hospital) <u>Level II Hospital</u> / <u>COVID+ Hospital</u>
 Address: Corso Verona 4, Rovereto (TN) Italy
- ✓ **HARCO** (Arco Hospital) **Level I Hospital** *Address:* Viale dei Capitelli, Arco (TN) Italy

TRENTO EMERGENCY MEDICAL SERVICE:

Hours: Monday - Friday 8 p.m. - 8 a.m., Saturday and Sunday 24 hours

Address: Via Paolo Orsi 1, Trento (TN) – Italy

Telephone: 0039 0461 904298

NON-URGENT RADIOLOGICAL SERVICE (ULTRASOUND, RX, CT and MRI) (to

be borne by the athletes/national teams) at "TECNOMED":

Hours: from Monday 6 October to Monday 13 October 2021, 6 a.m. - 8 p.m. (by appointment)

Address: Via Paolo Borsellino 3, Trento (TN) - Italy

Telephone for reservations: 0039 331 1766289

Telephone: 0039 0461 230005

Referring PHYSICIAN 24 HOURS:

Dr. FRANCESCO MATTEDI

E-mail: francesco.mattedi@trentino.cri.it

Courtesy telephone: 0039 329 8127343

Personal telephone: 0039 340 4986367

COVID contact persons

Dr. MATTEO BERLANDA and nurse GABRIELE LARGER

E-mail: covideuropei2021@gmail.com *Courtesy telephone:* 0039 371 4409696

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WEDNESDAY, 8 SEPTEMBER 2021 - DAY 1

EVENT: Individual Time Trial

CATEGORIES: Junior Women - Junior Men - Mixed Relay

TRACK LENGTH: 22.4 Km - 22.4 Km - 22.4+22.4 = 44.8 Km

LOCATION: Trento - Valle dell'Adige

DEPARTURE: Corso del Lavoro e della Scienza - Trento

ARRIVAL: Piazza delle Donne Lavoratrici – Trento

HOURS: 9 a.m. - 5 p.m.

HEALTHCARE PERSONNEL AND VEHICLE DISTRIBUTION:

- ✓ <u>Departure:</u> 1 Medical car (Doctor + Nurse) + 1 Ambulance
- ✓ <u>7.5 Km:</u> 1 Ambulance
- ✓ 11.25 Km: 1 Medical car (Doctor + Nurse)
- ✓ 15 Km: 1 Ambulance
- ✓ Arrival: 1 AMP (Doctor + Nurse) + 1 Ambulance











THURSDAY, 9 SEPTEMBER 2021 - DAY 2

EVENT: Individual Time Trial

CATEGORIES: Under 23 Women - Elite Women - Under 23 Men - Elite Men

TRACK LENGTH: 22.4 Km – 22.4 Km – 22.4 Km – 22.4 Km

LOCATION: Trento - Valle dell'Adige

DEPARTURE: Corso del Lavoro e della Scienza - Trento

ARRIVAL: Piazza delle Donne Lavoratrici – Trento

HOURS: 9 a.m. - 6 p.m.

HEALTHCARE PERSONNEL AND VEHICLE DISTRIBUTION:

- ✓ <u>Departure:</u> 1 Medical car (Doctor + Nurse) + 1 Ambulance
- ✓ 7.5 Km: 1 Ambulance
- ✓ 11.25 Km: 1 Medical car (Doctor + Nurse)
- ✓ 15 Km: 1 Ambulance
- ✓ Arrival: 1 AMP (Doctor + Nurse) + 1 Ambulance

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FRIDAY, 10 SEPTEMBER 2021 - DAY 3

EVENT: Road Race

CATEGORIES: Junior Men - Junior Women - Under 23 Women

TRACK LENGTH: 107 Km – 67,6 Km – 80,6 Km

FINAL RACE: 8 laps x 13,2 Km – 5 laps x 13,2 Km – 6 laps x 13,2 Km

LOCATION: City of Trento

DEPARTURE: Piazza Duomo - Trento

ARRIVAL: Piazza Duomo - Trento

HOURS: 9 a.m. - 7 p.m.

HEALTHCARE PERSONNEL AND VEHICLE DISTRIBUTION:

- ✓ Following the athletes: 1 Medical car (Doctor + Nurse) + 1 Ambulance
- ✓ Area of Povo, roundabout (end of the climb) 5.6 Km: 1 Medical car (Doctor + Nurse) + 1 Ambulance
- ✓ Area of Piazza Vicenza (end of the descent) 10.6 Km: 1 Ambulance
- ✓ <u>Arrival:</u> 1 AMP (Doctor + Nurse) + 1 Ambulance













SATURDAY, 11 SEPTEMBER 2021 - DAY 4

EVENT: Road Race

CATEGORIES: Under 23 Men - Elite Women

TRACK LENGTH: 133,4 Km – 107 Km

FINAL RACE: 10 laps x 13,2 Km – 8 laps x 13,2 Km

LOCATION: City of Trento

DEPARTURE: Piazza Duomo - Trento

ARRIVAL: Piazza Duomo – Trento

HOURS: 9 a.m.- 5.30 p.m.

HEALTHCARE PERSONNEL AND VEHICLE DISTRIBUTION:

- ✓ Following the athletes: **1 Medical car** (**Doctor** + **Nurse**) + 1 Ambulance
- ✓ Area of Povo, roundabout (end of the climb) 5.6 Km: 1 Medical car (Doctor + Nurse) + 1 Ambulance
- ✓ Area of Piazza Vicenza (end of the descent) 10.6 Km: 1 Ambulance
- ✓ <u>Arrival:</u> 1 AMP (Doctor + Nurse) + 1 Ambulance











SUNDAY, 12 SEPTEMBER 2021 - DAY 5

EVENT: Road Race

CATEGORIES: Elite Men

LENGTH: 179,2 Km

FINAL RACE: 8 laps x 13,2 Km

LOCATION: Trento – Valle dell'Adige – Valle dei Laghi

LOCATION OF THE FINAL RACE: City of Trento

DEPARTURE: Piazza Duomo - Trento

ARRIVAL: Piazza Duomo - Trento

HOURS: 12.30 p.m. - 5.30 p.m.

HEALTHCARE PERSONNEL AND VEHICLE DISTRIBUTION:

✓ Road race track:

- **1 Medical car (Doctor)** in front of the group for possible breakaways
- 2 Medical car (Doctor)
- 3 Ambulances (Nurses)
- 1 Ambulance (Doctor + Nurse)

✓ Final race

<u>Following the athletes:</u> **2 Medical cars (Doctor)** + 1 Ambulance (Nurse) <u>Area of Povo, roundabout (end of the climb) 5,6 Km:</u> **1 Medical car (Doctor)** + 1 Ambulance (Nurse)

Area of Piazza Vicenza (end of the descent) 10,6 Km: 1 Ambulance (Nurse)

Arrival: 1 AMP (Doctor + Nurse) + 1 Ambulance

Trento, 16 June 2021

The Medical Director of the Italian Red Cross of Trento Dr. Francesco Mattedi









